



PRESIDENT'S REPORT
SA BRANCH

As the 2010 year draws to a close the South Australian Branch of the AASW can feel satisfied with many achievements.

Our AGM in November allowed us to note and celebrate those achievements. It was significant that at the AGM all our positions on Branch Management Committee and on other committees were filled. This energy and commitment to working together to promote social work and causes of importance to us grows from the solid work we have done through the year and sets us on a productive path for the year ahead. We thank some long serving committee members for their work which established this base for us. In particular we thank Christine Belford, retiring as Branch Ethics Convenor and Connie Rugen, retiring at this point from the Branch Ethics Group, but having made contributions in many roles over the years.

I would like to thank all who have offered to contribute your time in 2011. We appreciate your generosity of spirit and sense of purpose.

As the year ends we also make a very important transition in the management of the Branch Office. Julie Hallifax leaves her roles as Branch Office Manager. As members who have attended any of our CPE or other events in the last few years would know, Julie has been a wonderful Office Manager for our Branch. She has brought to the role a range of organisational and marketing skills that have complemented the skills and vision of the Branch Management Committee superbly. Julie has also brought her personal qualities that have enabled her to establish productive working relationships, welcome and engage members and represent the Branch to the National Organisation. We are indebted to Julie for showing us how a Branch Office can be run and we thank her very very much.

Whilst we feel sadness at farewelling Julie, we are pleased and excited to be welcoming Kathy Baklan to the role of Branch Office Manager from 4th January. Kathy will be moving from the public sector and is keen to utilise her entrepreneurial skills to support us in our work. Kathy has inspired our confidence with her energy and quick grasp of the purpose of the Association. Do call in and introduce yourself to Kathy if you are in the Hindmarsh area in the early months of next year.

Our planning for 2011 is well underway. We hope to have to members a calendar of events for the year by the end of January. This forward planning is designed to enable members to participate more fully in the life of the Association. Do come and join us at our CPE events, our meetings and our social gatherings. The Association is us – social workers collaborating to achieve our shared vision.

The Branch Management Committee wishes all members the very best for Christmas and the New Year.

Sue King

Please note the SA Branch office
will be closed
From Christmas Eve 2010 until
Tuesday 4 January 2011

The National Office will be closed
From Christmas Eve 2010 until
Monday 4 January 2011

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Have you changed your address



or

home phone number in the past
few months



or

perhaps changed your job?



got a new email address recently?

If so, you can now change these
details on the website

www.aasw.asn.au

AASW National AGM November 2010

Sue King, SA Branch President represented the Branch at the national AGM in Brisbane in November. A high point of this meeting was the address by Minister Mark Butler in which he announced that the government had rescinded its decision limiting the availability of funding for social workers and occupational therapists under the Medicare Better Access scheme. Great news which earned him a standing ovation!

The Minister also launched the new Code of Ethics – which has subsequently been printed up and posted to each member. The AGM congratulated the artist who designed the cover work for the Code.

A number of Constitutional changes were passed at the meeting. Of significance was the establishment of the Australian College of Social Work. This is to come into existence on 1st July 2011 and will give a real impetus to the recognition of the high level of skills and professional development of many social workers.

The Association takes the opportunity of the gathering of key decision-makers at the AGM to undertake its annual strategic planning exercise with the national board, Branch Presidents and Convenors of national committees gathering for several days of planning.

2011 Program of Events

For your diary –

January

- 19 Breakfast Networking – City
La Piazza Hindmarsh Square
- 24 Evidence Based Practice Group Mtg

February

- 9 Breakfast Networking –South
- 15 Rediscovering Ethics – Tricia Munn
Evening CPE Session
- 16 Breakfast Networking – North

March

- 15 International Social Work Day
Breakfast
- 16 Breakfast Networking – City
- 28 Evidence Based Practice Group Mtg
- 28–30 Margaret Morrell Supervision Course 1

April

- 1 CPE Workshop – Supervision by
telephone
Presenter: Margaret Morrell
- 13 Breakfast Networking – South
- 20 Breakfast Networking – North

May

- 18 Breakfast Networking – City
- 23 Evidence Based Practice Group Mtg

June

- 3 CPE Workshop – CBT
Presenter: Maxine Longford
- 8 Breakfast Networking –South
- 15 Breakfast Networking – North

July

- 20 Breakfast Networking – City
- 24 Evidence Based Practice Group Mtg

August

- 10 Breakfast Networking –South
- 17 Breakfast Networking – North

September

- 21 Breakfast Networking – City
- 25 Evidence Based Practice Group Mtg

October

- 12 Breakfast Networking –South
- 19 Breakfast Networking – North
- 27 Annual General Meeting

November

- 3 CPE Workshop – Taking care of
yourself using Meditation.
Presenter: Mark O'Donoghue
 - 16 Breakfast Networking – City
 - 27 Evidence Based Practice Group Mtg
-

President's report to AASW SA Branch AGM, 28 October 2010

The SA Branch activities in the past year have included both the maintenance of a range of regular activities and the planned introduction of new activities. Unexpectedly a major focus of our attention has had to be on the campaign to maintain social workers' ability to access funding through Medicare under the Better Access program – a campaign that is of necessity ongoing as our first victory was only a reprieve until April 2011.

In reporting on the activities of the SA Branch over the last year I am going to consider how we have contributed to achieving the Association's mission in terms of

- Promoting the profession of social work and enhancing public and professional recognition of social work
- Improving practice and ethical standards
- Promoting and facilitating members' professional development and life-long learning;
- Advocating for the pursuit of social justice
- Representing and advocating for the interests of members as a group.

Promoting the profession of social work and enhancing the public and professional recognition of social work

We recognise that many members look to the Branch to be the face of social work in South Australia. Our active participation in the Medicare campaign has demonstrated that in partnership with a group of members who are energised and committed, we can make an effective contribution to raising the public profile of the profession. The question of Medicare funding for social workers materially affects those in private practice who were using this funding to provide services to clients who could not otherwise have afforded it. But the campaign has provided many opportunities to talk in the media and to key decision-makers about the work of social workers, how it can be distinguished from that of other professionals and the potential contribution of social workers to improving the lives of many rural, remote and metropolitan South Australians.

Our promotion of social work in other areas has continued steadily. Our active membership of AHAPSA (Allied Health Professionals), represented by our Vice President, Marion Croser, brings us to a forum in which key decisions about allied health staffing are being debated. Patricia Senior Karl and Mary Hood each represent the Association and thus the profession of social work

on University of South Australia advisory committees.

The branch also represents the Association on a range of local issues. Most recently we have engaged in discussions within the public sector about the qualifications of social workers and have written to the Commissioner for Public Employment supporting the proposal that only people with AASW recognised qualifications be appointed to positions called 'social worker'.

Improving practice and ethical standards

A highlight of this year has been the attention that has been given to the Code of Ethics as a result of the national review of the Code. Led by Christine Belford and the Branch Ethics group several opportunities were taken to gather social workers together to discuss our understanding of our ethical standards and how the **Code of Ethics** can be used to enhance our professional practice. These were energetic discussions in which the very different perspectives contributed by those social workers present resulted in insightful feedback to the national deliberations and identifiable changes to the final document.

Promoting and facilitating members' professional development and life-long learning;

Supporting members' professional development is a very high priority for the Branch. Our **Continuing Professional Education** Committee (convened by Sally Watson and entrepreneurially supported by Julie Hallifax) works hard throughout the year to provide a high quality program of activities that will allow members to meet their CPE needs. For several years we have we have identified the importance of addressing the CPE needs of rural and remote members who often work in isolation from other social workers. This year we have managed to provide a Supervision course (led by Margaret Morrell) in Pt Augusta in partnership with Centacare who provide the facilities and a number of participants which ensured viability. We are grateful to Peter Munn for helping us develop this model which the Branch considers an effective one and which we intend to use in relation to other CPE offerings outside Adelaide. Unfortunately our subsequent effort to offer this program in Mt Gambier was unsuccessful.

Another strategy for making CPE opportunities available to rural and remote members is to offer full day CPE opportunities on either a Friday or Monday to allow members to come to the City to participate. Our first experiment at this in 2010 was very successful and the 2011 programme, under development, will provide more of these opportunities which also seem to be attractive to metropolitan members.

As the overall **CPE program** has been so successful in the last two years we have had resources available to use for special projects. One of these has been to reach out to 'about to graduate' students to highlight the importance of ongoing Continuing Professional Education. Over the last two years we have offered the graduating classes at the Universities the opportunity to participate in a Margaret Morrell workshop entitled *Being a Supervisee* at no cost to the student or the University. The final workshop is being run at Flinders University on 22 October and we will review and adjust this strategy for future years.

The regular meeting of the **Evidence based practice group** this year has been a welcome addition to the opportunities afforded our members for continuing professional education. Encouraged by Jim Chaousis and facilitated by a core committed group of practitioners these meetings have had some challenging and informative presentations in 2010 and plan an ongoing programme in 2011.

Our support for our private practitioner members and their needs for relevant CPE opportunities includes our enabling of the **Skillshare** group – a cooperative of members who provide and receive CPE training.

Advocating for the pursuit of social justice

In our planning for the year the Branch Management Committee identified the centrality of the pursuit of social justice to our social work identity. We recognised that we need to act collaboratively in this area and to form partnerships or alliances with others who are active. Our CPE program is one of the opportunities we have for promoting social justice strategies and our partnership with **Reconciliation Australia** to provide a CPE event led by Christine King, Chairperson of the National Coalition of Aboriginal and Torres Strait Islander Social Workers is one of the successes that we can identify for this year.

Speaking out on matters of public concern raises governance issues for the Association and the Branch. We work closely with the national office on many issues and at the local level have established a committee to review and approve any public statements that will be made on behalf of the Branch.

I would like to acknowledge the influence of Diana Awarua and Janet Kelly in the prioritising of social justice issues within our overall action plan and the identification of the importance of forming alliances with other groups including SACOSS. In the year ahead I will be asking the Branch to consider establishing a Social Justice Committee to spearhead our work in this area. As a collective we can speak where individual members may be restrained. The Branch has the opportunity to

contribute to campaigns within South Australia using resources that are developed for us at the national level.

Representing and advocating for the interests of members as a group.

The expansion of our **networking breakfasts**, which had been started in the northern suburbs by Marion Croser, to the South and to the City this year has provided an opportunity for meeting with members about their concerns and allowing members to meet one another. Numbers at the breakfasts this year were small and if we are to continue with this activity we will need to become more effective in our promotion of this opportunity. The networking of these meetings has allowed the sharing of strategies in relation to issues of concern to members. Individual members also make contact with the SA Branch through our office and raise issues of concern to them. These matters are either followed up by individual BMC members or referred to national office for action.

The **new graduates' group**, nurtured by Mark Wilson, now has both an actual and a virtual presence. This group is seeking to reach out to students in their final years of study and new graduates entering practice to provide them with networking opportunities and also a voice to speak to the Association.

The **SA Branch Newsletter** continues its important role in communicating about and with members. We appreciate the range of material provided through the newsletter and know that it is appreciated by many. The Editors, Kathy Inverarity and Sally McMichael have raised with the BMC their concerns about how effective the online delivery of the newsletter is. This will be a matter on which there will be ongoing deliberations in 2011.

The SA Branch Management Committee also plays an important role in representing the interests of South Australian members on the national AASW scene. A regular structure has been created to allow Presidents of the AASW branches to talk with one another via telephone about matters of common interest and as South Australian President I will also attend the National AGM and the strategic planning day with the AASW Board to represent our priorities.

Mary Hood is a member of the national Child Protection committee, Sally Watson the National CPE committee, Christine Belford the National Ethics Committee and Marion Croser the national Registration Committee.

Changes

As this year ends we note that some changes are occurring. We recognise that Donnie Martin will not be continuing on the National Board and we thank Donnie for her years of service in this role, coming as it did at the end of many, many years of organising the CPE program in South Australia.

We congratulate South Australian member Deb Lee on her election to the National Board and look forward to her contribution to the Association in this important role.

Sadly I need to acknowledge that Julie Hallifax, who joined the Association to help out for a short period of time is leaving us after two years. We have benefitted immensely from Julie's professionalism, her entrepreneurial approach to our activities, her fantastic ability to build working relationships and her extraordinarily positive and enabling attitude. Julie we thank you – you have created new expectations of what we can achieve and we wish you well in your many other activities.

Sue King
SA Branch President
October 2010



Christmas celebrations for old and new Committee members, including past Presidents Sue Maywald and Jenny Horne, with current President Sue King, and farewelling Julie and welcoming Kathy.

Branch Management Committee

		Elected until
President	Sue King	Sept 2012
Vice President	Marion Croser	Sept 2011
BMC members		
	Mary Hood	Sept 2011
Finance portfolio	Janet Kelly	Sept 2011
Ethics Convenor	Tricia Munn	Sept 2011

CPE Convenor	Sally Watson	Sept 2011
	Charlotte Trenter	Sept 2011
	Patricia Senior-Karl	Sept 2012
	Diana Awarua	Sept 2012
	Mark Wilson	Sept 2012
	Peter Munn	Sept 2012
	Robyn Lingard	Sept 2012

CPE committee

Convenor	Sally Watson	Sept 2011
Members	Lynne Sellars	Sept 2011
	Arlette Beelitz	Sept 2011
	Maxine Longford	Sept 2012
	Jennie Charlton	Sept 2012
	David Roach	Sept 2012

Branch Ethics group

Convenor	Tricia Munn	Sept 2012
	Mark Wilson	Sept 2011
	Sophie Diamandi	Sept 2012
	Tim Walsh	Sept 2012

Are you getting Social Work Supervision in your workplace?

Are you getting a chance to reflect on your work?

Would you like to share ideas with other social workers in your field?

JOIN A SOCIAL WORK SUPERVISION GROUP

Monday afternoons monthly starting in March 2011,
4–6 p.m.
447 Morphett Street, Adelaide.
\$20 per person per session attended

Choose an AREA OF PRACTICE

- Health (1st Monday of the month)
- Mental health (2nd Monday of the month)
- Child protection (3rd Monday of the month)
- Or nominate another (4th Monday of the month)

Supervisor/Facilitator: Mary Hood

BA BSocAdmin PhD
MAASW (Acc) Mental Health Social Worker

Contact Mary to with enquiries and to book in.
0427 716 938

mary@attachrelate.com.au

PAID ADVERTISEMENT

NEW INITIATIVES FOR AASW

On 2 December, 2010, AASW President Bob Lonne met a sizeable and interested group of local members at EDC Hindmarsh.

He presented a fascinating overview of the rapidly changing face of human services in Australia and explained its implications for the future of AASW and how AASW is poised for change to both take advantage of these changes for members, and to contribute to better practice standards in the human services sector overall.

Bob reflected on current trends that show a huge growth in the human services sector. Coupled with this is hard evidence that it is no longer Social Workers who lead organisations – government and non-government; write the texts; and produce the innovations in human services. There is in fact an increasing numbers gap in human services personnel between accredited Social Workers and Psychologists, etc (who now form the minority) and those without tertiary training at degree level who constitute the vast army of human services workers.

Leadership comes from expertise, and the dominant discourse, as Bob confirms, is around evidence-based practice and efficacy in the human services, modified by adherence to strong ethical codes and social justice principals.

At a time when workforce statistics (2006 Census) show Social Workers with a lower proportion of post-graduate qualification than their peers in human services, the need is for a more highly educated workforce to assume positions of leadership and follow through with workplace change. As pointed out by Bob, an urgent need for a research agenda carried out by younger researchers who start at 30 instead of 50!

PROPOSED NEW STRUCTURE

The “Pathways” Project embarked upon by AASW plans to introduce a College of Social Work as the peak membership tier. Only available to full members of AASW, it will give recognition to post-graduate qualifications in a number of specialities including Rural & Remote Practice, Mental Health and Management in Human Services. It is essentially about recognising and promoting professional expertise.

In conjunction with this move to recognise and promote professional expertise in the human services, AASW is embarking upon a visionary program to widen membership. This involves making associate membership available to non-social work qualified human services workers who are embarking on further study; “a move to

encompass all workers at different levels in the industry” – with the aim of recognising worth, rewarding expertise and qualifications and promoting professional status.

Social Workers will remain the peak group and the College of Australian Social Work will be the essential setter of standards and the body to which membership will aspire. Research by AASW has shown that not only interest but clear demand for this sort of professional structure is sought by many workers looking to their futures in the human services industry. The Pathways project will be much in the news in AASW in the coming year. To keep up with events, look for the regular e-bulletins from AASW CEO and pass on the news to your work colleagues.

AASW CODE OF ETHICS

- ❖ Did you receive your copy of the new Code of Ethics mailed to members in December?
- ❖ Have you filed it under “Essential Reading”, or consigned it to a pile for later sorting?
- ❖ Do you want to make practical use of it in your daily work?

On 15 February 2011 join Tricia Munn at the Education Development Centre, after work for “Rediscovering Ethics” a CPE program. Contact the office for registration details.

Reminder

Margaret Morrell Supervision Training Course 1

28-30 March 2011

Education Development Centre, Hindmarsh

Please book by telephoning 8463 5911 before Thursday 31 January to qualify for early bird payment, or Thursday 17 March 2011 as final day for registration.

You can view the details and download a registration form online www.aasw.asn.au

Hurry these courses fill quickly.

Can I Call You Mum?

This story begins in the 1960s when, after training to become a Nursery Nurse, I began work in Dr Barnardo's orphanage in the North of England. It was probably also a catalyst to my desire to become a social worker years later.

At that point in time, the orphanage contained 50 children, mainly British/West-Indian, aged from a few weeks to 5 years of age. Each staff member was allocated a child to provide one to one care to in their off duty hours such as taking them out to the town to buy special treats or spending time away from the other children to provide a more quality time. I was 18 years old and was allocated a beautiful little three-year-old boy called Gary. He had light coffee latte skin, big brown eyes and was the shyest child in the nursery. Each day when it came time for my off duty period, he would sidle up to me and whisper "can I come with you today my Marbret" (he could not pronounce Margaret) and, when possible he got his wish. Gary became "my child" and I thought of him as my "son". I remember encouraging him to reach his full potential for his age and believe in himself (social worker in the making even then). I would have adopted Gary had I been old enough and in a position to do so as he meant the world to me.

I left the orphanage after a year to work as a Nanny but still maintained contact with him, sending photos and visiting him when possible. However just before he turned five, my family emigrated to Australia with only a suitcase each but in my suitcase was the very special photo album of my "son" Gary. I lost touch with Gary at that point as he was fostered and then adopted but he was never far from my mind and I often wondered how his life had turned out and hoped that it had been a truly special one.

I did maintain contact with staff, however, and on my infrequent visits to England over the years, at our reunions where staff and "children" now in their 40s met and exchanged memories, my first question was always, "Has anyone had any news of my Gary?" Sadly the answer was always no. He appeared to have dropped off the face of the earth as no one had any idea of his whereabouts after leaving the orphanage.

Two months ago I revisited England and arrived at the reunion. I was pulled aside by the ex Matron as I arrived and she told me that someone special was waiting in the other room. Imagine my surprise to see a 6 ft 5 inch tall, 16 stone man with large brown eyes and light coffee latte skin coming towards me – it was finally my Gary. The Matron had taken on board that I had always wanted to know how he had fared in life and had quite accidentally heard that he may have gone to live in the Lake District of England. She found a telephone book, looked up the only name listed

that could be his and voila! – Gary answered. He mentioned that he was very reserved and did not like to be with lots of people but wanted to meet this person who he still held memories of.

We had the longest deepest hug possible and he showed me photos of his son at 3 years of age – a Gary miniature – it was like a time warp where I was seeing my little boy again. It appeared that he had been fostered and adopted but that it had not worked out. He had tried to find his natural parents but they did not want to know him. However, he said that at the back of his mind he remembered a kind lady in his life who hugged and kissed him and told him she loved him to the moon and back and told him that he was so special – me! I was able to fill him in on our special times and the strong resemblance of his son to him at that age. He was extremely thrilled by this as all photos and correspondence had disappeared after his adoption and therefore had been unable to show his son any photos of his childhood.



Margaret and Gary, September 2010

The following is an excerpt from his letter last week.

" Margaret it was so nice to see u after all these years. I can remember u been very nice too me. Margaret you're a realy nice lady and I've always wanted to find out about my past and the kind lady who was very nice to me. THIS IS A DREAM COME TRUE. I've so missed that person over the years and Margaret uve filled my dream. I never had a mother figer that I could look up 2 But That's al changed now – I look too you as my Mother, hope you Don't Mind.....

'Can I call you mum?' – yes Gary after 40 odd years I am proud to be called your mum and will be as long as I live.

As social workers we do not often see the positive results of our interventions and but for one phone call I may never have known the outcome of my intervention so many years ago.

Since entering social work, many more of my clients have experienced positive outcomes from the intervention that I know about, but so many more are unknown. It's this belief that we can make a difference regardless of whether we get to know the outcome that makes our profession so important.

Margaret Barclay-Blades

Margaret was persuaded to contribute this story after sharing it with a colleague at the recent CPE Presentation "Filling our Well" (presenter Lorna Hallahan). It illustrates so vividly the impact of even a brief, positively "human" relationship with a child when they most need it. What a gift that they were able to reconnect after 40 years!



Deb Lee presenting 40 year Certificates at the AGM, October 2010 to Ann Young and Peter Nixon

MEDIA ECHO

Social Work Qualifications in Families SA

In the broad discussion about child protection work there seems to be general agreement that this work is complex, requires systemic thinking, both on a family and an organisational level, and requires intervention options where the focus for change may be the individual, couple, family, organisation and/or society. One of the issues that has been identified as critical to improving outcomes for children and for families is that of the qualification level of staff doing this work.

The 2010 SA Government Enterprise Agreement (EA) clearly defines an Allied Health Professional (AHP) role to be one that requires tertiary qualifications "to enable them to either obtain State or Territory registration; license or accreditation to practice: or are eligible to join the relevant professional association."

This raising of the bar in relation to child protection work is most welcome, however, it creates dilemmas in Families SA for staff without those qualifications and in particular for the employment of Aboriginal staff without those qualifications. How the Department responds to these dilemmas will reflect how serious they are in supporting this move.

From David Waterford's latest post to *David's Desk*

Sally McMichael



A WRITERS' GROUP FOR SOCIAL WORKERS - OR THOSE WITH SERIOUS PURPOSE

We – Sally and I, Management Committee members, social workers we talk with and think to ask, friends and others – have been pondering the value and utility of our quarterly professional newsletter. Do we reach our target audience? Are they interested and appreciative? Does the newsletter add to the greater good? (We are also, like Lorna Hallahan, “of serious purpose” – as social workers, we just can't help being of that particular bent of mind.

In the course of one of these discussions about how to “improve” our newsletter, Mary Hood made the suggestion of forming a writers' group. I thought it was a very good suggestion, since over the course of my social work career I have always “written” about my experiences; sometimes in a journal, sometimes for publication, always “in my head” as a sort of running commentary on the vagaries of drama, coincidence, pathos, humour and amazing revelation that constitutes a day in the life of anyone working with people, as social workers do.

The idea that there would be others who also write or think about writing and would like to further hone their writing skills from this particular perspective of being a social worker, I thought, was an excellent one.

That it was indeed a good idea started to gain momentum after hearing Lorna Hallahan's talk for the CPE program on self-care for social workers “Filling our Well – at Hindmarsh EDC, 17th November, '10. During this session we were encouraged to identify what things we liked doing, that nurtured us and drew on our creativity. Along with a multitude of imaginative suggestions covering all aspects of human activity, writing was included. Not only that, but Lorna revealed over morning tea that she had been recently published in Australian Book Review's “Best Australian Essays – 2010”.

Here she sits in the illustrious company of Clive James, Anne Manne, David Malouf and Shelley Gare with Robert Drewe as editor. Her essay is titled “On Being Odd”; I commend it to you. It makes me very envious of her writing ability while also setting off sparks of inspiration amidst the admiration.

If you would like to be part of a writers' group that meets at generous intervals (to avoid the trap of writing less and talking more) with others of varying skill level and approach but with a shared “serious

purpose” about writing from experience on social issues, get in touch.

You can email ;
Mary Hood mary@attachrelate.com.au
or myself, Kathy Inverarity
kathinverarity@internode.on.net

What would a writers' group look like?

- A max of 8–10 people?
- A meeting room with a table and whiteboard and wireless laptop access (like EDC, Hindmarsh)
- A facilitator/“stimulus” person—who could be a different person each time we meet
- From within our group, or a recommended other person?
- A focus on a topic or different target audience to attract with our writing?
- A daytime/late afternoon or evening time slot.
- A program that encourages email sharing of pieces of writing between meeting?

Best Australian Essays – 2010 edited by Robert Drewe published by Black Inc is available at all good book stores for \$29.95.

PASSING OF WHYALLA SOCIAL WORKER

Mrs Rita Kennedy, former Counsellor at the University of South Australia's Whyalla Campus (and the South Australian Institute of Technology before the new university was formed), passed away in December, 2010. Her funeral was at St Teresa's Church, Whyalla, at 1.00 p.m. on Monday 13 December.

She worked for Community Health in Whyalla before joining the Whyalla Campus of the South Australian Institute of Technology early in 1989 as Counsellor. That institution became part of the new University of South Australia in 1991.

Originally she was called Student Counsellor, but later just Counsellor, as she was able at times to help staff members. Her role at times included work with international students and careers counselling. She resigned from there in 2001 because of ill health.

Bronwyn Ellis
Adjunct Research Associate
Spencer Gulf Rural Health School
E-mail: bronwyn.ellis@unisa.edu.au



South Australian
Society of
Hypnosis

Training in Clinical Hypnosis

Enrolments open for 2011 course

*Did you know that hypnosis was deregulated in
South Australia on 1st July 2010?*

Social Workers are now legally able to practise hypnosis. Those who are members of the AASW are also eligible to undertake training with the South Australian Society of Hypnosis (SASH), the only *professional* hypnosis organisation in South Australia. We invite you to come and learn about the many fascinating and powerful aspects of hypnosis and discover how it can enhance your clinical work.

- 12 full days of training commencing in February 2011 (see our website for dates)
- **NEW!** *One-year course with continuous assessment*
- Includes informative presentations, practical work & small group supervision
- *Diploma of Clinical Hypnosis* recognised by the Australian Society of Hypnosis

Limited places available. Please contact Marta Lohyn for more information – contact details below.

www.sash.asn.au directorofstudies@sash.asn.au 0439 729 001

World Social Work Day

To celebrate, join your colleagues for

Breakfast
Tuesday, 15 March 2010
Adelaide Pavilion
Cnr South Terrace & Peacock Road, Adelaide
7.15 a.m. for 7.30 a.m.



Put it in your diary now for March!!

Full details will be available in the New Year complete with registration information

Leah is a Sydney based doctoral-level clinical psychologist with 17 years of clinical and teaching expertise in CBT and traumatology

Treating PTSD

2011 trauma education

presented by
Dr Leah Giarratano



28 AASW CPE points approved.
Sydney CBD, 12-13 May

Limited positions.

Melbourne CBD, 26-27 May

Perth CBD, 9-10 June

Register early or reserve your place today.

Brisbane CBD, 2-3 June

Adelaide CBD, 16-17 June

For more details about this workshop and books by Leah Giarratano refer to www.talominbooks.com

Clinical skills for treating posttraumatic stress disorder

This two-day (9am-5.00pm) program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. Techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. The program includes handouts and numerous case examples. The emphasis is upon imparting practical skills and up-to-date research in this area. This program is suitable for all mental health professionals.

Day one topics include:

- Treatment maps and planning strategies
- Psychoeducation and motivation tips
- Analysing and targeting dysfunctional behaviours (e.g., substance abuse, self-harm)
- Arousal reduction strategies (including breathing retraining, grounding and distraction tasks)
- An introduction to anger management

Day Two topics include:

- In vivo exposure therapy (reducing avoidance behaviours)
- The fundamentals of exposure therapy for traumatic memories (prolonged imaginal exposure)
- Cognitive challenging of negative self-statements related to the traumatic event
- Contraindications and complex case issues

What past participants have said about this program

"Fantastic workshop. The program was well structured. Leah provided a thorough understanding of the material and this was supported by research and case studies"

"Leah- without a doubt this has been one of the most relevant and useful PD activities I have done. Thank you for sharing your expertise, knowledge base and practise material. I will be recommending this course and resources to my colleagues"

"This was an outstanding workshop! The blend of clinical experience, with research knowledge was fantastic. Very practical – will draw on these concepts/tools often and highly recommend this workshop to others"

Program Fee

- + Single: **\$660 Early Bird** (when you pay up to 3 months prior to the workshop date) or **\$720 Normal Fee**
- + Pairs: **\$1200 Early Bird** or **\$1320 Normal Fee** when two people register and pay together by fax or mail

Program Fee includes GST, program materials, lunches, morning and afternoon teas on both workshop days

Please direct your enquiries to Joshua George on (02) 9823 3374. Email: mail@talominbooks.com

Treating PTSD Registration Form	
Sydney 12-13 May; Melbourne 26-27 May; Brisbane 2-3 June; Perth 9-10 June; Adelaide 16-17 June	
Please circle the workshop you wish to attend above and return this page with your payment	
Name:	
Address:	
Phone:	Email (*essential*):
Special dietary requirements:	
Method of payment (circle one) Visa MasterCard Cheque Please reserve my place & I'll pay during Early Bird period	
Name of cardholder: (if using a credit card)	
Card Number:	Expiry Date:
Signature of card holder: (if using a credit card)	Debit amount: \$
Cheques are to be made payable to Talomin Books Pty Ltd and mailed to PO Box 877, Mascot NSW 1460	
If payment is made with a credit card (or if you are reserving a place), simply complete the information above and fax this page to (02) 8786 1361.	
A receipt will be emailed to you upon processing. Note: Attendee withdrawals more than one month in advance attract a processing fee of \$44. No withdrawals are permitted in the month prior to the workshop; however positions are transferable to anyone you nominate.	

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Please send all newsletter contributions to the editorial committee, emails above, or hard copy to the office address: AASWSA, Education Development Centre, Milner Street, Hindmarsh, SA 5007

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Issue	Deadline
March 2011	28 February 2011
June 2011	31 May 2011
September 2011	31 August 2011
December 2011	30 November 2011

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