



## Tasmanian Social Worker

August 2011

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Attended an event other social workers would be interested to read about?

We would love to hear from you! Send in your news item or photos for publication in the newsletter.

### Message from the Branch Committee



### *Can You Help?*

We need a little bit of your time to become an AASW volunteer. Read on and see which area of our activities you can be involved with.

We need some volunteers to help with:

- Organising the state social work conference
- Promoting regional events in the north west, north east, west coast
- Establishing interest groups eg private practitioner groups, mental health group, student functions
- Locating guest speakers for events
- Developing website content
- Seeking out newsletter contributions
- The registration desk at CPD events

Feel free to contact me to have a chat about what area of volunteering you would like to do.

*Carol Dorgelo*

Carol Dorgelo  
President  
AASW Tasmanian Branch  
E: [carol.dorgelo@gmail.com](mailto:carol.dorgelo@gmail.com)

**\*NEW INITIATIVE \* AASW Tas Branch Travel Fund applications now open.**

To assist rural and remote members to access face to face CPD opportunities AASW Tas is offering financial support to enable attendance by remote members at the 2011 AASW/UTAS Conference *Challenges and Choices: Social Work in a Changing World*. See *Application Form on page 7 for further details*

## *The New Code of Ethics: what does it mean for my practice?*



### **Ethics workshops for Tasmanian Social Workers**

The end of May saw Tasmanian Branch President and Ethics Convenor Carol Dorgelo take to the Midlands and Bass Highways for a roadtrip to meet AASW members and present workshops on the new AASW Code of Ethics launched in November 2010.

Carol attended the AASW National Ethics Group Face to Face meeting in Brisbane earlier in the year, and brought back insights and information on the new Code to share with Tasmanian social workers.

Launceston was the first stop of her trip. 24 Social workers met at the LGH Lecture Theatre on Thursday, 26<sup>th</sup> May, to be updated on the changes to the Code, consider case studies, and reflect on and discuss the implications for ethical decision making in their own professional practice. A congenial lunch of soup, sandwiches and networking followed the workshop.

Friday morning saw Carol back on the road heading to Ulverstone to meet with social workers of the north west region. A lively group of 13 social workers met at the Montgomery Room, Central Coast Council and again an interesting workshop ensued and was followed by a light lunch of quiche and sandwiches and friendly conversation.

Carol left the north and headed home on the long drive back to the Tasman Peninsula.

The final Ethics session was hosted at the Glenorchy Civic Centre in Hobart where a group of social workers and students gathered on Friday 17 June to meet with Carol and discuss the new Code of Ethics. Ethical practice and decision making were discussed in small groups, followed by lunch.

The AASW Tas Branch would like to extend thanks to Carol for her commitment to delivering CPD in the important area of ethics in social work practice, and especially for volunteering her own time to travel to the north and north west to reach as many social workers as possible.

### *Australian Association of Social Workers*

#### *Australian Social Work Education and Accreditation Standards (ASWEAS) Review 2010 -*

### **STOP PRESS: DEADLINE EXTENDED TO COB 29 AUGUST 2011**

Online submissions can be made at <http://www.aasw.asn.au/whatwedo/consultation-asweas-review>

The AASW Board has approved a review of the *Australian Social Work Education and Accreditation Standards* (Parts I & II), the National Standards for Social Work Education in Australia. The AASW is recognised by Australian Governments as the professional body responsible for the accreditation of Social Work programs in Australian universities. Graduates of Schools of Social Work, accredited for their entry level Social Work programs, are eligible to become members of the AASW. Eligibility for membership of the AASW is a requirement of many employers, in particular in the Health sector in state governments and for employment in the Federal Government.

The Standards ensure that graduating Social Workers have the skills, knowledge and values to successfully enter the profession. All AASW Accredited Social Work Degrees incorporate curriculum content that address the ethical and professional standards of the Social Work profession; the development of critical thinking skills and the variety of theoretical approaches, knowledge and skills relevant to the practice of Social Work in a range of fields. Additionally, since 2008, there has been a specific focus on four key areas of learning. These are: Child Well Being and Protection, Mental Health, Working with Culturally Diverse Communities and Working with Aboriginal and Torres Strait Islander Communities. The Standards make a significant contribution to the quality of Social Work education in Australia and ensure that our graduates are well equipped to address the challenges of professional Social Work.

The review has commenced and is considering a range of issues identified since the Standards were published in 2008, together with broader workforce issues facing the Social Work profession and Social Work Education. A Reference Group chaired by AASW National Vice President (Education), Marie-Claire Cheron-Sauer and composed of representatives of Social Work Educators, workforce experts, government and non-government employers and other stakeholders has been established to guide the review process. The review will include consultation with members, education providers, employers and other stakeholders. A range of approaches are being considered for the consultation process including some targeted focus groups and discussion papers, with invitations for feedback and comment. These discussion papers will also be available on the ASWEAS Review website page at <http://www.aasw.asn.au/whatwedo/consultation-asweas-review> for the general membership to provide feedback. For more information regarding the review process please refer to upcoming AASW e-Bulletins and to the AASW ASWEAS Review website page. Further information can also be obtained from the AASW Education Officer via [education@asw.asn.au](mailto:education@asw.asn.au).

*AASW National Office*

## CPD Event: Exploring Social Work and Private Practice



### **Dinner with David Hunnerup and Deb Klye at Kains Bar @Riverview Hotel, Launceston.**

On 8<sup>th</sup> of June, a hardy huddle of eleven social workers braved a wild, wet and windy night to learn from guest speakers David Hunnerup and Deborah Klye, both accredited Mental Health Social Workers currently in private practice in Launceston. Judging by the distances some travelled, this was definitely a topic of interest.

David and Deb invited 'hot questions' and generously shared their 'warts and all' experiences of being in private practice— pointing out both the good aspects of private practice, and the challenges. The lifestyle decisions of setting own hours, scheduling of own work, and focussing on areas of interest were among the plusses. This is tempered by the business realities, such as ensuing fee for service; marketing service and keeping on top of Health and other policies impacting on accreditation and service delivery. Other challenges include creating the opportunity to maintain own needs for supervision and continuing professional development, and ensuring own OH&S needs are met.

Private Practitioners are change agents too! From their private practice platform there can be unique advantages in being able to follow professional interests and build expertise in particular areas of mental health. Other aspects of their practice include providing professional supervision for social workers, other professionals, and working with organisations. This provides a valuable addition to the mix of services provided by publicly funded social workers.

Deb and David, together with their network of private practitioners, are pioneers in challenging the obstacles for private practitioners and defining the role and 'space' of accredited mental health social workers in the mental health field.

by Anna Lovitt

### **CALL FOR EXPRESSIONS OF INTEREST IN ESTABLISHING AN AASW TASMANIAN PRIVATE PRACTICE GROUP (SOUTHERN REGION)**

AASW Tasmanian Branch invites Social Workers interested in forming a group of Southern Private Practitioners for the benefit of networking and mutual professional support to contact the AASW Tas Branch Office to register your interest.

It is anticipated that the group would hold regular meetings to discuss issues relevant to professional practice ethics and standards, and issues relating to the running of a professional private practice business. The time, frequency and location of meetings would be agreed on as convenient to the majority of members.

Meetings may focus on the following topics of interest

- continuing professional education
- sharing practice issues
- business advice, support and education
- starting up in private practice
- networking
- peer supervision and mentoring
- private practice issues, including Better Access campaigning, ATAPS and the application of Medicare processes, and accreditation as Mental Health Social Workers.

**To register your interest please contact the AASW Tas Branch Office :T (03) 6224 5833**

**E: [aaswtas@aasw.asn.au](mailto:aaswtas@aasw.asn.au)**

**Office Hours: Tuesday /Thursday 9:30-1:30pm**

### **PRIVATE PRACTICE FEES FOR SERVICE**

New Recommended  
Schedule of Fees  
approved by the AASW  
Board July 2011

Find on the web at  
<http://www.aasw.asn.au/document/item/1262>

## Upcoming AASW TAS CPD Events



**AASW (Tas) Branch invites you to an information and Q&A session with Australian College of Social Work Foundation Director Professor Jan Carter.**

**Date:** 12 August 2011

**Time:** 12 - 2 pm (light lunch provided)

**Venue:** Meeting Room 2, McDougall Building, Ellerslie Rd, Battery Point

**RSVP:** Wednesday 10 August (for catering purposes) to Tas Branch Office  
E:aaswtas@aasw.asn.au T/F:62245833

The ACSW opened for business on July 1st and is enrolling members for its Clinical Division and mental health sub specialty. Joining members need to be more than 5 years in practice.

The ACSW is a most important AASW venture. It will define advanced practice and expertise in a range of social work areas, set standards and help members network.

Although the ACSW has opened its virtual doors, it is very keen to hear from AASW members about their needs. Professor Jan Carter has been appointed Foundation Director of the College. She has a long background in practice, research, policy, education and leadership.

She is keen to meet with members in Tasmania and discuss the new College of Social Work.

### Event Pricing

**AASW Member**            free

**AASW Student Member**    free

**Non-Member**            \$10

# Professional Supervision for High Performance

Presented by Tracey Harris  
Director, Amovita Consulting



AASW TAS Branch CPD Series 2011



**AASW (TASMANIA BRANCH) CONTINUING PROFESSIONAL DEVELOPMENT (CPD) SERIES**  
**PROFESSIONAL SUPERVISION FOR HIGH PERFORMANCE**

Many professionals work in often stressful, complex and busy work environments. Providing and receiving quality professional supervision is vital to being able to maintain high performance in the work place, reduce sick leave, workers compensation costs and increase productivity.

This course will provide you with a professional framework for ensuring you provide quality supervision and you achieve what you need from your own supervision. You will be guided through the PASE model of supervision which will provide you with the necessary framework and techniques to ensure your team feel supported, working within high performance principles and achieving great outcomes. You will observe a LIVE supervision session using the PASE model and have the opportunity to engage in an observational supervision process in your work environment.

From this presentation you will gain valuable information, skills and tools about how to feel more confident and effective in your role, work to achieve great success, ensure high standards of practice, what to do when supervision is not working for you and taking advantage of how others utilize supervision. If you provide supervision, or if you are receiving supervision yourself, then this training is for you. It is interactive, thought provoking and practical. This presentation supervision is all about, this presentation is for you. is aimed at supervisors, managers, directors and staff who engage in professional supervision.

If you conduct supervision, engage in supervision or would like to know what high performance supervision is about then this presentation is for you.

Amovita's professional supervision model is one of the leading models in supervision practice today and is one of the key highlights of the presentation.

**Hobart 9am -4.30pm**

Friday 23 September 2011  
Tattersall's Park Function Centre  
6 Goodwood Road Glenorchy

**Launceston 9am—4.30pm**

Monday 26 September 2011  
Tailrace Centre  
1 Waterfront Drive  
Riverside



## About the presenter

*Tracey Harris BSW DipSoc MAASW (Acc) FRDP (Acc) BSZ MPhil (Commenced)) is a leading speaker and professional on how to develop and maintain high performance in the workplace. As a clinical social worker, accredited mediator, consultant and lecturer she is widely recognised as an engaging and inspiring presenter who incorporates high performance principles as part of her presentations. Tracey is a clinical specialist and researcher with a particular interest in clinical and professional supervision and mentoring that results in high performance outcomes. Tracey works directly with organisations and businesses providing consultancy services to executives, managers and staff on an individual and group basis.*

Tracey is the Director of Amovita Consulting, a clinical, research and training organisation dedicated to the needs of organisations, corporates and government in developing and maintaining high performance. She has worked in senior management, with governmental ministers in advisory roles and in clinical social work. She is a Lecturer in the social work program at Australian Catholic University and lectures in the areas of public policy, clinical social work, organisational practice, field education and mediation.

Tracey is currently undertaking research in the area of clinical and professional supervision for high performance outcomes and is often engaged to speak at professional forums in this specialist area. Tracey provides a range of services from training, EAP, mediation, business consultancy, clinical and professional supervision, public speaking and organisational development.

### Register now for an Earlybird discount

All fees inc GST	Early bird	Regular
	16/8/11	by 6/9/11
AASW Members	\$85	\$105
Students (fulltime)	\$45	\$65
Non-members	\$130	\$150
Enquiries: aaswtas@aasw.asn.au or T: (03) 6224 5833		



## Challenges and Choices: Social Work in a Changing World

*Proudly co-sponsored by UTAS Social Work  
& AASW Tasmania*

**Friday 21<sup>st</sup> October 2011**

**10:00 am – 4:30pm**

**Sandy Bay Campus, University of Tasmania**

The conference program will include key note speakers and presentations from practitioners, researchers, postgraduate students, academics and AASW staff with the aim of promoting reflection, discussion, innovation and networking.

- Hear exciting speakers on contemporary topics
- Critically reflect on social work in the contemporary environment
- Participate in practice-relevant workshops
- Network with colleagues

#### **Keynote speakers:**

- Professor Robert Bland, Chair of Mental Health, University of Queensland and Queensland Health
- Ms Aileen Ashford, Tasmanian Commissioner for Children

#### **Workshops will include:**

- AASW Code of Ethics workshop (led by a facilitator from AASW National)
- Developing a Reconciliation Action Plan (Ms Christine King)

**More details to follow!**

Check [www.aasw.asn.au/events/category/tas](http://www.aasw.asn.au/events/category/tas) for updates to the conference program





# Australian Association of Social Workers

Incorporated in the ACT  
ACN 008 576 010  
ABN 93 008 576 010

## Tasmanian Branch Office

Address: P. O. Box 20  
South Hobart TAS 7004

Telephone: 03 6224 5833  
Facsimile 03 6224 5833  
Email [aaswtas@aasw.asn.au](mailto:aaswtas@aasw.asn.au)  
Website: [www.aasw.asn.au](http://www.aasw.asn.au)

## AASW Tasmania Branch Member Travel Fund Application

### *Funding for AASW Members to Attend Professional Development in Tasmania*

The AASW acknowledges the additional travel and accommodation costs rural and remote social workers face in accessing face to face CPD opportunities. Tas Branch has a small fund to subsidise costs of attending a CPD event for AASW members travelling more than 100km one way from their home. This year the Branch Committee has decided that places will be funded for AASW members to attend the 2011 AASW (TAS) / UTAS Social Work Conference *Challenges and Choices: Social Work in a Changing World* Hobart 21 October 2011.

If you are successful in your application you will receive support to the value of \$150 towards the costs involved in attending the event. This may include free registration, fuel card, and /or the option of reimbursement for accommodation costs. Early registration and application is recommended.

As this is a new initiative members receiving assistance will be asked to provide a brief email feedback response on the application process to assist in improving the process.

### APPLICATION

Name:.....

AASW Membership No. :.....

Address:.....

.....

Email:.....Phone: .....mob:.....

Organisation.....

CPD Event: **AASW (TAS)/UTAS 2011 Conference *Challenges and Choices: Social Work in a Changing World***

Date: **21 October 2011**.....Location: **Hobart**.....

Do you reside more than 100 km from the CPD Event? Yes/No

Signature.....Date.....

- Event registration payment sought
- Fuel costs for private car (registration no. required)
- Accommodation cost reimbursement(receipt required)

Send to: AASW TAS Branch  
PO Box 20 South Hobart 7004

Email: [aaswtas@aasw.asn.au](mailto:aaswtas@aasw.asn.au)

Fax: (03) 6224 5833

## AMHSW Mental Health Social Workers 2 Day Conference

**Dignity, Hope and Recovery** 2 Day Conference 6th and 7th October 2011

Featuring Presentations from 2010 Health and Mental Health Social Work Conference, Dublin

At: Montsalvat, 7 Hillcrest Ave, Eltham VIC 3095

Please email for any further information [amhswvic@gmail.com](mailto:amhswvic@gmail.com)



### 3rd Australian Rural & Remote Mental Health Symposium

*"Impacts & Outcomes"* - Mercure, Ballarat 14th – 16th November 2011

We hope you will join us in discussing and examining the impacts & outcomes of social, financial and environmental issues on Mental Health Clients and their Service Providers in Rural & Remote communities in Australia.

Further details go to <http://anzmh.asn.au/rrmh11/>

## Resources

### Virtual Visiting Resource Kit

The Virtual Visiting Resource Kit has been developed to assist residential aged care facilities to design and deliver a virtual visiting program.

The Virtual Visiting Resource Kit is based on materials developed by Western District Health Service, Victoria, and funded by the Australian Government Department of Health and Ageing.

The kit includes information to assist residential aged care facilities with:

- marketing a virtual visiting program;
- developing virtual visiting policies and procedures;
- understanding the equipment requirements for virtual visiting;
- helping families to participate in virtual visiting; and engaging staff and volunteers to assist with operating a virtual visiting program.

The kit provides information about:

- the rationale for, and benefits of, virtual visits in aged care facilities;
- the technological requirements for virtual visits; and how to start up a virtual visiting program in your aged care facility.

For more information: [Virtual Visiting – Keeping Connected: A Resource Kit for Residential Aged Care Facilities](#)

### MHPN podcast on Borderline Personality Disorder


A free recording of the third of the very popular webinars held by the Mental Health Professionals Network (MHPN) is now available. "Borderline Personality Disorder: Working Together, Working Better" features perspectives from GP Dr Christine McAuliffe, psychiatrist Dr Andrew Chanen, psychologist Dr Chris Lee, and a consumer Janne McMahon OAM [click here](#).

### Ghosts of Traumas Past DVD

Joint AASW/SASS CPD Public Forum held in April 2011

DVD recording available for loan to AASW members - contact the Branch Office 6224 5833

Paid advertisement

<p>Leah is a Sydney based doctoral-level clinical psychologist with 17 years of clinical and teaching expertise in CBT and traumatology</p>	<h2 style="margin: 0;">Treating PTSD</h2> <h3 style="margin: 0;">2011-12 trauma education</h3> <p style="margin: 0;">presented by</p> <h3 style="margin: 0;">Dr Leah Giarratano</h3>	
<p><b>LIMITED PLACES. REGISTER EARLY</b></p>		
<p><b>This program attracts 14 ACMHN CPE Points, 28 AASW CPE points or 14 APS CPD hours</b></p>		
<p><b>Gold Coast, 6-7 October 2011    Melbourne, 13-14 October 2011    Sydney, 17-18 November 2011</b></p>		
<p><b>Hobart, 17-18 May 2012    Cairns, 31 May-1 June 2012    Perth, 14-15 June 2012    Adelaide, 21-22 June 2012</b></p>		

For more details about this workshop and books by Leah Giarratano refer to [www.talominbooks.com](http://www.talominbooks.com)

#### Clinical skills for treating posttraumatic stress disorder

This two-day (9am-5.00pm) program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. Techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. The program includes handouts and numerous case examples. The emphasis is upon imparting practical skills and up-to-date research in this area. This program is suitable for all mental health professionals.

#### Day one topics include:

- Treatment maps and planning strategies
- Psychoeducation and motivation tips
- Analysing and targeting dysfunctional behaviours (e.g., substance abuse, self-harm)
- Arousal reduction strategies (including breathing retraining, grounding and distraction tasks)
- An introduction to anger management

#### Day Two topics include:

- In vivo exposure therapy (reducing avoidance behaviours)
- The fundamentals of exposure therapy for traumatic memories (prolonged imaginal exposure)
- Cognitive challenging of negative self-statements related to the traumatic event
- Contraindications and complex case issues

#### What past participants have said about this program

*"Fantastic workshop. The program was well structured. Leah provided a thorough understanding of the material and this was supported by research and case studies"*

*"Leah- without a doubt this has been one of the most relevant and useful PD activities I have done. Thank you for sharing your expertise, knowledge base and practise material. I will be recommending this course and resources to my colleagues"*

*"This was an outstanding workshop! The blend of clinical experience, with research knowledge was fantastic. Very practical – will draw on these concepts/tools often and highly recommend this workshop to others"*

#### Program Fee

- + Single: **\$660 Early Bird** (when you pay up to 3 months prior to the workshop date) or **\$720 Normal Fee**
- + Pairs: **\$1200 Early Bird** or **\$1320 Normal Fee** when two people register and pay together by fax or mail

Program Fee includes GST, program materials, lunches, morning and afternoon teas on both workshop days

Please direct your enquiries to Joshua George on (02) 9823 3374. Email: [mail@talominbooks.com](mailto:mail@talominbooks.com)

Treating PTSD Registration/ Reservation Form			
<b>Gold Coast, 6-7 October 2011</b>	<b>Melbourne, 13-14 October 2011</b>	<b>Sydney, 17-18 November 2011</b>	
<b>Hobart, 17-18 May 2012</b>	<b>Cairns, 31 May-1 June 2012</b>	<b>Perth, 14-15 June 2012</b>	<b>Adelaide, 21-22 June 2012</b>
Please circle the workshop you wish to attend above and return this completed page			
Name:			
Address:			
Phone:		Email (*essential*):	
Special dietary requirements:			
Method of payment (circle one)    Visa    MasterCard    Cheque    Please reserve my place & I'll pay during Early Bird period			
Name of cardholder: (if using a credit card)			
Card Number:		Expiry Date:	
Signature of card holder: (if using a credit card)		Debit amount: \$	
<p style="text-align: center; margin: 0;"><u>Cheques are to be made payable to Talomin Books Pty Ltd and mailed to PO Box 877, Mascot NSW 1460</u></p> <p style="margin: 0;">If payment is made with a credit card (or if you are reserving a place), simply complete the information above and fax this page to (02) 8786 1361.</p> <p style="margin: 0;">A receipt will be emailed to you upon processing. Note: Attendee withdrawals more than one month in advance attract a processing fee of \$55. No withdrawals are permitted in the month prior to the workshop; however positions are transferable to anyone you nominate.</p>			

**Changed your address phone number or email address??**

password to update your details.

Please log onto the AASW website with your username and



## Presentations by Tasmanian Branch Committee Members

**29 July: New Code of Ethics workshop for DHHS Family Violence Counselling & Support Service (Launceston) Helen McKenna**

**3 August: Changes to AASW CPD Requirements for Centrelink Social Workers Hobart Anna Lovitt**

### FOUR DAY INTRODUCTORY TRAINING

in

### NARRATIVE THERAPY AND COUNSELLING PRACTICES

*Re-authoring stories: re-shaping lives and identities*

Tuesday 27<sup>th</sup> - Wednesday 28<sup>th</sup> September 2011

Tuesday 4<sup>th</sup> - Wednesday 5<sup>th</sup> October 2011

9.30 am – 4.30pm

at

THE NARRATIVE CENTRE

42 Warwick Street Hobart

by

CHRIS WEVER MSWP, BSW

#### To Enrol:

Phone or email Chris

Phone: 6231 6872

Fax: 6231 9260

Email: [chrisw@keypoint.com.au](mailto:chrisw@keypoint.com.au)

Cost: \$680 plus GST = \$748

## Tasmanian Branch Management Committee

### CAROL DORGELO President

Ph: 6250 9014 (work); 6250 3042 (home)

E: [carol.dorgelo@gmail.com](mailto:carol.dorgelo@gmail.com) or [cdorgelo@thedistrictnurses.org.au](mailto:cdorgelo@thedistrictnurses.org.au)

### ANNA LOVITT CPD Convenor

CPD Convenor of the AASW National CPE Committee

Ph: 6381 3381 (w)

Fax: 6381 1596

E: [annalovitt@gmail.com](mailto:annalovitt@gmail.com)

### ANTHEA VREUGDENHIL

Phone: 03 63243431 Fax: 03 63243970

E: [Anthea.Vreugdenhil@utas.edu.au](mailto:Anthea.Vreugdenhil@utas.edu.au)

### ANN HUGHES

Ph: 62133567 (w) Ph: 6234 2995 (h) Mob: 0404 428 414

Disclaimer: Views and advice expressed in this newsletter are given by the writers

and contributors, and are not necessarily those of, or endorsed by the Branch

Management Committee or the AASW. Please research non-AASW events to

ensure they meet your needs.

## AASW TAS OFFICE

Sandra Fox

Room 15, Level 1, McDougall Building

9 Ellerslie Rd, Battery Point TAS 7004

PO Box 20 SOUTH HOBART TAS 7004

T: 62245833 E: [aaswtas@asw.asn.au](mailto:aaswtas@asw.asn.au)

