

swift

social work information, facts and topics

THE NEWSLETTER OF THE NSW BRANCH OF AASW

Spring 2011

A woman with blonde hair, wearing a white tank top and white pants with a patterned sash, is captured in mid-air, jumping joyfully against a bright blue sky filled with white clouds. Her arms are raised, and she has a wide smile on her face.

Spring into SWIFT!



Editorial

A very warm welcome to the Spring 2011 edition of SWIFT!

This edition features a segment new to SWIFT titled, Talking Heads, which will highlight the inspiration and work of individual social workers in the wide and varied fields of your profession. In this edition, you'll hear about Lewina Jackson, Senior Clinician/Deputy Manager, Eastern and Central Sexual Assault Service, Royal Prince Alfred Hospital, Sydney. We thank Lewina for taking the time to be interviewed and for sharing her story with us. If you'd like to be part of this segment, we'd love to hear from you.

We've well and truly moved into our new office premises, and have still got a couple of professional education workshops to go for 2011. Check out our workshop flyers and Sue Brown's professional education update, which will give you an idea of what's happening on this front.

NSW branch president and SWIFT editor, Annie Crowe is currently travelling through the Arctic Circle, so this edition won't include the usual With the President segment. Annie will return with the Summer 2011 edition to update you on what's new at the NSW branch. Turn to Jose Abalo's Director's Report to find out about latest developments at AASW National.

We love to hear from you the reader and encourage you to send your letters to the editor. We also invite you to contribute to SWIFT, whether with an article, an interesting fact or a photo. After all, SWIFT stands for Social Work Information, Facts and Topics, so don't be shy!

Spring has finally sprung, and we hope you enjoy the new season, and of course, reading SWIFT.

Tereza Crvenkovic

Sub-editor

Swift

COPY DEADLINES

28 OCTOBER

Summer 2011 (hard copy)

10 FEBRUARY

Autumn 2012 (e-copy)

4 MAY

Winter 2012 (hard copy)

10 AUGUST

Spring 2012 (e-copy)

26 OCTOBER

Summer 2012 (hard copy)

Please send all contributions to the AASW NSW Branch Office, PO Box 1173 Strawberry Hills NSW 2012 or email newsletter@aswsw.com.au

AASW (NSW) BRANCH NEWSLETTER

Editor: Annie Crowe

Sub-editors: Tereza Crvenkovic
Nives Crvenkovic

Design: Breakout Design

Photography: Nives Crvenkovic

The views, opinions and advice expressed in this newsletter are those of the authors and contributors, and not necessarily those of, or endorsed by the Branch Management Committee (BMC). AASW NSW Branch, 87-97 Regent St, Chippendale 2008.

New South Wales Branch

2011 SWIFT ADVERTISING RATES & SPECIFICATIONS

Quarter Page:	85mm (W) x 125mm (H) Portrait	\$77.00 (incl. GST)
Half Page:	175mm (W) x 125mm (H) Landscape	\$121.00 (incl. GST)
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One Page Insert:	(For inserts, please provide approx.1600 copies)	\$374.00 (incl. GST)

Clients are asked to supply file format as one of the following:

TIFF, JPEG (bitmapped) should be in greyscale, size 100% at 300 dpi (best printing resolution quality)

EPS format. All text should be in greyscale, size 100% at 300 dpi (best printing resolution quality)

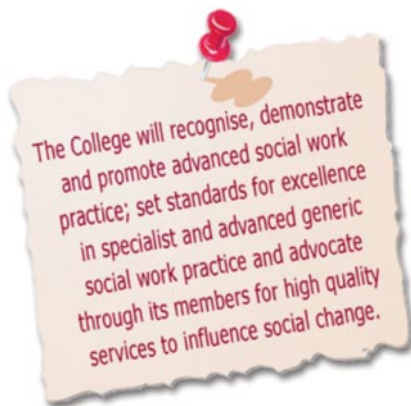
PDF in colour or greyscale, size 100% at 300 dpi (best printing resolution quality)

Please note: word format is also acceptable. If you have any further queries or wish to place an advertisement in the newsletter, please contact the AASW NSW Branch Office, 02 8394 9850 or email newsletter@aswsw.com.au



Director's Report

A VERY BUSY YEAR!



As a Director I always find it a pleasure to put pen to paper to report to members. 2011 is disappearing fast. It has certainly been a very busy year. Three significant issues are currently on the AASW Board agenda. These are:

Australian College of Social Work (ACSW)

1 July 2011 saw the establishment of the Australian College of Social Work. I would encourage all members to visit its web page which can be found at: www.aasw.asn.au/acsw

Professor Jan Carter has been appointed at the ACSW Foundation Director.

Professor Carter is currently arranging to visit most of the AASW branches to provide more information to members about this very important development.

ASWEAS Review Consultations Extended Until 29 August

The Board has also embarked on a major review of the Australian Social Work Education and Accreditation Standards (ASWEAS), the national standards for social work education in Australia.

The review has commenced and is considering a range of issues identified since the standards were published in 2008, together with broader workforce issues facing the Social Work profession and Social Work education. A reference group chaired by AASW National Vice President (Education) Marie Claire Cheron-Sauer composed of representatives of Social Work educators, workforce experts, government and non-government employers and other stakeholders, has been established to guide the review process. The review includes consultation with members, education providers, employers and other stakeholders. A range of approaches are being used for the consultation process including some targeted focus groups and discussion papers, with invitations for

feedback and comment. These discussion papers will also be available on the ASWEAS review website page for feedback from general membership www.aasw.asn.au/whatwedo/consultation-asweas-review

For more information regarding the review process, please refer to upcoming AASW e-bulletins and to the AASW ASWEAS review website page. Further information can also be obtained from the AASW Education Officer via education@asw.asn.au

Call for Nominations: AASW Board and Branch Positions

The AASW is now calling for nominations for a number of national and branch positions.

These positions are:

- National President
- National Vice President
- National Board member (3)

For each branch:

- Branch Vice President
- Branch Committee Member (5)

Elections, if necessary, will be held in September – October.

Nominations for all positions must be received by 12 noon on Monday, 29 August 2011. No late nominations will be accepted.

Over the last couple of months the AASW Board has been involved in a selection process to fill the CEO position. More information about this process will be provided soon to all members.

I would like to express my sincere gratitude to all the members for their support over the last two years. It has been a privilege to represent you all at the Board level. This is a challenging and very responsible position, but it also provides a wide range of opportunities to view the great social work practice that is carried out throughout this country of ours.

Jose Abalo, AASW Director
B.A. B.S.W. M.S.W. MAASW ASW,
Doctoral Candidate (CSU)

From the Professional Education Committee

Our new premises have now hosted two professional education events, and we're delighted to have received the 'thumbs up' from participants and presenters alike. Of course it's early days and Suraya is still busy pulling the place into shape. She has done an amazing job setting up the new office, and the PEC (Professional Education Committee) is grateful to her for supporting the program in such a dedicated manner.

While we had to unfortunately cancel Priscilla McCorrison and Maria Hole's Working with Women Affected by Domestic Violence workshop, there is a busy schedule planned for the remainder of the year. Sarah Maguire's Dialectical Behaviour Therapy workshop, scheduled for Thursday 22 and Friday 23 September, has received good registrations and is still going ahead as

planned. On Thursday 27 October, Priscilla joins up with Robyn Bradey to present Assessment on the Run and on Friday 8 November Bronwyn Tuffy offers Working with Women with Dissociative Identity Disorder. Although we receive many offers to present workshops, we have found that 8 to 10 workshops a year is probably all that can be comfortably accommodated.

In recognition of the need to make continuing professional development more accessible to social workers in rural and regional areas, the PEC – in particular Leith Cooper – have worked hard to get the very popular supervision course run by Pam Cohen and Rosemary Tweedie to a regional centre. We are delighted to report that the Wagga supervision course is happening as we speak. The course runs in Sydney in October and November.

Now for a few housekeeping matters! So that we are clear and consistent in managing the professional education program, we are reviewing all of our policies and procedures together with the NSW Branch Management Committee (BMC). Indeed, professional education has now become a major focus of NSW branch activities. As of next year, we will also be applying a modest fee increase of 10%. To avoid confusion, the exact amount will appear in the final edition of Swift for the year. It's important to point out that we are still cheaper than all other comparable fees charged by other organisations.

And that's all for now from the PEC.

Sue Brown
Convenor

Do You Have a Client With a Severe Mental Illness Who Needs Long-Term Psychotherapeutic Support?

Who is on a low income and needs to be bulk-billed?

Funding is now available through Medicare and Access to Allied Psychological Services to assist clients on Sydney's North Shore, Lower North Shore, East, Central and South East with up to 23 bulk-billed counselling sessions per year.

Call Pete today on 9908 8081 to discuss your client's needs.

CBT Counselling and Psychotherapy is a bulk-billing Mental Health Social Worker Private Practice.

Social Workers of NSW, we seek your views!

You are invited to participate in a confidential online survey on perceptions and experiences of the police complaints system in NSW.

The results will be used to inform improvements to the current system. The project is being conducted by Community Legal Centres NSW together with Professor Jane Goodman-Delahunty at Charles Sturt University. The survey will take 10-20 minutes.

Why your view is important

We are interested to hear from you because you may work with clients who experience interactions with the police. The survey is open to social workers, youth workers, lawyers, and other client advocates in the community and social sector.

We are interested in your views, whether or not you are familiar with the police complaints system.

To find out more, and to participate in the survey, please click here or copy the link into browser:

<http://www.csu.edu.au/faculty/arts/agsp/research/complaints-survey/>

AASW NSW BRANCH Management Committee 2011

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Retired Social Workers Group

Mary Dougherty
(Contact AASW NSW Branch office for details)

PEER SUPPORT MENTORING GROUP

DATE: TBA

TIME:
6.30 p.m. - 8.00 p.m.

VENUE:
AASW NSW Branch
office, Chippendale

COST: Free

TARGET GROUP:
New graduates who have
graduated from Social
Work in the last 2 years

Meetings will be
bi-monthly and provide
peer support and
discussion around the
challenges and
opportunities relating
to social work.

AASW MEMBERS ONLY

Maximum
12 participants
per group

INQUIRIES & RSVP:
Maria Merle
mitchymerle@hotmail.com

CALL FOR EXPRESSIONS OF INTEREST FOR BRANCH MANAGEMENT COMMITTEE

Expressions of interest are
required for nominations to
the AASW NSW Branch
Management Committee
(BMC). Please direct enquiries
to the AASW NSW Branch
office, 02 8394 9850 or email
info@aaswnsw.com.au

Bridging the Gap – SOCIAL WORK IN LAW

So often while driving home from work we switch on the radio to listen to the traffic report, planning our journey home around traffic caused by serious accidents on the roads. Maybe it is a three car pile-up on the freeway you take to get home, or a pedestrian or cyclist hit at an intersection, and you expect the journey to take an extra hour. But how often do you spare a thought for the people involved in the accident? Who are they? How will their lives change as a result of this day? What is life like post-accident?

Social workers at each point in the continuum of care following trauma are in a unique position to learn about the ripple effect that traumatic events have on people's lives, and the lives of people close to them. Social workers in acute care support families during the time of shock, disbelief and high emotional stress. Social workers in rehabilitation services support people to adjust to a new life, one that may require them to adapt to living with a disability. Beyond the hospital system, social workers in counselling services assist people to cope emotionally with their memories of the event.

As a social worker in a law firm, my role is to support people who navigate the legal system with the array of psychosocial issues that arise post-accident or

workers in quite a different setting. Today, I meet people from all walks of life who have had their worlds turned upside down through an accident, injury or illness and learn of the impact that these events have had on their lives in the longer term. Along with those who have been involved in motor vehicle accidents, I meet people who have had injuries at work, others who have contracted Mesothelioma due to asbestos

'Today, I meet people from all walks of life who have had their worlds turned upside down through an accident, injury or illness...'

result of the trauma they have faced. People turn to the law for a range of reasons, to pay for care they may need as a result of their injury; to find closure; and to find acknowledgement for their suffering. While they venture on their legal journey, life around them goes on. Social workers are able to provide support and guidance that many people need during this time.

Early in my work at Slater and Gordon, I met a young woman I will call 'Beth' who had been involved in a serious car accident which injured her along with a family member who was traveling in the same vehicle. Her loved one sustained serious injuries including brain injury, and whilst Beth's physical wounds had mostly healed, she lived daily with the resulting trauma of what she had experienced. Because Beth's physical injuries healed quite quickly, she was soon released from hospital and did not access any further services or counselling in the years that followed. Post Traumatic Stress overwhelmed her and she was afraid to travel in cars, hear car noises, and experienced nightmares regularly. She felt to blame for her loved one's injuries as though it was her responsibility to protect them. She did her best to get on with life, and spoke only to her lawyer about her experience.

Her lawyer was able to refer Beth to me. Long telephone counselling sessions followed and through the development of a therapeutic trusting relationship, she allowed me to link her to services which could support her within her own community including specialist counselling services. Beth's outlook quickly changed and she began to feel more positive about the future. Social work could not take away what had happened, but it bridged the gap for her, giving her some of the resources she needed to rebuild her life.

As a social worker, we want to assist those most in need. Bridge the gaps in service delivery. So, practicing social work in a law firm has been an exciting opportunity to do just that. The resilience people have inside to deal with the most challenging of situations is inspiring, and supporting people on their journey each day is a true privilege.

If you would like to learn more about the social work service at Slater and Gordon, or would like to attend one of our free legal education sessions for social workers, please contact Alexis at 02 8267 0640 or email alexis.stonebridge@slatergordon.com.au

Alexis Stonebridge



Alexis Stonebridge

diagnosis of an asbestos-related disease.

After ten years working in a non-government agency supporting individuals and families in conflict and crisis, it was an interesting leap to join a law firm and practice as part of a team of social

workers in quite a different setting. Today, I meet people from all walks of life who have had their worlds turned upside down through an accident, injury or illness and learn of the impact that these events have had on their lives in the longer term. Along with those who have been involved in motor vehicle accidents, I meet people who have had injuries at work, others who have contracted Mesothelioma due to asbestos

exposure, and some who have had an unexpected and catastrophic outcome from medical care. Emotional distress, financial difficulty, as well as difficulties managing at home and in the community are a common

Talking Heads

Recently, I caught up with Lewina Jackson, Senior Clinician/Deputy Manager, Eastern and Central Sexual Assault Service, Royal Prince Alfred Hospital, Sydney. Here's what we talked about:

What inspired you to become a social worker?

The reason why I chose to do Social Work was to enact change on an individual and societal level. Also, I wanted to work towards eradicating social injustice. I was drawn to social work philosophy as it looks at the 'big picture,' as well as the individual. In other words, changing society and the individual.

How long have you been a social worker?

I graduated in 1994 from the University of Newcastle. More recently, I am about to complete a Graduate Diploma in Emotionally Focused Therapy. During my study I was a political activist and active within women's collectives on campus, environmental groups and aboriginal rights groups.

What is your current position?

I'm currently employed as Senior Clinician and Deputy Manager of Eastern and Central Sexual Assault Service at Royal Prince Alfred Hospital, Camperdown. We see clients from La Perouse to Lakemba who have been recently sexually assaulted. The service is primarily a crisis service; however we also offer ongoing counselling to adult survivors of sexual assault.

How long have you been working in this position?

I've been working here for 11 years. I started out as a counsellor, I'm still a counsellor, but my role has diversified: different roles, different responsibilities. My position is still mainly clinical, but it also includes managerial and administrative duties.

What do you enjoy most about working in this area?

What I enjoy most about working in this field is that I can be myself! What I mean by that, is that I can be committed to social justice, I can be a feminist, I can work really closely with people in terms of dealing with their trauma and developing a really close therapeutic bond with them. I feel this is something which has really been enhanced over the last 11 years of doing the work, and recognizing that this relationship is a key change agent for clients. I think the other thing that interested me in social work in the first place

was working with sexual assault survivors. Firstly, they deal with the violation of being sexually assaulted, which affects every aspect of their lives. The second component to that is how society relates to them after they have been assaulted. In surveys done with sexual assault survivors, their main concerns are shame and blame: the fact that if they tell someone, they won't be believed and they will be shamed and blamed. That is really the bulk of the therapeutic work we do at our service: unpacking and challenging shame and self blame, working on integrating sexual assault survivors' experience into their lives and looking at how the socio-political factors impact on them. What I really like is that you can do the one-on-one work but also try to enact change on a policy level or rally for changes in the police and legal systems. What I also like about the job is the diversity, the dynamism. It's always changing! It's integrating theories around trauma and combining this with feminism.

How would you describe a typical day at work?

The team usually begins the day with an informal check-in and debrief. After that, it's a combination of client work, where I see on average, four clients per day. The crisis intervention side of the work is invaluable and we try to offer a service to clients which is safe, welcoming and friendly. The key components of the counsellor in this role are to believe, listen and validate what the person has experienced. It's also about working collaboratively and working out the main concerns of the client. My role is also to ensure that their needs are met and to maximize choice, whether by talking to the police on their behalf, organizing a friend to be present or organizing a forensic or medical examination. The role of the counsellor is really to facilitate this process and help them through their trauma. We also have proactive follow-up and ongoing access to counselling, and endeavor to provide a holistic counselling and medical service. We also have regular team meetings and clinical supervision.

Using one word, how would you describe your work?

Three words — enrich, enhance and empower!

What are some of the things you have learned from working in this area?

I think my empathic engagement with clients has really improved and evolved. There is a real power in someone being present to a client to promote emotional experience, their strengths and their



Lewina Jackson

goodness. Essentially I really try to actively bring that out, so they can see it. I also think I don't take things for granted when I see what others have experienced. I have a greater sense of gratitude for my life and the people in it!

How do you continue to keep yourself inspired in your work?

The clients inspire me: their strengths, their courage. I always say to people that I see the best and the worst of humanity. The worst in terms of how people have been treated, the best in how people resolve their experience and turn it around as a catalyst for positive change for themselves. It is important to remind people that things get better and that there is life after sexual assault. I try to instill hope and remind people that things do improve and can transform.

What do you do for relaxation to keep the work/life balance?

I meditate regularly, practice yoga and I enjoy connecting with nature. I also think exercise is very important but it's hard finding a place for it within a busy life! It's definitely challenging having a work/life balance and it's something you need to be vigilant about. I sometimes need a reminder that my job isn't my whole life and it's important to have a full life — my work is only part of it. You can also begin to develop a skewed view of the world when you're here eight hours a day, so it's important to have other interests and connect with other people as well.

What advice could you offer new graduates for surviving as a social worker?

The first advice would be to have good supervision. The next would be to encourage continual critical reflection on theory and practice. I also think it's important to be really clear on what you do and to define your role. I don't think social workers are good at that. I've struggled with this myself, trying to promote what we do as a profession. I think because our work tends to be more global, it's difficult to describe. The other advice I would offer new graduates would be to get political, get involved!

Nives Crvenkovic
Professional Officer

Leah is a Sydney based doctoral-level clinical psychologist with 17 years of clinical and teaching expertise in CBT and traumatology

Treating PTSD

2011 trauma education

presented by

Dr Leah Giarratano



LIMITED PLACES. REGISTER EARLY

This program attracts 28 AASW CPE points, 14 ACMHN CPE Points and 14 APS CPD hours

Gold Coast, 6-7 October Melbourne CBD, 13-14 October Bathurst NSW, 20-21 October
Newcastle NSW, 3-4 November Wollongong NSW, 10-11 November Sydney CBD, 17-18 November

For more details about this workshop and books by Leah Giarratano refer to www.talominbooks.com

Clinical skills for treating posttraumatic stress disorder

This two-day (9am-5.00pm) program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. Techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. The program includes handouts and numerous case examples. The emphasis is upon imparting practical skills and up-to-date research in this area. This program is suitable for all mental health professionals.

Day one topics include:

- Treatment maps and planning strategies
- Psychoeducation and motivation tips
- Analysing and targeting dysfunctional behaviours (e.g., substance abuse, self-harm)
- Arousal reduction strategies (including breathing retraining, grounding and distraction tasks)
- An introduction to anger management

Day Two topics include:

- In vivo exposure therapy (reducing avoidance behaviours)
- The fundamentals of exposure therapy for traumatic memories (prolonged imaginal exposure)
- Cognitive challenging of negative self-statements related to the traumatic event
- Contraindications and complex case issues

What past participants have said about this program

"Fantastic workshop. The program was well structured. Leah provided a thorough understanding of the material and this was supported by research and case studies"

"Leah- without a doubt this has been one of the most relevant and useful PD activities I have done. Thank you for sharing your expertise, knowledge base and practise material. I will be recommending this course and resources to my colleagues"

"This was an outstanding workshop! The blend of clinical experience, with research knowledge was fantastic. Very practical – will draw on these concepts/tools often and highly recommend this workshop to others"

Program Fee

**** Please note registrations close 3 days prior to the workshop date ****

+ Single: **\$660**

+ Pairs: **\$600 each** when two people register and pay together by fax or mail

Program Fee includes GST, program materials, lunches, morning and afternoon teas on both workshop days

Please direct your enquiries to Joshua George on (02) 9823 3374. Email: mail@talominbooks.com

Treating PTSD Registration/ Reservation Form		
Gold Coast, 6-7 October Newcastle, 3-4 November	Melbourne CBD, 13-14 October Wollongong, 10-11 November	Bathurst, 20-21 October Sydney, CBD 17-18 November
Please circle the workshop you wish to attend above and return this completed page		
Name:		
Address:		
Phone:		Email (*essential*):
Mobile:		Special dietary requirements:
Method of payment (circle one) Visa MasterCard Cheque Please reserve my place & issue an invoice		
Name of cardholder: (if using a credit card)		
Card Number:		Expiry Date:
Signature of card holder: (if using a credit card)		Debit amount: \$
<p style="text-align: center;">Cheques are to be made payable to Talomin Books Pty Ltd and mailed to PO Box 877, Mascot NSW 1460</p> <p style="text-align: center;">If payment is made with a credit card (or if you are reserving a place), simply complete the information above and fax this page to (02) 8786 1361.</p> <p style="text-align: center;">A receipt will be emailed to you upon processing. Note: Attendee withdrawals more than one month in advance attract a processing fee of \$55. No withdrawals are permitted in the month prior to the workshop; however positions are transferable to anyone you nominate.</p>		

DIALECTICAL BEHAVIOUR THERAPY

TWO-DAY WORKSHOP PRESENTED BY SARAH MAGUIRE

Thursday, 22 September 2011 and Friday, 23 September, 2011, 9.30 a.m. to 4.30 p.m.
AASW NSW Branch 87 Regent St, Chippendale 2008 (few minutes' walk from central station)
This course attracts 24 AASW CPE accreditation points

Early bird rate: AASW members \$ 220.00; social workers who are non-members \$298.00.
Ordinary rate: AASW members \$298.00; social workers who are non-members \$398.00. All rates include GST.

PLEASE CONFIRM YOU HAVE A SECURE PLACE BEFORE PAYMENT IS MADE

This workshop will provide you with a practical introduction to the skills that comprise the Dialectical Behaviour Therapy Program designed by Professor Marsha Linehan.

The day will be divided into four modules, much like the program, covering in order:

- Mindfulness Skills
- Emotion Regulation
- Interpersonal Effectiveness
- Distress Tolerance Skills

Each participant will leave the workshop having a broad understanding of how the DBT package is utilised and possessing some practical exercises for each of the core modules that comprise the program, and information on the avenues to pursue to become a DBT therapist. Day one will cover the theoretical underpinnings of the core modules of the DBT skills training program.

Day two will involve the use of experiential exercises designed to form part of the DBT program.

SARAH MAGUIRE completed her Doctorate in Clinical Psychology and PhD at the University of Sydney. She worked for four years as a coordinating therapist on the Dialectical Behaviour Therapy Program at Wesley Private Hospital, and as a psychologist and researcher for the Peter Beumont Eating Disorder Service. She has also worked for the Department of Psychological Medicine University of Sydney and Royal Prince Alfred Hospital. She is currently employed by the NSW Department of Health as a mental health adviser and works part-time in private practice. She has conducted a number of training workshops in Mindfulness and DBT Skills.

CLOSING DATES FOR APPLICATIONS

Early Bird: Friday, 2 September 2011; Ordinary Rate: Friday, 9 September 2011.

Enquiries: AASW NSW Branch, tel. 02 8394 9850, fax. 02 8394 9895, email info@aaawns.com.au

**PLEASE NOTE: FULL PAYMENT BY CLOSING DATE IS REQUIRED TO SECURE A PLACE.
CANCELLATIONS AFTER THE CLOSING DATE AND NON-ATTENDANCE ARE NOT ELIGIBLE FOR REFUND.**

REGISTRATION FORM AND TAX INVOICE

DIALECTICAL BEHAVIOUR THERAPY

AASW ABN 93 008 576 010 • THURSDAY, 22 SEPTEMBER 2011 AND FRIDAY, 23 SEPTEMBER 2011

EARLY BIRD REGISTRATION COST: (All prices include GST)

Members: \$220.00, Non-members: \$298.00.

REGULAR REGISTRATION COST:

Members: \$298.00, Non-members: \$398.00.

PAYMENT METHOD: CHEQUE/MONEY ORDER/DIRECT DEPOSIT/CREDIT CARD. FOR CREDIT CARD PAYMENTS OR EFT PAYMENTS CALL THE AASW NSW BRANCH OFFICE 02 8394 9850.

NAME

MEMBER NO.

WORKPLACE

ADDRESS

PHONE

MOBILE

EMAIL

Please send registration form and cheque payable to AASW NSW Branch, PO Box 1173, Strawberry Hills 2012.

ASSESSMENT ON THE RUN

ONE-DAY WORKSHOP PRESENTED BY ROBYN BRADEY AND PRISCILLA McCORRISTON

Thursday, 27th October, 2011 9.30am to 4.30pm
 AASW NSW Branch 87 Regent St, Chippendale 2008
 (few minutes' walk from central station)
 This course attracts 12 AASW CPD Accreditation points.

Early bird rates- AASW members: \$110.00.
 Non-members: \$149.00
 Ordinary rates: Members: \$149.00.
 Non-members: \$190.00. All rates include GST.

PLEASE CONFIRM YOU HAVE A SECURE PLACE BEFORE PAYMENT IS MADE

Most social work and social work assessment occurs in settings where clients present in crisis or in the short to medium term. As a result, social workers need to develop concise assessment processes to meet the challenges of the settings in which they work.

This workshop will provide participants with the opportunity to review the assessment processes they already use and to develop some new skills. The presenters will provide concrete information on assessment and interactive exercises in the course of the day. They will also explore how to:

- Recognise a mental illness
- Take a specific history eg, sexual history, drug & alcohol history
- Ask tricky questions
- Tailor their assessment processes to fit with their agency or setting
- Present their assessment to their team or referral source

Robyn Bradey is a social worker with 30 years experience. She has been in private practice for the past 20 years. Robyn is a trainer for various organisations including the Australian College of Applied Psychology and Mission Australia. She also supervises social workers in a range of settings including Health, Disability and Private Practice. She has published three books and several papers.

Priscilla McCorrison is a social worker with 18 years experience. She currently works part-time in a health based counselling service and part-time in private practice. Priscilla has provided training for a range of organisations including the Department of Ageing & Disability, the College of Sexual Health Physicians and the Education Centre Against Violence.

CLOSING DATES FOR APPLICATIONS

Early Bird: Friday, 7th October, 2011. Ordinary Rate: Friday 14th October, 2011.

Enquiries: AASW NSW Branch, tel. 02 8394 9850, fax. 02 8394 9895, email info@aswsw.com.au

**PLEASE NOTE: FULL PAYMENT BY CLOSING DATE IS REQUIRED TO SECURE A PLACE.
 CANCELLATIONS AFTER THE CLOSING DATE AND NON-ATTENDANCE ARE NOT ELIGIBLE FOR REFUND.**

REGISTRATION FORM AND TAX INVOICE

ASSESSMENT ON THE RUN

AASW ABN 93 008 576 010 • THURSDAY, 27TH OCTOBER, 2011

EARLY BIRD RATE: (All prices include GST)
Members: \$110.00, Non-members: \$149.00.

REGULAR RATE:
Members: \$149.00, Non-members: \$190.00.

PAYMENT METHOD: CHEQUE/MONEY ORDER/DIRECT DEPOSIT/CREDIT CARD. FOR CREDIT CARD PAYMENTS OR EFT PAYMENTS CALL THE AASW NSW BRANCH OFFICE 02 8394 9850.

NAME _____ MEMBER NO. _____

WORKPLACE _____

ADDRESS _____

PHONE _____ MOBILE _____ EMAIL _____

Please send registration form and cheque payable to AASW NSW Branch, PO Box 1173, Strawberry Hills 2012.

WORKING WITH WOMEN WITH DISSOCIATIVE IDENTITY DISORDER

PRESENTED BY BRONWYN TUFFY

Friday, 18 November 2011, 9.30 a.m. to 4.30 p.m.
 AASW NSW Branch 87 Regent St, Chippendale 2008
 (few minutes' walk from central station)
 This course attracts 12 AASW CPE accreditation points

Early Bird rate: AASW members \$110.00;
 non-members \$149.00
 Ordinary rate: AASW members \$149.00;
 non-members \$190.00. All rates include GST.

PLEASE CONFIRM YOU HAVE A SECURE PLACE BEFORE PAYMENT IS MADE

During the last ten years there has been an increasing awareness of the effects of trauma in people's lives. It is now generally accepted that there is a relationship between childhood trauma and mental health problems and addictions. Yet many women who have suffered abuse as children still find it difficult to get the help they require to be able to overcome their problems and lead lives that are not dominated by the effects of their trauma. Often these are women who have had a series of contacts with the helping professions, where they have been diagnosed with a range of psychiatric diagnoses and addictions, and received services that have not helped them.

This workshop will explain the core principles of working with this client group. In particular it will focus on clients who have complex presentations, including self harm, suicidal behaviour, dissociation, drug and alcohol abuse and eating disorders. The workshop will provide a framework to guide ways of intervening in these complex situations, and outline specific interventions and techniques that can support the client and assist in recovery.

Bronwyn Tuffy is a social worker in private practice providing counselling and professional supervision to individuals and agencies. Bronwyn has had more than twenty-five years' experience working in a variety of settings with children, adolescents and families, and survivors of abuse and trauma.

CLOSING DATES FOR APPLICATIONS

Early Bird – Friday, 28 October 2011. Ordinary Rate – Friday, 4 November 2011.

Enquiries: AASW NSW Branch, tel. 02 8394 9850, fax. 02 8394 9895, email info@aswsw.com.au

**PLEASE NOTE: FULL PAYMENT BY CLOSING DATE IS REQUIRED TO SECURE A PLACE.
 CANCELLATIONS AFTER THE CLOSING DATE AND NON-ATTENDANCE ARE NOT ELIGIBLE FOR REFUND.**

REGISTRATION FORM AND TAX INVOICE

WORKING WITH WOMEN WITH DISSOCIATIVE IDENTITY DISORDER.

AASW ABN 93 008 576 010 • FRIDAY, 18 NOVEMBER 2011.

EARLY BIRD REGISTRATION COST: (All prices include GST)

Members: \$110.00, Non-members: \$149.00.

REGULAR REGISTRATION COST:

Members: \$149.00, Non-members: \$190.00.

PAYMENT METHOD: CHEQUE/MONEY ORDER/DIRECT DEPOSIT/CREDIT CARD. FOR CREDIT CARD PAYMENTS OR EFT PAYMENTS CALL THE AASW NSW BRANCH OFFICE 02 8394 9850.

NAME _____ MEMBER NO. _____

WORKPLACE _____

ADDRESS _____

PHONE _____ MOBILE _____ EMAIL _____

Please send registration form and cheque payable to AASW NSW Branch, PO Box 1173, Strawberry Hills 2012.

Industry Night Update

Our second Industry Night for the year was held on Tuesday, 14 June 2011, at the Commercial Hotel in Parramatta. Thirty social workers attended this event and it was great to chat and hear about all the different types of work that social workers are involved in, through a wide range of areas. Our guest speaker was Miriam Stevenson, who discussed her work with people with Down's Syndrome, and other aspects of her social work career here and in the UK.

One project that Miriam discussed in detail was her work with the Up, Up and Away program. This program provides circles of support for people with Down's Syndrome so they can live independently in the community. We were

also grateful to have three young people, who have benefited from this program, give insight into how this support has enhanced their daily lives. It was wonderful to listen to their stories and their hopes and dreams for the future (see photo).



Thank you Miriam, James, Danielle and Amrita, for providing such fantastic insight into this program. It was evident how a program such as Up, Up and Away really can make such a huge difference in young people's lives.

Our final Social Work Industry Night for 2011 will be held on Tuesday, 13 December 2011. For further information, please contact the NSW Branch office on 02 83949850 or email info@aswsw.com.au

We'd love to see you there!

Maria Merle
Promotions Committee

COMMUNITY DEVELOPMENT PEER SUPPORT

Are you working in the Community Development area? Would you like to connect with other social workers in this field to swap ideas?

If so, please contact Michele Chaseling on 0413 727 166 or email michelech@webone.com.au. I'd love to either email or talk with you to potentially set up an informal peer support group. Hopefully I'm not the only social worker in Australia working in Community Development!

Are you a Social Worker working with families affected by genetic conditions or rare diseases, in the acute or community sector? Pam Joseph would love to hear from you, with a view to creating a new Practice Group. Please contact Pam at pam@alds.org.au or on 0418 79 00 59.

Trauma Training

Trauma training with Arianne Struik (Netherlands): New award winning method for stabilising severely traumatised children and adolescents. Perth: Nov 11th. Sydney: Nov 14th. Brisbane: Nov 17th. First time in Australia. Cost: \$280.

Flyer at: www.aspirationsconsultancy.com/images/stories/Arianne_Flier.pdf • Email: sonjapa@inet.net.au

Nives Crvenkovic
BA, BSW, MAASW, AMHSW

Counsellor and Consultant

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0411662620

nivescrvenkovic@yahoo.com.au

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- sexual assault and trauma
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- post-natal depression
- anxiety and depression
- relationships
- life crises
- stress management

www.face2face.vpweb.com.au

CONSULTING ROOMS FOR RENT, ULTIMO

- Newly refurbished and stylishly decorated, these rooms are sound-rated and designed with counselling and psychotherapy in mind.
- Join an established team of mental health professionals with fantastic opportunities for cross referrals.
- Plenty of inclusions: client waiting area, receptionist, full amenities, phone line access, photocopier, EFTPOS and Medicare Easyclaim, storage and wireless internet.
- Competitive daily and weekly rates.
- Regular business peer support/coaching included as well as assistance with initial setup.
- Managed by an experienced Mental Health Social Worker.



To arrange an inspection or to request an information pack, please call (02) 9114 9977 or email info@talkingminds.com.au
Website: www.talkingminds.com.au



The Jansen Newman Institute, in keeping with its philosophy of life-long growth and learning, now offers a wide range of short courses that will provide mental health practitioners an exciting opportunity for learning and continued professional development. Our offerings include:

Course name	Duration	Dates	Cost \$
How to approach sexual dysfunction in psychotherapy: Introductory course	24	3/4 th and 10/11 th Dec 2011 09:30am – 4:30pm	
How to approach sexual dysfunction in psychotherapy: Advanced course	24	11/12 th Feb and 18/19 th Feb 2012. 09:30am – 4:30pm	
Basic counselling	7 hours 2 x 3.5h	3 or 4 th December 2011 09:30am – 1:00pm	\$550 + GST
Working with couples in crisis	2 days	11 and 18 th December 2011	\$1,200 + GST
Family training: an introduction	5 x 3.5 hours	3 rd , 10 th , 17 th , 24 th , 31 st March 2012 09:30am – 1:00pm	\$1700 + GST
Values in health care: a spiritual approach 6 hours x 7 weeks with 3- week intervals between sessions	42	7 th April; 28 April; 19 May; 9 June; 30 June; 21 July; 11 August 2012 09:30am – 5:00pm	\$1500
How to find meaning in the second half of life: <i>Five Steps to living a Life with Purpose and Passion</i>	(13 ours total)	10 th – 11 th December 2011 09:30am – 5:00pm	\$495
Working with addicted clients	28 hours	Nov 26, 27 & Dec 10, 11	\$475.00

These courses are geared to practitioners in the fields of counselling, psychotherapy, social work, nursing, disability and community welfare. They may also be of interest to people who are considering a career in mental health, or carers who would like greater understanding. Numbers are limited

To enquire or register please contact: **Nicole** at the Jansen Newman Institute on: **9436.3055** or for more information visit our website at www.jni.edu.au

News from the Universities

THE UNIVERSITY OF SYDNEY

Field Education News

Preparing to be a Field Educator is a free workshop presented for social work practitioners with an interest in social work student learning and field education. This workshop will build on your experiences as a learner and a practitioner and prepare you for the important task of becoming a field educator. This seminar is also open to those wanting a refresher in their role as a field educator.

Due to popular demand, these workshops are now being held three times a year. The next workshop will be on 26 September from 9.30 a.m. to 4.00 p.m. at The University of Sydney Camperdown Campus.

For more information and to register, please contact Clare Power on 02 9036 9539 or email clare.power@sydney.edu.au

Inaugural Professorial Lecture

Jude Irwin, Professor of Social Work and Social Justice, will give an Inaugural Professorial Lecture at the Faculty of Education and Social Work on Thursday, 13 October 2011 at 5.00 p.m. The lecture, *A Journey from Radical Social Work to Social Justice: Opportunities, Challenges and Disappointments*, will explore some of the dominant influences on the development of social work over the last three decades and the impacts these have had on practice. For example, in the current social, political and economic context, how has the increasing prescriptiveness of practice influenced our ability to be innovative and creative? How has the stress on issues such as 'risk management' affected our attempts to work towards greater equality? What opportunities might we develop to ensure that social justice is not rhetoric but becomes a reality?

For further information and to register your interest in attending, please contact Sue Goodwin at susan.goodwin@sydney.edu.au

Professional Development Opportunities

Motivational Interviewing for Enhancing Intrinsic Motivation

Motivational Interviewing is a client-centred, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. It is a model to describe how people change certain health-related behaviours (such as stopping smoking or starting physical activity) and examines an individual's own fears and difficulties in order to resolve the issue. Participants will develop an understanding of motivational interviewing and key strategies.

Session 1: Introduction

Monday, 14 November 2011
9.30 a.m. – 1.00 p.m.

This three-hour introduction will combine formal presentation with group discussion and activities. This session may be taken as a stand-alone introduction, or as the prerequisite to Session 2, the two-day workshop program.

Session 2: Two-day workshop

Tuesday 15 & Wednesday 16 November
2011 9.00 a.m. – 4.00 p.m.

The two-day workshop program will explore Motivational Interviewing in greater detail providing practical techniques to resolve ambivalence. Day 1 will develop further understandings and begin an exploration of the use of the technique. Day 2 will focus on enhancing skills and strategies. The format will include formal presentations and practical workshop activities with opportunities for discussion. The focus will be on interactive delivery where individuals practice techniques within the sessions.

Completion of Session 1 is a prerequisite to participation in Session 2. Please indicate on your registration form if you have completed Session 1 in a previous year.

Presenter

Dr Kate Russell

<http://fdp.edsw.usyd.edu.au/users/krussell>

'Presenter very prepared, presentation aimed at being relevant to our practice.'
'Great involvement with the group.'
— past participants.

Fees & Registration

Session 1: \$120 – Register online at http://sydney.nicheit.com.au/education_social_work/register.php?wsid=WS0455

Session 2: \$400 – Register online at http://sydney.nicheit.com.au/education_social_work/register.php?wsid=WS0456

Fees include GST.

Enquiries

Nina Goodwin T: 02 9351 6329 or
E: nina.goodwin@sydney.edu.au

Higher Degree Research in Social Work and Policy Studies at the University of Sydney

The number of students undertaking research for a higher degree in social work and policy studies at the University of Sydney has increased fourfold over the past eight years. The introduction of new pathways into the PhD and a professional doctorate, the DSW, have increased the opportunities for social workers and policy practitioners to undertake in-depth research on specific topics and gain advanced research and scholarship skills. Our recent graduates have contributed new knowledge in the areas of gender, young people, ageing, asset-based community development and social policy. A number of completed projects have offered important new perspectives on violence against women and children and our international students from Korea, Thailand, Taiwan and China have conducted comparative studies of social welfare provision and social work

education. Our current cohort of higher degree students is supported through a faculty-wide Doctoral Division that provides specialised research training to complement the individual supervision provided by social work and policy studies staff members. The research projects undertaken by our current students are opening up new approaches in the fields of social work, policy studies, community development and third sector studies. Current DSW projects include:

- Social exclusion and vulnerability across time and place: settlement experiences of humanitarian entrants from Sub-Saharan Africa now living in Sydney
- The European postgraduate international student experience at the University of Sydney: directions for best support service provision.
- What is the human rights situation in Australia, specifically in relation to torture, cruel, inhuman and degrading treatment, and what are the implications for social work?
- Narratives of how a mother acquires a diagnosis of mental illness
Maternal distress following disclosure of child sexual assault
- Palliative care social work
- The value of Multi Family Group Therapy as an intervention with at-risk teenagers and their parents
- Performative aspects of social work identity at the intersection of welfare policy reform and public service reform in Australia: the case of Centrelink
- Cultural context and child protection: a comparative study of South Korea and NSW
- Students learning about social justice in field education
- Social work as emotional labour
- Rehabilitation after cancer treatment
- Challenges in commercialised community care: workers' perspectives
- Embracing uncertainty: How do social workers deal with uncertainty at end of life?

At the MPhil and PhD level, projects include:

- Bridging the gap: the integration of theory and social work practice
- Constructing an understanding of loss: parents' perspectives following the death of a baby
- Transnational NGO networks/activism against child sex trafficking in the Mekong Delta region
- Sexual assault services in NSW
- An analysis of psychiatric trauma theory relating to adolescent girls who have experienced abuse
- Responding to the sexual abuse of adolescent boys and young men
- Juvenile justice policy making in NSW 1990 – 2005
- Domestic violence among immigrant women in Australia: case of Muslim immigrant women, implication of intersectional theory

- The experience of fathering for men who are domestically violent
- How might Aboriginal healing models identify and explain the processes that have supported child-friendly approaches within Aboriginal families and communities through acculturation, attempted genocide and colonisation?
- Beyond the economics of microfinance: expanding capabilities to address gender inequalities in the policy and practice of microfinance in India and Australia
- Every piece of the puzzle matters: The missing piece – a qualitative study exploring the help-seeking experiences of women with physical disability who live with or have lived with violence and abuse
- Tolerance of poverty: exploring the epistemological dimensions of poverty in Australia and Korea
- Professional female migrants in Australia: social inclusion or social exclusion?
- Social policy and nation branding
- Ways of being: the alchemy of bereavement, grief and engagement with the living dead
- Dementia and Guardianship: challenges in alternative decision making and social work practice in a health care setting
- Primary school teachers' understandings about domestic violence
- Co-therapy within a child protection counselling service: supporting the counsellor to support the children and families
- Voices for change: participatory action research in partnership with young adults with Down Syndrome in NSW
- Lone mothers in Thailand.

Research higher degree student works-in-progress are presented at conferences and



in publications, but students and their supervisors welcome engagement with practitioners interested in aspects of this important research work. To obtain further information about any of these projects, please contact Dr Susan Goodwin at susan.goodwin@sydney.edu.au

Students Support Social Inclusion in Sydney's Inner West

Students from the University of Sydney are undertaking a community project in Sydney's inner west to address social barriers to learning faced by young people.

Schools' Community Connections is collaboration between the University, the City of Canterbury Council and the Department of Education.

Roslyn Giles, Director of Field Education at the Faculty of Education and Social Work says, 'This is all about helping young people learn and achieve in school. The fourth-year University of Sydney students, under the

guidance of experienced social workers and community workers, employ social models which map schools' connections with the community and how to build community capacity'.

Over the course of the project, which runs from April to December this year, the fourth-year social work students are working with staff, students and families from Kingsgrove North High School, Canterbury Boys High School, Croydon Park Public School and McCallum's Hill Public School.

As social inclusion concerns are identified, the social work students talk with local agencies concerned with issues such as mental health, domestic violence and disability. This is to create relationships and further build communications between each school student, their school and resources in the local community. As the project develops, any gaps in these resources are also identified and addressed.

— **Andrea Small**

Fighting Fair

FIGHTING FAIR LEVEL 1 Mediation & Conflict Resolution

(November 28&29)

This interactive and stimulating 2 day course will assist professionals to explore conflict and impart the essential principles and process of mediation. The structured 5-step mediation model and specific conflict resolution skills will be presented and practiced.

FIGHTING FAIR LEVEL 2 Advanced Mediation Training

(December 1&2)

This challenging course is aimed at those who already have an understanding and practical experience of the mediation process. It will focus on advanced issues and aims to refine and update workers skills, practices and theoretical perspectives used to mediate in various areas of conflict.



**AASW NSW Office
NEW ADDRESS**

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Chippendale NSW 2008
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Tel: 02 8394 9850
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Email: info@aswsw.com.au

Staff: Suraya Coorey (Branch Manager)
Nives Crvenkovic (Professional Officer)
Tereza Crvenkovic (Project Officer)

Resources: The AASW NSW Branch Office has a variety of social work journals and newsletters from 1958 to the present; conference papers dating from 1947; papers presented to the NSW BMC in the 1960s; NSW Branch Annual Reports; NSW BMC minutes and miscellaneous information from national office.

If you would like to use these resources for research, please call the AASW NSW Branch Office.

