

# swift

social work information, facts and topics

THE NEWSLETTER OF THE NSW BRANCH OF AASW

Autumn 2011



## Coming soon to Chippendale: New NSW Branch office .....



...room with a view!



# Editorial

*Well here we are again, Autumn is slowly approaching as the air is becoming cooler and the leaves are just beginning to change colour! It's a wonderful time of year to enjoy the delights of the changing seasons...*

*This SWIFT Autumn edition is particularly exciting as it coincides with our new office move to Chippendale. The NSW Branch office team is busily preparing for setting up the new space as the office configuration gets underway. We have engaged an office designer to help us set everything up so it works! We are also looking forward to the opportunity to provide private practitioner rooms. The potential for expanding our continuing education program is welcome as we will be able to offer more courses in our new seminar space. We will keep you posted about moving dates later!*

*In this edition we are featuring the Pathways debate and included are articles written by Vittorio Cintio and Pat Hansen on the sides of 'for' and 'against'. We encourage you to read the articles and form your own opinion!*

*The branch continuing professional education program is moving full speed ahead, with workshops filling up well before their registration deadlines! We are even re-running our highly acclaimed Cognitive Therapy course with Greg Sorrell, due to popular demand!*

*There is also lots of information on what's going on at the various universities and it will give you an idea of the courses and programs that are on offer.*

*I leave you here, as you turn the page and get stuck into this fabulous Autumn read!*

— Nives Crvenkovic, Sub-editor

## Swift

### COPY DEADLINES 2011

**FRIDAY 6 MAY**

Winter 2011 (hard copy Swift)

**FRIDAY 12 AUGUST**

Spring 2011 (e-copy Swift)

**FRIDAY 4 NOVEMBER**

Summer 2011 (hard copy Swift)

Please send all contributions to the AASW NSW Branch Office, P.O. Box 838 Glebe NSW 2037, or email [newsletter@aswnewsw.com.au](mailto:newsletter@aswnewsw.com.au)

### AASW (NSW) BRANCH NEWSLETTER

Sub-editor: Tereza Crvenkovic

Nives Crvenkovic

Design: Breakout Design

Photography:

Annie Crowe

The views, opinions and advice expressed in this newsletter are those of the authors and contributors, and not necessarily those of, or endorsed by the NSW BMC (Branch Management Committee).  
AASW NSW Branch,  
123A Mitchell St, Glebe, NSW 2037.

## New South Wales Branch

### 2011 NEWSLETTER ADVERTISING RATES & SPECIFICATIONS

Members Market Place:	90mm (W) x 55mm (H) Landscape	\$22.00 (incl. GST)
Quarter Page:	85mm (W) x 125mm (H) Portrait	\$77.00 (incl. GST)
Half Page:	175mm (W) x 125mm (H) Landscape	\$121.00 (incl. GST)
Full Page:	175mm (W) x 260mm (H) Portrait	\$220.00 (incl. GST)
One Page Insert:	(For inserts, please provide approx.1600 copies)	\$374.00 (incl. GST)

Clients are also asked to supply file format as one of the following:

TIFF, JPEG (bitmapped) should be in greyscale colour, size 100% at 300 dpi (best printing resolution quality)

EPS format. All text should be in greyscale colour, size 100% at 300 dpi (best printing resolution quality)

PDF format 100% at 300 dpi (best printing resolution quality) and in greyscale colour

Please note: word format is also acceptable. If you have any further queries or wish to place an advertisement in the newsletter, please contact the AASW NSW Branch Office, 02 9518 4944 or email [newsletter@aswnewsw.com.au](mailto:newsletter@aswnewsw.com.au)



# With the President

## The BIG ANNOUNCEMENT is that **WE ARE MOVING.**

**This is such a good time to be involved in the AASW, NSW. So much is happening, so many initiatives, so many opportunities, all designed to enhance the profession, improve our capacity and raise our profile as social workers.**

**Y**es, we finally found some great premises which will enable the NSW Branch to move into a new era of development. As you can see from the front cover, the office is located opposite the Railway Museum in Regent Street just minutes walk from Central station, the CBD and Chinatown.

For the past two years, NSW has had a grand plan to make the branch profitable and provide more benefits to members. Featured in our 200 square metres of space is three counselling rooms available for sessional or daily rental to member social workers working in private practice. Additionally there is a well equipped seminar room, capable of taking up to 50 people, which will be used for Continuing Professional Development and this will also be available for rent. This is a brand new direction for us and the management committee is very excited at the prospect of making this work. We hope to be fully operational by the middle of the year and you will all be invited to the grand opening.

I attended a face to face in Melbourne for the College of Social Work Implementation Committee as the representative for the branch presidents. The plan is to open the College in July this year with the Division of Clinical Practice up and running, ready to accept members into the subdivision of mental health. There are still some important issues to be ironed out yet and I urge you to read the briefing by Stephen Brand (Executive Director, College of Social Work). He is taking

responsibility for the implementation of the College and this appears to be a major national priority for this year.

Pathways has taken a bit of a back seat. Kandie Allen Kelly assures me that the branch consultation process around Pathways has not yet begun.

As part of our budget submission this year, the NSW Branch has offered to develop a model for the Horizon Career Centre (HCC) within twelve months. HCC has experienced some operational problems over the last twelve months. NSW is committed to resolving these problems and would like to work towards a bigger and better HCC. Responsibility for HCC currently rests with the Business Manager, Wayne Hart. Nives is covering all calls and inquiries to Horizon.

We had a great World Social Work Day celebration at the Zanzibar in Newtown. Have a look at the photos on the back page. Almost 80 people came to hear Mary Jo McVeigh speak of her wide and varied international and personal experiences as a Social Worker. There were drinks and nibbles and, of course, we cut the cake!!

This is such a good time to be involved in the AASW, NSW. So much is happening, so many initiatives, so many opportunities, all designed to enhance the profession, improve our capacity and raise our profile as social workers.

It's hard to say whether a change in the NSW Government would make a difference to issues such as registration, but I guess we will find out soon enough. ....Annie

# From the Professional Education Committee (PEC)

**WATCH THIS SPACE FOR OTHER POSSIBLE EVENTS!**

**T**he year has begun with a bang! Registrations for our first workshop were nearly double for the available space in our Glebe office. After hurried phone calls to Greg Sorrell, our very popular CT presenter, we were able to book him up, for probably the only time he has available in his 2011 calendar! So we will be running the workshop again. The dates are: **30th June and 1st July**. For more information, please contact the NSW Branch Office as numbers are limited.

There are also steady enquiries and bookings for the next few workshops on the calendar: *Understanding the Brain in Social Work Practice: Links between Neuroanatomy, Cognition and Capacity*, April 8th; *Effective Ways of Engaging Men*, 20th May; *Working with Children of Parents with a Mental Illness*, 12th August and *Dialectical Behaviour Therapy*, 23rd and 24th September. Make sure you get in early, to secure your place and take advantage of our early bird discounts!

There are other workshops coming up in the second half of the year but the dates are still being finalised. We plan to repeat some of the workshops that have been successful over the past few years. These include: *Working with Women affected by Domestic Violence*, (probably in early September); *Assessment on the Run* (mid November) *Working with Women with Dissociative Identity Disorder* (November) *Early Identification and Intervention with Young People with a Mental Illness* (hopefully in October). As for the Supervision of Staff for Social Workers, this four day course requires a lot of planning and organising, so we are still hoping it can be run in Wagga and maybe, if there is sufficient interest, in Sydney as well.

Watch this space for other possible events!

Cheers

**Sue Brown**

Professional Education Committee

## Play Therapy Australia

*Presents*

### New Play Therapy Workshops and Courses in 2011!

**Offering a pathway to become an Australian Registered Play Therapist with the Australian Play Therapists Association!**

Develop wonderful Humanistic Play Therapy skills and practices that will deepen and enrich your work with children and take it to new levels!

#### **Workshops**

**The Heart and Practice of Child Centered Play Therapy Workshops**

**Play Therapy 10 Day Intensive Course**

Heartful Practice in Working Therapeutically with Children

#### **Professional**

**Training Programs**

**Post Graduate Certificate in Clinical Play Therapy Course**

**Certificate in Play Therapy Studies**



*The Play Therapy training programs include intensive workshops, some distance learning and provide the opportunity to be supervised by world leaders in the field of Child Centered Play Therapy!*

Play Therapy Australia is Australia's leading training organization in Child Centered Play Therapy, a form of counselling and psychotherapy for children from 2-10 years old and is an approved training provider with the world renowned Association for Play Therapy, USA.

For full details of workshops and courses and to join the mailing list to receive training updates, please go to [www.playtherapyaustralia.com](http://www.playtherapyaustralia.com)

Please email [info@playtherapyaustralia.com](mailto:info@playtherapyaustralia.com) or phone 08 9433 2288 / 0415 138 857 with any questions.

[www.playtherapyaustralia.com](http://www.playtherapyaustralia.com)

# AASW NSW BRANCH Management Committee

## **PRESIDENT**

Annie Crowe  
[anniecrowe@hotmail.com](mailto:anniecrowe@hotmail.com)

## **DIRECTOR**

Jose Abalo  
[jose@abalo.org](mailto:jose@abalo.org)

## **VICE PRESIDENT**

Siraj Sarguroh  
[sirajsarguroh@hotmail.com](mailto:sirajsarguroh@hotmail.com)

## **TREASURER**

Kamal Jain  
[natgem@hotmail.com](mailto:natgem@hotmail.com)

## **PROMOTIONS**

Amanda Boyd  
[amandaboydro@bigpond.com](mailto:amandaboydro@bigpond.com)

Maria Merle  
[mitchymerle@hotmail.com](mailto:mitchymerle@hotmail.com)

Biljana Milosevic  
[bil\\_m@hotmail.com](mailto:bil_m@hotmail.com)

## **EDUCATION**

Sue Brown  
[susiebrown9999@hotmail.com](mailto:susiebrown9999@hotmail.com)

Suzanne Noisen  
[suzanne\\_noisen@hotmail.com](mailto:suzanne_noisen@hotmail.com)

## **REGISTRATION**

Grahame Colditz  
[grahamegh@gmail.com](mailto:grahamegh@gmail.com)

## **PRACTICE GROUPS**

Grahame Colditz  
[grahamegh@gmail.com](mailto:grahamegh@gmail.com)  
Judith Krause  
[judith@youthrelated.com.au](mailto:judith@youthrelated.com.au)

## **ETHICS**

Biljana Milosevic  
[bil\\_m@hotmail.com](mailto:bil_m@hotmail.com)

## **PRIVATE PRACTICE**

Mohini Prasad  
[medilinkcounselling@bigpond.com](mailto:medilinkcounselling@bigpond.com)  
Rajamani Rajan  
[satyan@optusnet.com.au](mailto:satyan@optusnet.com.au)

## **NSW BRANCH SUB-COMMITTEES**

**Professional Education**  
Convenor: Sue Brown  
[susiebrown9999@hotmail.com](mailto:susiebrown9999@hotmail.com)

**Registration**  
Convenor: Grahame Colditz  
[grahamegh@gmail.com](mailto:grahamegh@gmail.com)

**Newsletter**  
Editor: Annie Crowe  
[anniecrowe@hotmail.com](mailto:anniecrowe@hotmail.com)

**Practice Groups**  
Convenors: Grahame Colditz  
[grahamegh@gmail.com](mailto:grahamegh@gmail.com)

**Promotions**  
Convenor: Amanda Boyd  
[amandaboyd10@bigpond.com](mailto:amandaboyd10@bigpond.com)

**NSW Branch Ethics Group**  
Convenor: Bijana Milosevic  
[bil\\_m@hotmail.com](mailto:bil_m@hotmail.com)

*If you have any ideas or concerns you'd like to discuss, or if you're interested in joining one of the branch sub-committees or the NSW Branch Ethics Group, please contact the appropriate convenor.*

## **AASW NSW Branch Office details**

123a Mitchell Street, Glebe  
(cnr Derwent St – enter from Derwent St)

**Mail:** PO Box 838 Glebe NSW 2037  
**Tel:** 02 9518 4944  
**Fax:** 02 9552 3005  
**Email:** [info@aaswnsw.com.au](mailto:info@aaswnsw.com.au)

**Staff:** Suraya Coorey (Branch Manager)  
Nives Crvenkovic (Professional Officer)  
Tereza Crvenkovic (Project Officer)

**Public Transport:** Catch a train to either Town Hall or Central station. From there, catch the 431 or 433. Once you reach Glebe Point Rd, alight at the first stop (cnr Glebe Point Rd and Mitchell St).

**Parking:** Four-hour metered parking outside the venue (\$2.20 per hour)

**Resources:** The AASW NSW Branch Office has a variety of social work journals and newsletters from 1958 to the present; conference papers dating from 1947; papers presented to the NSW BMC in the 1960s; NSW Branch Annual Reports; NSW BMC minutes and miscellaneous information from national office.

If you would like to use these resources for research, please call the AASW NSW Branch Office.

# FIGHTING FAIR

## **MEDIATION & CONFLICT RESOLUTION**

(LEVEL 1)

(SYDNEY: MARCH 15 & 16  
& BYRON BAY MAY 3 & 4)

This interactive and stimulating 2-day course will assist professionals to explore conflict and impart the essential principles and process of mediation. The structured 5-step mediation model and specific conflict resolution skills will be presented and practiced.

For further details and online registrations, please refer to:  
[www.fightingfair.com.au](http://www.fightingfair.com.au)

## **THE ARTISTRY OF FACILITATION TRAINING GROUPS**

**SYDNEY: JUNE 2 & 3.**

This course is about the integral ingredients required when facilitating a group – ensuring it is engaging, interactive, fun and challenging! It also looks at how to create a supportive environment and to deal with challenging behaviours. For further details and online registrations, please refer to:  
[www.groupfacilitation.com.au](http://www.groupfacilitation.com.au)

# Australia – Malaysia Institute funded project promotes Commonwealth connections



Naomi Spencer and Annie Crowe with Malaysian delegation visiting NSW Branch in November 2010.

In November 2010 an academic and clinical practitioner social worker, both members of the International Social Work (ISW) Committee of the Australian Association of Social Workers (AASW), visited Malaysian social workers at universities and at community services in four main centres as part of an Australian Government funded exchange project.

Universities teaching Social Work and community agencies in Kuala Lumpur, Penang, Kuching in Sarawak and Kota Kinabalu in Sabah were their destinations.

Following this visit the Australian Government kindly supported visits by two Malaysian social workers to Brisbane, Canberra & Sydney. The President of the Malaysian Association of Social Workers (MASW) and a member of the MASW Committee visited social workers at the National Office of the AASW. They also met with the current AASW President.

The MASW delegates attended two branch meetings of the AASW (Qld and NSW) and participated in an all day meeting with the ISW Committee. They visited four universities and various welfare and community service organisations.

## So how were the exchange project purposes achieved?

Some joint projects have developed out of this initial venture. Consequently several projects are planned and further funding will be sought to support these where needed.

They include:

- (a) The development of relevant policy papers around common social issues in the region to present at CHOGM in Perth in October 2011
- (b) Working together on training modules for clinical social work for Malaysian social workers and translation of key textbooks
- (c) Developing understandings of the regulation of social work especially through learning about the Malaysian Social Work Act
- (d) A data base of placement possibilities for students and self funded social work practitioners has begun
- (e) Other social work groups were connected. In Kuching, for example, the retired social workers group has expressed an interest to 'twin' with the NSW branch retired social workers group, and
- (f) There are Memorandums of Understanding (MOU) between the AASW and other organisations being negotiated.

## Results

The project enabled rich discussions between Malaysian and Australian social workers in the two countries. Relationships

have been made that will further develop understanding and exchanges.

Common issues have been identified - for example social work roles in disaster management and the training needs for this across the two countries.

Collaborations were well facilitated and show great potential for the future.

The project broadened awareness in both Australia and Malaysia of each other's culture, values and traditions through increased social worker to social worker contacts. Strong professional working relationships have been established.

These will provide a solid foundation for further development of culturally competent social work practice for professional social workers in Australia and Malaysia.

## How was the project promoted?

The visits were publicised in AASW networks, e-bulletins and publications and at IFSW (International Federation of Social Workers) forums in November 2009 in Auckland New Zealand and in June 2010 at the International Social Work and Social Development conference in Hong Kong. 3000 participants came from more than 110 countries to this conference.

*Please contact the Project leader, Naomi Spencer, if you would like further information by email at [naomi@shoal.net.au](mailto:naomi@shoal.net.au)*

# Visit by Indian Professor to Kingston University School of Social Work

In late 2010 the British Council provided assistance for ten students from Kingston University to visit India for a 20-day practice placement, funded by the UK's General Social Care Council and from a British Council programme known as the Prime Minister's Initiative for International Education that aims to raise students' understanding of other cultures. The organisers paired Kingston University with the University of Mysore and social work was identified as an area in which students from both countries would benefit from learning.



Following the successful inauguration of this placement a return visit was made by their Indian Professor to the UK. Professor Sidde Gowda from the University of Mysore, in an interview with the editor of this newsletter, explained that he has particular interests in displacement due to disaster and tribal conflicts in the Indian sub-continent. Further issues concerning family and child welfare due to the breakdown of families in cities such as Bangalore, Mumbai and Chennai, the empowerment of tribal people and problems faced by the girl-child are issue of major concern to him. He explained that students and faculty

staff are actively involved in many different areas concerning social marketing, income generation, and the creation of awareness regarding the need for poverty reduction.

The Indian Association of Trained Social Workers (IATSW) and Indian Association of Schools of Social Work represent social workers in India; both are affiliated to IASSW and IFSW respectively. There are more than 400 schools of social work and approximately 20,000 professional social workers working in the sub-continent.

An account by Kingston University social work student Kate Ofman:

As a part of my social work training I

spent 4 weeks in Mysore, South India. The placement was partially funded by the British Council. During the first four days, I and my nine colleagues participated in conference, seminars and lectures organised by Mysore University and other colleges in Mysore town.

Later on we were shown four different organisations that we could choose from to complete our placement. I and my three colleagues chose Odanadi Seva Trust, which is a pioneering voluntary organisation in South India working for the rescue, rehabilitation and reintegration of trafficked women and children. Odanadi works also with victims of domestic violence, child labour and forced marriages. The organisation runs therapeutic sessions including counselling, art therapy, music therapy, and yoga. Odanadi provides informal education and supports clients in commencing mainstream education up to masters university level. The founders also support clients in finding work and establishing their own businesses. The founders organize and undertake rescue operations, raise awareness campaigns, and arrange marriages of their clients with suitable candidates.

I and my colleagues were given many opportunities to learn about the differences in the lifestyles of people from different settings. We had a chance of seeing day-time routines in both the tribe and the village as we stayed overnight in both venues. We learnt about the ways that traffickers recruit their victims. We listened to one of the victim's stories and the involvement that Odanadi had in this case.

We also had access to victims' files where we could explore how comprehensive the work of the organisation is that we were working in. We met with clients and had the chance to get to know them and their day routine better. We were welcomed to participate in and discuss a family counselling and a couple counselling (where domestic violence was an issue).

We also had discussions about the religion and cast system that impacts on people's life in South India.

This placement helped me to understand different issues that people from different backgrounds may have and what obstacles they face in everyday life. This may have an impact of understanding and response to different situations.

READ MORE about the Kingston project: <http://www.kingston.ac.uk/pressoffice/news/160/20-01-2011-indian-exchange-inspires-social-work-students.html>. Professor Sidde Gowda can be contacted at email: [ysgowda@yahoo.com](mailto:ysgowda@yahoo.com)

# Social Work in Malaysia



Teoh Ai Hua, president of the Malaysian Association of Social Workers

**Lack of academic courses in social work is one of the reasons the social work field has not progressed as well as in other countries,' says Teoh Ai Hua, president of the Malaysian Association of Social Workers.**

The Social Workers Act is among half a dozen measures to lift the standard and status of social workers.

Teoh Ai Hua says that internationally, a social worker is understood to be someone with a degree in social work (or a master's degree, in some countries) who have learnt about issues like social work intervention, human behaviour and the psychosocial system.

Teoh says that many countries require social work graduates to be registered or licensed before they can practise.

A member of the association has to have a bachelor's degree or master's in social work or more than five years' experience in direct practice in the field and be employed in social work full-time. Currently, the association has about 200 members.

"Lack of academic courses in social work is one of the reasons the social work field has not progressed as well as in other countries," says Teoh.

"In general, social work is not a profes-

sion that is really understood by Malaysians. People think it is the same as voluntary and charity work, without looking at the requirements for training and supervision," he adds.

## The way forward

Teoh says that the proposed National Social Work Competency Standards will be important to assess the ability of social workers in carrying out their work, in terms of assessment, planning, intervention or case management. "When dealing with different target groups, social workers need different sets of skills."

Teoh says a Social Worker's Act is crucial to get social workers in Malaysia to be on par with those in developed countries.

"Through the Act, we hope to put in place structures that can safeguard the quality of social workers in the country. These structures include social work education, regulation (of social workers), supervision and appointment matters.

"With the Act, hopefully there will be a specific body to regulate social workers. Establishing a Social Work Council is one way we can look at registration and professionalism issues," he says.

READ MORE about a case study of Amy Bala's voluntary work in Malaysia and more detail of social work in Malaysia by clicking: <http://thestar.com.my/lifestyle/story.asp?file=/2010/9/13/lifefocus/6840225&sec=lifefocus>  
Acknowledgement to: WONG LI ZA "Boost for social workers", 13/7/10 [wongliza@thestar.com.my](mailto:wongliza@thestar.com.my)



# About the Australian College of Social Work

## The Australian College of Social Work Implementation Reference Group met in Melbourne at a face to face meeting on Thursday and Friday 3 and 4 March.

Annie Crowe, NSW Branch President attended and represented Branch interests. Also in attendance were senior AASW staff members to advise and provide support. A substantial series of briefing papers were provided around many issues including, the "grandfathering" of Accredited Mental Health Social Workers, membership categories, marketing etc. The aim is to launch the College on 1 July 2011.

There were good collaborative discussions which will form the content of recommendations to the Board at both their March and April meetings. Also, a very tight timeline was developed to progress the College. Staff at National Office are proceeding with preparing material for Board consideration and are aiming to implement many processes which can be put in place at the time of writing. This is an exciting initiative and will help to establish the social work profession's quality foundations for the future.

I am pleased to be a part of the process and anticipate extensive interest from our members and stakeholders in the development of the College and its Divisions in the future.

— **Stephen Brand**

Executive Officer to the Australian College of Social Work.



# The Pathways Debate

## The case FOR

As many members are no doubt aware, the Pathways proposal focuses on establishing a tiered membership that recognises, promotes and rewards all social work members attaining higher levels of expertise and qualifications. It would mean:

- BSW or an AASW recognised equivalent would be required for full AASW membership status
- Tertiary and vocationally trained human service workers would be eligible to become associate members of the AASW
- Industry protection of the role and profession of Social Work as articulated in the AASW Code of Ethics and AASW Education and Accreditation standards
- Governance structures to retain the professional and ethical standards required for any level of membership of the AASW
- Clear linkages to already endorsed changes such as the College of Australian Social Work and CPE

### What are the Benefits?

The proposal increases the viability, influence and sustainability of the AASW and thereby furthers its capacity to realise its core objectives. It would provide a vehicle for a range of other human service workers in the health and community services sectors to gain access to these through membership of the AASW. There would be increased accountability of the human service workforce to the Australian community because a wider cross section would be adhering to the requirements of the Code of Ethics of the AASW and educational institutions would have increased accreditation requirements. There would be a stronger collective voice to government which would help shape future services and policy.

Pat Hansen has been a strong opponent of pathways, I will therefore focus my comments on what I understand to be Pat's chief concerns:

### Pathways is a backdoor method of introducing a 3 year BSW.

This is completely untrue. Such an initiative could only come from the Universities Heads of Schools of Social Work. None of them have indicated such a plan.

Members may be interested to know that many University Social Work Departments also have a hand in the administering and teaching of 3 year human service degrees. The demand for these degrees has increased exponentially. By way of comparison, in the year 2000 there were 5,809 students enrolled in social work programs, while there were 4, 816 enrolled in welfare

degree programs. In 2009 social work enrolments had increased modestly to 6,797, while the welfare degree programs had far surpassed social work, more than doubling to 10,671. The Pathways proposal clearly targets this cohort for associate membership.

### There is not enough information about (or justification for) the proposal

This is a criticism we need to take on board. AASW directors have been privy to a lot of data over the years and this raises serious cause for concern. We need to collate this in to one discussion paper that is academically robust, so that all members are up to date with the same information. There should be a referendum on this issue

The task of the Board is to lead from the front, not from behind. If directors get too far ahead of themselves they will be voted out of office. More than half the Board, including the position National President is due for election later in the year. Nothing will be decided on Pathways before that date.

### We will lose our privileged position in the health sector

As a senior manager of many years in the Health sector, I beg to differ.

There are enormous efficiency pressures on health systems across Australia, due to burgeoning demand and a shrinking workforce. This will mean a continuing shortage of social workers in some areas. It does not mean however, that shortages can be addressed by recruiting what some people have termed "paraprofessionals". In reality, if a social worker recruit cannot be found, the same solutions that exist now will continue to apply. These are- the work will not get done at all (to the detriment of the public), or the work will be done by occupational therapists, psychologists, nurses or the expanding profession of graduate counsellors. These other professions have particular applicability to primary health care and mental health. (The taxpayer and the CEO, all rightly demand that all other things being equal, the person who gets paid the least should fill the job.)

Paradoxically, many social work managers in mental health, sexual assault, and primary health care are put in the position of hiring psychologists (a more expensive option) because there are no suitable social work applicants for these roles.

There is very limited scope to employ "paraprofessionals" in these roles. (see my

post on the AASW Pathways web forum of Feb 16th for an example of how this can sometimes sensibly happen.)

More importantly the issue relates to the next generation of social workers and managers who will make the judgement call over what skill sets and qualifications are required for particular roles. We have a professional obligation to our clients not to dilute requirements. If the job requires skill and knowledge that only a social worker can deliver- then a social worker it will be. I would not hire an associate member, for a role that only a social worker could fill, nor would I succumb to external pressure to do this.

One of the strengths of the health system is the acknowledgement of the importance of clinical governance and risk management. ENs and interns have specific roles and are not asked to the work of nurses or registrars.

### NSW Branch members are strongly opposed to Pathways

The NSW Branch consultation is yet to happen (please come along when a date is announced!) At the Branch AGM, the members were given a straw poll in which they were asked if they agreed with the proposition- "that the AASW should allow non social workers to be associate members".

In my view the pathways proposal hinges on a series of questions- and the question put at that Branch AGM should be the final one in the series. My own straw poll would look like this.

#### 1. Do you believe that all human service workers with basic social welfare training should have;

- the time and space for continuing professional education and supervision
- A code of ethics respected and honoured by their employer
- Manageable caseloads
- A job description carefully matched to their training, skills and knowledge

#### 2. Do you believe that all clients of the above workers should be protected by state regulated registration of those workers?

#### 3. Do you believe that the AASW should take the lead role in achieving all of the above?

#### 4. If you believe that this is not a task for the AASW, how feasibly might this task be achieved otherwise?

**Vittorio Cintio**

National Vice- President

# The case AGAINST

## The facts about this proposal

The proposal is about allowing non social workers to become voting members of AASW.

The rationale for this proposal seems to be that the social work profession is in crisis and that we must have more members and that we must become a peak body for the human services sector.

The evidence put forward is the Human Services Workforce Report by Karen Healy and Bob Lonne published in 2010.

Allowing non social workers to become members of AASW is not a new idea. Bob Lonne has been proposing this course of action for many years.

## Implications for social workers

If AASW allows non social workers to join AASW as voting members, and if the planned increase in membership is a result of this change, then social workers will be outnumbered in the association and will lose control of the operations of our professional social work association. It is likely that the interests of non social workers will dominate AASW.

Already in the community employers, consumers, clients and the general public have difficulty understanding our profession. We are not registered as most allied health professions are. Our profession is diverse and we are employed or occupied in various roles. What we have had in common is the AASW accreditation standards. These standards have helped the profession and employers set criteria for employing professional social workers in their organization. We as a group of professionals know the values and ways of working that are common to those who have completed studies accredited by AASW. This set of standards and the recognition of these standards will be lost if AASW allows non social workers to become members.

The aspiration to become more powerful and have higher numbers of members behind the AASW when it is time to lobby government is not in the interests of social workers. In effect by allowing non social workers into the association we lose our professional association that has provided an identity and

a sense of certainty about our role in the community. The centralised board of management may gain power but we will lose our professional identity as well as our association.

## A professional social work perspective

The major problem with the proposal to allow non social workers into AASW is that it seems to be aimed at increasing power rather than furthering the work of the social work profession.

**The Workforce Report** which is cited as the evidence for the need to increase members **does not provide that evidence.** Karen Healy, the first author of the report, states clearly that the report demonstrates how uncertain the data is about social workers as a workforce. The future of social work as a stand alone profession may not be as dire as predicted by the current AASW Board of Management. The evidence is certainly not clear enough to justify the destruction of AASW as the professional association for Australian social workers.

## A concern about the AASW constitution

In the course of discussions about this destructive proposal a number of people have expressed concern about the way AASW functions in its present form.

There is centralisation of power and this is shown by the fact that the AASW can make changes to membership criteria without seeking a vote from members. This is not acceptable for social workers who espouse democratic values. While AASW may need to be a company to function in today's world we do not need to aspire to be a big corporation and we do not have to conduct our affairs with an imitation of big business tactics.

**In my personal view, in this most important decision about membership, it is essential for the AASW Board to act in accordance with the spirit of the AASW Code of Ethics and to put this decision to the members in a national vote.**

## Action is needed

Those who want to preserve a profes-

sional association for social workers have to work now to preserve the AASW which belongs to social workers and not to human service workers.

A group of social workers for professional standards has been formed and a number of senior social workers, experienced social workers and new graduates have expressed concern about the idea of changing the membership criteria for AASW. Others of you who read this please contact me.

*Social Workers for Professional Standards* intend to voice our objections to pathways at any consultation events and to mount a new group of candidates for the next AASW Board of Management election.

We want to:

- keep our association for professional social workers;
- work to further the interests of professional social workers;
- increase participation of members and branches in the affairs of AASW; and
- encourage social workers to rejoin AASW.

We do not want power for its own sake and we do not accept responsibility for the work of other occupational groups. We urge those who wish to become part of a human services peak body to set up their own organisation.

A committed social work professional has sent this message to fellow social workers.

Even in the event of busy schedules, commitment fatigue and diminishing passion, I hope you will reflect on key values and beliefs. I encourage you to insist on transparency and accountability (from the board) and hope you will continue to question motives. As I ask you to remember Paul Kelly's song "From Little Things, Big Things Grow", please do not underestimate your contribution in our active attempt to cover all possibilities.

I think this is a call for all of us to watch what is happening with our association and to do what we can to protect AASW.

**Pat Hansen**

AASW member

# EFFECTIVE WAYS OF ENGAGING MEN

## HEALTH PROMOTION TRAINING PROGRAM

Presented by Greg Millan, Men's Health Consultant

DATE:	FRIDAY, 20 MAY, 2011.
TIME:	9.30 A.M. TO 4.30 P.M.
VENUE:	AASW NSW BRANCH (NEW PREMISES) - 87 REGENT ST, CHIPPENDALE 2008
COST:	EARLY BIRDS - AASW MEMBERS: \$110.00 (INCL. GST) / NON-MEMBERS: \$149.00 (INCL. GST) ORDINARY RATES - MEMBERS: \$149.00; NON-MEMBERS: \$190.00
CPE POINTS:	THIS COURSE ATTRACTS 12 AASW CPE ACCREDITATION POINTS

This training program focuses on how we can more effectively communicate health and wellbeing messages to men and what organisations need to know to make their services, programs and resources more men friendly to achieve the best possible outcomes for men and boys. This workshop program is for men and women who provide health, welfare, wellbeing or community services for men and boys. You will learn through input and interactive groupwork:

- What the current national issues are for males and principles of best practice in men's health work.
- What you need to know about the new National Male Health Policy.
- Introduction to the H.E.A.L.T.H. Model for engaging men and how to use this to increase your skills in men's health work.

- About current successful men's health promotion strategies and resources.
- How to develop your own effective men-friendly programs and resources for your organisation or service.

**GREG MILLAN** is a social work trained health educator and trainer with over 18 years experience in the men's health promotion area developing and implementing many workshop programs, community events and resources covering a wide range of male health and wellbeing issues. He has worked for government, non-government organisations and the private sector. He produces *emale Australia's largest circulation free national monthly men's health and wellbeing ebulletin* and is the author of *Men's health & wellbeing: an a-z guide*.

**CLOSING DATE FOR APPLICATIONS: Friday, 6 May 2011.**

**Early birds: Friday 22 April, 2011**

**Enquiries: AASW NSW Branch, tel. 02 9518 4944, fax. 02 9552 3005, email [info@aswsw.com.au](mailto:info@aswsw.com.au)**

**PLEASE NOTE: 1. Full Payment by closing date is required to secure a place.  
2. Cancellations after the closing date and non-attendance are not eligible for refund.**

### Registration Form and Tax Invoice

#### Effective Ways of Engaging Men

AASW ABN 93 008 576 010 • Friday, 20 May 2011.

For credit card payments or direct deposit please call the AASW NSW Branch Office

#### **EARLY BIRD REGISTRATION COST: (All prices include GST)**

C/MO/DD: **Members: \$110.00, Non-members: \$149.00.**

CC: **Members: \$113.00, Non-members: \$155.00**

#### **REGULAR REGISTRATION COST:**

C/MO/DD: **Members: \$149.00, Non-members: \$190.00.**

CC: **Members: \$155, Non-members: \$196.00**

C/MO/DD: Cheque/Money Order/Direct Deposit • CC: Credit Card

NAME \_\_\_\_\_ MEMBER NO. \_\_\_\_\_

WORKPLACE \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ MOBILE \_\_\_\_\_ EMAIL \_\_\_\_\_

Please send registration form and cheque payable to AASW NSW Branch, PO Box 838, Glebe NSW 2037.

Leah is a Sydney based doctoral-level clinical psychologist with 17 years of clinical and teaching expertise in CBT and traumatology

# Treating PTSD

## 2011 trauma education

presented by  
Dr Leah Giarratano



28 AASW CPE points approved.  
Sydney CBD, 12-13 May

Limited positions.  
Melbourne CBD, 26-27 May

Register early or reserve your place today.  
Brisbane CBD, 2-3 June

Perth CBD, 9-10 June

Adelaide CBD, 16-17 June

For more details about this workshop and books by Leah Giarratano refer to [www.talominbooks.com](http://www.talominbooks.com)

### Clinical skills for treating posttraumatic stress disorder

This two-day (9am-5.00pm) program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. Techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. The program includes handouts and numerous case examples. The emphasis is upon imparting practical skills and up-to-date research in this area. This program is suitable for all mental health professionals.

#### Day one topics include:

- Treatment maps and planning strategies
- Psychoeducation and motivation tips
- Analysing and targeting dysfunctional behaviours (e.g., substance abuse, self-harm)
- Arousal reduction strategies (including breathing retraining, grounding and distraction tasks)
- An introduction to anger management

#### Day Two topics include:

- In vivo exposure therapy (reducing avoidance behaviours)
- The fundamentals of exposure therapy for traumatic memories (prolonged imaginal exposure)
- Cognitive challenging of negative self-statements related to the traumatic event
- Contraindications and complex case issues

### What past participants have said about this program

*"Fantastic workshop. The program was well structured. Leah provided a thorough understanding of the material and this was supported by research and case studies"*

*"Leah- without a doubt this has been one of the most relevant and useful PD activities I have done. Thank you for sharing your expertise, knowledge base and practise material. I will be recommending this course and resources to my colleagues"*

*"This was an outstanding workshop! The blend of clinical experience, with research knowledge was fantastic. Very practical – will draw on these concepts/tools often and highly recommend this workshop to others"*

### Program Fee

- + Single: **\$660 Early Bird** (when you pay up to 3 months prior to the workshop date) or **\$720 Normal Fee**
- + Pairs: **\$1200 Early Bird** or **\$1320 Normal Fee** when two people register and pay together by fax or mail

Program Fee includes GST, program materials, lunches, morning and afternoon teas on both workshop days

Please direct your enquiries to Joshua George on (02) 9823 3374. Email: [mail@talominbooks.com](mailto:mail@talominbooks.com)

Treating PTSD Registration Form	
Sydney 12-13 May; Melbourne 26-27 May; Brisbane 2-3 June; Perth 9-10 June; Adelaide 16-17 June Please circle the workshop you wish to attend above and return this page with your payment	
Name:	
Address:	
Phone:	Email (*essential*):
Special dietary requirements:	
Method of payment (circle one)	<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Cheque <input type="checkbox"/> Please reserve my place & I'll pay during Early Bird period
Name of cardholder: (if using a credit card)	
Card Number:	Expiry Date:
Signature of card holder: (if using a credit card)	Debit amount: \$
<p style="text-align: center;">Cheques are to be made payable to Talomin Books Pty Ltd and mailed to PO Box 877, Mascot NSW 1460            If payment is made with a credit card (or if you are reserving a place), simply complete the information above and fax this page to (02) 8786 1361.            A receipt will be emailed to you upon processing. Note: Attendee withdrawals more than one month in advance attract a processing fee of \$44. No withdrawals are permitted in the month prior to the workshop; however positions are transferable to anyone you nominate.</p>	

# COGNITIVE THERAPY: FUNDAMENTAL PRINCIPLES AND CLINICAL SKILLS

## TWO-DAY COURSE Presented by Greg Sorrell

DATE:	THURSDAY, 30 JUNE 2011 AND FRIDAY, 1 JULY 2011
TIME:	9.30 A.M. TO 4.30 P.M.
VENUE:	OUR AASW BRANCH OFFICE: 87 REGENT STREET, CHIPPENDALE (5 MINUTE WALK TO CENTRAL STATION)
COST:	EARLY BIRD RATES — AASW MEMBERS: \$220.00 (CASH) ORDINARY RATES- MEMBERS: \$298.00 (CASH). FURTHER COST DETAILS BELOW.
CPE POINTS:	THIS COURSE ATTRACTS 24 AASW CPE ACCREDITATION POINTS

The Cognitive Therapy (CT) model developed by Aaron T. Beck and supplemented by the work of Albert Ellis (REBT), Donald Meichenbaum, Christine Padesky, Art Freeman, Martin Seligman and others provides a clear, systematic and well-tested basis for working with clients who experience one or more of a wide range of clinical disorders. CT is a versatile skill-building model with a solid reputation for relapse prevention and client empowerment. This workshop will provide comprehensive coverage of the Cognitive Therapy model, its principles and clinical relevance. Further, it will also offer participants the opportunity to explore:

- Tasks in the practice of CT
- The main theoretical constructs
- A significant number of key techniques commonly used in CT.

This workshop will include a review of training DVDs and audios, practice skills, clinical applications and case studies, substantial notes and references.

**GREG SORRELL B.A., M.A., M.Psych** is a clinical psychologist with over thirty years' experience. Initially, Greg worked with the Department of Youth and Community Services, followed by fourteen years with the Cumberland Hospital drug and alcohol unit. While working in that unit, he developed a cognitive restructuring course (the precursor of his Cognitive Therapy training) for patients and for staff training. During the last ten years, Greg has been conducting Cognitive Therapy training for individual mental health workers on behalf of government and private organisations. His main professional interest is the application of Cognitive Therapy principles to a range of clinical areas, and keeping up to date with the latest developments in Cognitive Therapy.

**CLOSING DATE FOR APPLICATIONS: Early Bird: Friday, 10 June 2011.  
Regular: Friday 17 June, 2011**

**Enquiries: AASW NSW Branch, tel. 02 9518 4944, fax. 02 9552 3005, email [info@aswsw.com.au](mailto:info@aswsw.com.au)**

**PLEASE NOTE: 1. Full Payment by closing date is required to secure a place.  
2. Cancellations after the closing date and non-attendance are not eligible for refund.**

## Registration Form and Tax Invoice

### Cognitive Therapy — Fundamental Principles and Clinical Skills

AASW ABN 93 008 576 010 • Thursday, 30 June & Friday, 1 July 2011

For credit card and EFT payments please call the AASW NSW Branch Office.

**PLEASE CONFIRM YOU HAVE A SECURE PLACE BEFORE PAYMENT IS MADE**

#### EARLY BIRD REGISTRATION COST: (All prices include GST)

C/MO/DD: **Members: \$220.00, Non-members: \$298.00.**  
CC: **Members: \$227.00, Non-members: \$307.00**

#### REGULAR REGISTRATION COST:

C/MO/DD: **Members: \$298.00, Non-members: \$380.00.**  
CC: **Members: \$307, Non-members: \$389.00**

C/MO/DD: Cheque/Money Order/Direct Deposit • CC: Credit Card

NAME \_\_\_\_\_ MEMBER NO. \_\_\_\_\_

WORKPLACE \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ MOBILE \_\_\_\_\_ EMAIL \_\_\_\_\_

Please send registration form and cheque payable to AASW NSW Branch, PO Box 838, Glebe NSW 2037.

# WORKING WITH CHILDREN OF PARENTS WITH A MENTAL ILLNESS

## ONE DAY WORKSHOP

Presented by **Moira McGuire BSW MA (AEd) Cert 1V TAA/TAE**

DATE:	FRIDAY, 12 AUGUST 2011.
TIME:	9.30 A.M. TO 4.30 P.M.
VENUE:	AASW NSW BRANCH (NEW PREMISES) - 87 REGENT ST, CHIPPENDALE 2008
COST:	EARLY BIRD RATES – AASW MEMBERS: \$110.00/ NON-MEMBERS: \$149.00 (CASH/CHEQUE/ DIRECT DEBIT) ORDINARY RATES – MEMBERS \$149.00/ NON-MEMBERS: \$190.00 (CASH/CHEQUE/ DIRECT DEBIT)
CPE POINTS:	THIS COURSE ATTRACTS 12 AASW CPE ACCREDITATION POINTS

This workshop will provide practical skills at working with children who have a parent with a mental illness. The workshop is targeting social workers who are new to working with this client group. Prior knowledge of adult mental illness is desirable.

The workshop is broken up into a series of modules which will look at the following:

- The industry base-Terminologies/ key services websites/ policies
- The impact of mental illness on parenting function & the parent child relationship
- The impact of parental mental illness on children-
- Casework issues- engaging the parent/ undertaking holistic family assessments.
- Engaging with the child/ Undertaking psycho-education with the child/ developing sustainable caseplans to support the child.

The workshop will also address the impact on practitioners working with challenging families and using self care strategies. The day has been designed around active participation and there are a number of learning activities, including the distribution of comprehensive notes.

*MOIRA MCGUIRE* has worked as a social worker for over 17 years in NSW Health Child and Family teams across three Sydney health areas. She specialised in play therapy with complex child and family cases and subsequently moved to SESIAHS adult mental health. She worked for another 7 years in a specialist position working with children of parents who had a mental illness. This position included providing consultations to adult mental health staff on assessment and care planning for the children of their adult patients. Moira has also conducted extensive workforce training, both within health and other community service sectors on working with children of mentally ill parents. This also included presentations at several conferences. Moira is currently employed by NSW TAFE and is in private practice

**CLOSING DATE FOR APPLICATIONS: Early Bird – Friday, 15 July 2011  
Regular – Friday, 29 July 2011.**

**Enquiries: AASW NSW Branch, tel. 02 9518 4944, fax. 02 9552 3005, email [info@aswnsw.com.au](mailto:info@aswnsw.com.au)**

- PLEASE NOTE: 1. Full payment by closing date is required to secure a place.  
2. Cancellations after the closing date and non-attendance are not eligible for refund.

## Registration Form and Tax Invoice

### Working with children of parents with mental illness

AASW ABN 93 008 576 010 • Friday, 12 August 2011

For credit card payments or EFT payments call the AASW NSW Branch Office.

#### EARLY BIRD REGISTRATION COST: (All prices include GST)

C/MO/DD: **Members: \$110.00, Non-members: \$149.00.**  
CC: **Members: \$113.00, Non-members: \$155.00**

#### REGULAR REGISTRATION COST:

C/MO/DD: **Members: \$149.00, Non-members: \$190.00.**  
CC: **Members: \$155, Non-members: \$196.00**

C/MO/DD: Cheque/Money Order/Direct Deposit • CC: Credit Card

NAME	MEMBER NO.	
WORKPLACE		
ADDRESS		
PHONE	MOBILE	EMAIL

Please send registration form and cheque payable to AASW NSW Branch, PO Box 838, Glebe NSW 2037.

# News from the Universities

## UNIVERSITY OF NEW SOUTH WALES (UNSW)

### INTERNATIONAL SOCIAL WORK DAY at UNSW

DATE: Tuesday March 15th

TIME: 4pm

LECTURE: by Professor Richard Hugman

TOPIC: 'Contemporary challenges for social work-ethical considerations'

(followed by drinks and nibbles)

VENUE: Uni of NSW ( room TBA)

RSVP and for further information please contact Karen Heycox Phone: 93851964/ Email: k.heycox@unsw.edu.au

### UNIVERSITY RANKINGS:

Social Work at UNSW received a ranking of '4' in the recent ERA review of research in Australian universities, placing us in the highest group for the discipline (with four other universities). Colleagues in Social Work also contributed to the same high ranking for UNSW in 'Policy & Administration' and 'Criminology'.

### GRANTS/AWARDS:

The Centre for Refugee Research (UNSW) won a research contract from the Department of Immigration and Citizenship/Displaced Persons Program for a research project entitled "Beyond resettlement to sustainable solutions: Improving the protection of refugee women and girls at risk and other vulnerable groups – Trialling community involvement in the expanded use of the UNHCR Heightened Risk Assessment Tool" (\$319,260)

### RECENT (Dec 2010) Phd Graduates:

Juanita Marion Sherwood, PhD Social Work Thesis: Do no harm: Decolonising

Aboriginal health research

Joint Supervisors: Eileen Baldry & Michael Wearing.

Phillip Snoyman, PhD Social Work

Thesis: Staff in the NSW criminal justice system understanding of people with and without disability who offend

Joint Supervisors: Eileen Baldry & Ralph Hall

### BOOKS

'Studying for Social Work' by Eileen Baldry, Mark Hughes, Linda Burnett and Ian Collinson . The publisher is SAGE. To be published January 2011  
[www.uk.sagepub.com/books/Book233238#t](http://www.uk.sagepub.com/books/Book233238#t)

abview=title

This essential guide to study skills takes social work students through every step of their degree journey, providing them with the academic tools they will need to thrive along the way. Inventively informed by the insights and reflections of qualifying students, the book offers effective guidance that is grounded in real experience of the social work degree. It is particularly suited to those in their early years of study and supports students as 'social workers in the making'. The book covers a comprehensive range of the core study skills, including: Time management; Literature searches; Engaging with research; Responding to new styles of social work learning and teaching; Critical thinking; Academic writing; and Presentations.

With reflective questions, handy practical tips and links to helpful websites, this accessible handbook is the perfect study companion for every student on the path to professional qualification.

Karen Heycox along with former UNSW colleague, Assoc Prof. Mark Hughes ( now at Southern Cross University) have published their book, Hughes, M. and Heycox, K. (2010) '**Older People, Ageing and Social Work-Knowledge for Practice,**' Allen and Unwin, Crows Nest, in March.

Mark Lymbery Assoc Professor Uni of Nottingham U.K. writes in the foreword that this book is ' essential reading for practitioners, educators and researchers within the general field of social work with older people'. Much has been written in Australia on social policy and older people, and also some social work practice perspectives are given through journal articles and book chapters within practice texts. However this appears to be the first time a whole book has been dedicated to social work in this increasingly significant area of local practice. It takes a reflective approach to social work with older people and its relevance in this complex and interesting area of social work practice. Importantly it also highlights the diversity and strengths of the older population.

### COURSES

#### 2011 COURSE ANNOUNCEMENT Certificate of Supervision in Field Education in Social Work UNSW

The Social Work Program at The University of New South Wales, will be offering a

course in student supervision in field education leading to the Certificate of Supervision in Field Education in Social Work. This course provides new and experienced instructors with knowledge, skills and the means for increasing self awareness in teaching/learning situations; highlights typical problem situations encountered in student supervision; addresses performance evaluation; theory and practice integration, and explores ethical and legal issues in field education. It also examines theoretical frames of reference for teaching and learning, including models of supervision, and addresses common needs and anxieties of field teachers and students.

DATES: March –June 2011

DURATION OF COURSE: 3 hours per week for 12 weeks

VENUE: The University of New South Wales. Please contact us if you would like to receive more information or a registration brochure.

ENQUIRIES: Mary Despinis  
Phone (02) 93851881 or  
Email: socialwork@unsw.edu.au

A/Prof Elizabeth Fernandez  
Phone: (02) 9385 1865 or  
Email: e.fernandez@unsw.edu.au

#### New Course offered at UNSW: Professional Practice Supervision (PPS)

A PPS course which constitutes 6 Units of Credit, is being developed for fieldwork educators and clinical educators who supervise students who educate UNSW students in the Programs of Medicine, Exercise Physiology, Social work and Optometry. The 2 modules (Learning & Teaching; Assessment & Feedback) consist of a blend of online and face-to-face activities designed to explore participants' experience and issues of interest, combined with an analysis of theories and approaches to professional placement education. The aim is to assist educators to understand and manage the complexity of issues involved in supervision in the professional setting. The second round of piloting of the course took place in July with Exercise Physiology & Social Work educators and Medicine & Optometry educators meeting on campus for the workshops. More information about when the course will be offered later this year and in 2011 will be issued shortly. For any further information please contact Keri Moore: kerimoore@unsw.edu.au ext 56188

**YOU ARE INVITED TO PARTICIPATE IN THE PILOT OF A NEW POSTGRADUATE PROFESSIONAL PLACEMENT EDUCATION COURSE**, which will be run by UNSW's Learning and Teaching unit throughout 2011. It offers flexible learning and attracts CPD credits from the AASW.

The course aims to support health practitioner educators' professional development by introducing a range of key theories and principles in learning and teaching in the professional placement setting, which will enable you to develop your teaching practice in a reflective and scholarly way.

For information see <http://learningandteaching.unsw.edu.au/content/LT/capacity/professionalplacementsupervision.cfm?ss=0> or contact Keri Moore: 9385 6188 or kerimoore@unsw.edu.au

## UNIVERSITY OF WESTERN SYDNEY

### The Margaret Whitlam Chair of Social Work at the University of Western Sydney

In 1948 Margaret Elaine Whitlam (nee Dovey) qualified as a Social Worker from the University of Sydney. She was employed as the sole social worker at Parramatta District Hospital from 1964 to 1967. When The Honourable Gough Whitlam AC QC became Leader of the Australian Labor Party, her political work increased and she left her position as a social worker to work alongside and support her husband. Mrs Whitlam continues to remain true to the values of social work: that it is a profession which works with individuals and groups to eliminate disadvantage associated with social arrangements. It is firmly based in principles of Social Justice and Human Rights. Evidence of Mrs Whitlam's commitment to these values can be seen in her ongoing community involvement, writing and public appearances. The energy and commitment she has demonstrated throughout her career to work for social justice illuminates a path for social work today. In recognition of this UWS established the Margaret Whitlam Chair in Social Work.

The inaugural Margaret Whitlam Chair in Social Work at UWS has just been appointed and we are pleased to announce it is Natalie Bolzan, the Professor of Social Work at UWS. Natalie is the leader of the Social Work Program at UWS and a core and founding member of the Social Justice Social Change Research Centre. Natalie has also been a long term member of the Women In Welfare Education collective significant in its commitment to encouraging the dissemination of writing about work in the welfare education sectors by women and about women's experiences. Natalie's work has had a focus on marginality and challenging understandings of exclusion. She brings to the Chair a wealth of experience in innovative research methodologies for working with disadvantaged and minority groups and a strong commitment to the profession of social work and its value base. We all wish to congratulate Professor Bolzan and look forward to seeing her work continue to flourish!

\*\*\*\*\*

A successful Field Educators workshop was held in January to assist new and returning Field Educators to meet the staff of the UWS Field Education unit and take part in a morning of being introduced to the resources available within the University. Field Educators from across the human services sector were given the latest recommended readings, a briefing about

the academic content already covered by the student's course, an understanding of the expectations of the university as well as that of the students. The workshop concluded with participants clear about the level of support and appreciation available for Field Educators offering to guide the learning experience of the next generation of Social Workers. The next UWS Field Educators Workshop will be held in June 2011. All welcome to attend, simply email: [soss\\_field@uws.edu.au](mailto:soss_field@uws.edu.au) to be included in the pre-workshop advice.

\*\*\*\*\*

Eighty UWS Bachelor of Social Work 3rd year students are currently placed across the Sydney area. With more than 80 Field Educators - and their co-workers - supporting these students there is, in that snapshot alone, evidence of the substantial commitment by human service organisations across Sydney to educating of the future workforce!

If you are interested in discussing potential projects and learning opportunities that you think may fit with social work students learning about effective ways of working in this complex field, please contact: Justine O'Sullivan Social Work Clinical Coordinator @ UWS: [j.osullivan@uws.edu.au](mailto:j.osullivan@uws.edu.au). Tel.97726616.

\*\*\*\*\*

Social Work@UWS, among other universities, has taken part in several initiatives to map and plan towards having high quality, critically reflective, resourceful and flexible graduates "workforce-ready". The production of an ALTC funded on-line supervisors training module with the scope to be offered within a professional development workshop, small team peer training or private study. This collaborative project team was headed by CSU with representation in some form by Social Work programs from every state of Australia. Social Work @UWS - and several other universities from rural, regional and city areas - have recently been advised by Health Workforce Australia of successful bids to develop and put in place strategies to meet a demand for an increase in the number of student training places offered within health services. Consultation with Field Educators in that sector is "Step #1": Watch this space!!!

\*\*\*\*\*

Current Social work @ UWS research projects.

Academic Researchers/Lecturers from UWS Social Work, Professor Natalie Bolzan and Dr Fran Gale are part of a successful funding bid for a Cooperative Research Centre on Young People, Technology and Wellbeing (CRC-YPTWB) which is lead by the 'Inspire Foundation' in collaboration with NGOs and community organisations, commercial and government partners and

will contribute to work on young people's engagement with technology to promote wellbeing and to address challenges of poor youth mental health. Their conviction is that technology can be a positive contributor to the lives of all young people. It can also help to bridge social and economic divides and creatively engage young people most at risk.

The Centre will develop tech-savvy tools to support the wellbeing of our young Australians. It will address the ways in which ICT can be used to benefit young people in general in the population. It will also consider differential effects on various segments of the youth population according to gender, age, geography and a range of other demographic and sub-cultural characteristics. For example, strategies and products that embed mental health promotion information or in online environments. For example, online single and multi-player games, social networking sites, issue or interest-based online communities (sport, music, social, environmental or special interest groups) and mobile digital media such as video and podcasting will be trialled and evaluated.

Natalie and Fran will be involved in Program 2, led by Dr Amanda Third, which will generate baseline data about how vulnerable young people integrate existing technologies into their everyday lives. Program themes will focus on developing and trialling: applications and tools to address vulnerable young people's specific needs; strategies for increasing community understanding and inter-generational dialogue around the needs of vulnerable young people; and, web 2.0 functionality to harness vulnerable young people's creativity and develop effective strategies for social inclusion. The CRC-YPTWB directly supports the Federal government's National Strategy for Young Australians, which aims to enable all young people to grow up safe, healthy, happy and resilient (COAG, 2009). If you would like more information on this research please email: [fw.gale@uws.edu.au](mailto:fw.gale@uws.edu.au) or [n.bolzan@uws.edu.au](mailto:n.bolzan@uws.edu.au)

Another exciting initiative is Dr Neil Hall's involvement with other Homelessness-experienced UWS research staff in the partnering with 4 Western Sydney Councils to explore vulnerabilities relating to homelessness in suburban/regional/urban fringe areas.

The homelessness focus is slightly different in each of the LGAs responding to the history and outcomes sought in each local government area: Blue Mountains, Penrith, Blacktown and Hawkesbury want something different! If you would like further information about this research please email: [n.hall@uws.edu.au](mailto:n.hall@uws.edu.au)

\*\*\*\*\*

...continued next page

# News from the Universities

Natalie Bolzan and Jan Falloon will be facilitating a Childwatch Asia Pacific Study Group 2011 meeting hosted by the Tata Institute of Social Sciences in Mumbai, India in February.

The thematic focus of the meeting is "Exploring child to child violence and its socio-cultural contexts in some countries in the Asia Pacific region through diverse research methods". This initiative reflects a key component of the work of Emeritus Professor Jan Mason, Professor Natalie Bolzan and Jan Falloon over many years. If you have any enquiries about the outcomes

of this Study Group please email Natalie: n.bolzan@uws.edu.au

## An Update!

The conjoint appointment of the Associate Fellow in Community Development with Housing NSW and UWS advertised late last year in SWFT is 'in progress'. When the appointment is confirmed, the position holder will offer social work supervised placements to students in the Mt Druitt Building Stronger Communities program. The students benefitting from this experience, over the next 3 years, will have developed a critical understanding and

capacity to work with communities and their members that actively supports the achievement of meaningful outcomes as defined by those communities.

I trust this report from Social Work @UWS has informed you of the broad range of interests and activities of several of the staff & this is in addition to their love of learning and teaching!

Thanks for your interest and support of student learning!

**Justine O'Sullivan**

Social Work Clinical Coordinator @ UWS:  
j.osullivan@uws.edu.au. Tel.97726616.

## THE UNIVERSITY OF SYDNEY

### FIELD EDUCATION NEWS:

#### Field Education Placements in 2011

We are currently completing the allocation process for fourth year social work students undertaking their second placement. Many thanks to all field educators who have provided great learning opportunities for these students and who continue to support our Field Education Program. Fourth year students will begin placements from 4th April 2011 to 5th August 2011.

Third year social work students who are now settling into the Social Work and Policy Studies Program will embark on their first placement on the 9th August 2010 with a completion date on the 18th November 2011. We will soon begin recruiting for placement offers for these students. If you think you might like to offer a placement for one of the third year students, or you'd like to discuss what this might entail, please contact Andrea Small on andrea.small@sydney.edu.au or (02)9351-6897.

#### Free Seminar for New Field Educators:

"Preparing to be a Field Educator" is a workshop presented for social work practitioners with an interest in social work student learning and field education. This workshop will build on your experiences as a learner and a practitioner and prepare you for the important task of becoming a field educator.

The next full day workshop will be held from 9.30am to 4pm on the 15th March 2011 at The University of Sydney Camperdown Campus.

To register contact Maria Bruzzese at: maria.bruzzese@sydney.edu.au or ring 9356 5074.

### STAFF PROMOTIONS AND NEW APPOINTMENTS:

Congratulations to Jude Irwin on her promotion to Professor of Social Work and Social Justice.

Congratulations to Fran Waugh on her promotion to Associate Professor.

Congratulations to Joanne Clarke on her appointment to Lecturer in the Social Work and Policy Studies Program

### PROFESSIONAL LEARNING OPPORTUNITIES IN 2009

#### Theatre by the Mad, Bad and Sad

Monday 28 March 2011 | 9.00am to 3.30pm

Content: Peter O'Connor has been making theatre in schools, psychiatric wards, youth prisons and in youth activity centres for young people expelled from schools for nearly thirty years. This practical workshop demonstrates ways of making theatre with young people who feel marginalised and excluded from the mainstream. In particular the workshop explores how to address sensitive and emotive issues through theatrical conventions.

This workshop will be of interest to teachers, youth workers, social workers, and others interested in using theatre as a way of making positive differences in the lives of young people.

Presenter: Associate Professor Peter O'Connor, Adjunct Associate Professor, Faculty of Education and Social Work, The University of Sydney, and Director, Applied Theatre Consultants Ltd, New Zealand.

Location: Faculty of Education and Social Work, The University of Sydney

Enquiries: Nina Goodwin, Project Coordinator: T: 02 9351 6329 | E: nina.goodwin@sydney.edu.au

### PROFESSIONAL PRACTICE SUPERVISION FOR PRACTITIONERS IN HUMAN, HEALTH, COMMUNITY AND SOCIAL SERVICES

**SESSION 1:** Fridays 1 & 8 April 2011 | 9.30am to 4.00pm

**SESSION 2:** Fridays 20 & 27 May 2011 | 9.30am to 4.00pm

### OVERVIEW

This two-day course will examine and critique different approaches to professional supervision in the health, human and community services. It will identify key features of a working environment that can enhance or inhibit supervision. It will assist in identifying and developing knowledge and skills in the application of both staff and student supervision.

At the completion of this course participants will be able to:

- demonstrate a knowledge of a range of models and theoretical approaches. For example developmental, process and negotiation models to aid the supervision of staff in the health and human services
- critique the relevance of these approaches in a range of practice settings
- identify and develop supervision processes that are critical to the enhancement of practice and the appropriate strategies and skills to implement them
- identify and analyse key features of an organisational environment in which supervision plays a positive role and demonstrate the skills that are required to maintain this, and
- analyse issues that may arise in the supervision process and identify appropriate strategies to address these. For example the influence of power on the relationship between supervisor and supervisee, structural inequalities such as race, gender, age.

**PRESENTER:** Professor Jude Irwin

**VENUE:** Education Building, Manning Road, The University of Sydney – Camperdown Campus

**FEE:** \$320 per person per session

This 2 day course is an Approved AASW Activity | Appellation No.: 00371 – 2 credit points per learning hour

**PLEASE CONTACT:** Nina Goodwin  
nina.goodwin@sydney.edu.au or 02 9351 6329 for registration and enquiries.

## CHARLES STURT UNIVERSITY

### Courses

**Bachelor of Social Work** at Charles Sturt University was successfully re-accredited by the AASW in 2010 for a further 5 years.

The Bachelor of Social Work degree at CSU continues to offer the opportunity for students especially from rural and remote parts of Australia to study for and obtain a professional four-year full-time equivalent degree in Social Work. The BSW course is offered both as flexible delivery and on-campus at Wagga Wagga as a Social Work degree. It is offered as a flexible learning programme for students who have a prior degree (the 2 x 2 model) and is offered at the CSU Dubbo campus in response to the educational and vocational needs of students and communities in the Central West and Far West of NSW.

The undergraduate degree has over 600 enrolled social work students across Australia.

**Master of Social Work** (professional qualifying) -CSU also offers a Master of Social Work (professional qualifying) degree that is studied by flexible delivery and is open only to those applicants who have a relevant 3 year undergraduate degree and who meet specific entry requirements. Our first group of graduates from the MSW(pq) completed at the end of 2010. The AASW Accreditation will occur in August 2011.

The University continues to offer a Master of Social Work (Advanced Practice) towards membership to the AASW. This qualifies Social Workers and a Professional Doctorate in Social Work in addition to PhD studies in the area of Social Work.

### Staffing

We have been delighted to welcome Dr Fredrik Velandar from Western Australia to our teaching/research staff. He brings with him recent industry experience and a wealth of experience in the areas of Alcohol and other drugs and work/life balance.

Karen Bell has been awarded her PhD in the area of rural Women's experiences of assisted reproductive health. Ndungi wa Mungai has completed his PhD in the topic of Refugee African Men.

### The Lila Kirilik Social Justice Award and Social Justice Fund

At Graduation in 2011, Yangi Moi will be awarded the Lila Kirilik Social Justice Award for an outstanding piece of Practicum work. Yangi undertook her placement at Centrelink and did an outstanding piece of work that was related to co-ordinating rural services in times of prolonged crisis. Yangi is of Sudanese- refugee background and her outstanding efforts include being awarded first class honours for her work with single women of a multi-cultural background. The Lila Kirilik award commemorates a former

member of staff and is awarded for outstanding contribution by a student to social Justice. Details at <http://www.csu.edu.au/faculty/arts/humss/news/prize-grants.html>

The Discipline's Social Justice Fund also provides support for social justice initiatives that will enhance teaching and learning in relation to identified social equity groups. Two scholarships (a general scholarship and an Indigenous Scholarship) are awarded each year. 2011 awards will be made by 1/3/11.

### Indigenous Traineeships

A Social Work staff member has been working with a Government agency to provide traineeships for Indigenous students that are enrolled in Social Work. Two Traineeships will be offered for the four years of study from 2011

### RAS – (Refugee Action Support)

Beginning in July 2010, a small group of internal Social Work students began supporting Refugee students and Indigenous students in local High schools and primary schools. This was on a voluntary basis and aimed at encouraging students in the first two years of university to enact their learning in an altruistic way. The programme, undertaken under the auspices of the Australian Literacy and Numeracy Foundations, was enormously successful and will be run again this year. The training dates are in March and a number of students of Social Work have expressed their interest in being part of this exciting development.

### Discipline Research/Publications and Community Involvement

The Social Work group continues to be highly productive in output in research, publications or community involvement. This will be a significant focus in 2011 with particular targets set for grants/research outputs.

Professor Manohar Pawar has been involved in a number of conference presentations and has organised an International Conference.

A/Professor Wendy Bowles and others continues with the ALTC grant.

### India Trip

A highlight of late 2010 was 18 students and two staff member who travelled to rural India in November 2010 on a development/volunteer programme. Karen Bell and Bill Anscombe led this group. Drawing from current post-graduate and undergraduate students in either flexible or internal modes, the Study/volunteer programme was enormously successful. Each student co-contributed \$2400 and the University co-contributed \$500 through CSU Global to finance the volunteer international programme.

### The aims of the Programme

1. To expose Social Work students to an international practice and volunteer experience.
2. To contribute to meeting the School of Humanities and Social Science, Faculty of Arts and University objectives in relation to internationalization objectives in the 2007-2011 strategic plan.
3. To foster the development of international social work.
4. To experience social work in a cross-cultural and international context.
5. To participate in a large, residential group and reflect upon the experience.
6. To make a short term volunteer commitment to a developing country.

### Rationale for the Programme

CSU is encouraging students to experience international placements and study abroad as part of the wider Australian Government's commitment to internationalizing education. CSU receives more international students than it sends. Regional students have low participation rates in the internationalization of education.

### Anticipated Outcomes

The study tour was designed to give students an experience in international development and social work; experience in group work and residential living; an international volunteer opportunity; the opportunity to consider whether international social work may be a career option; to encourage students to consider international practice and the relevance of Australian Social Work education and frameworks; increase the awareness by students of innovative practices in social work occurring in a developing country; and to consider the integration of casework, group work and community development in varying situations.

It was anticipated that the volunteering would also provide some benefit to the developing country.

### Activities

Day trips and agency visits were undertaken to:

**SAMPARC Malavli, Pune** – SAMPARC was started with the purpose of giving a new identity to orphans, destitute children & children of sex workers. The Malavli centre is unique for its picturesque location and covers an area of 6 acres of land. The centre has a community hall, central kitchen/dining hall, office, library, guest room, counselling/meeting room, study room, computer room, medical centre, playground, basket ball ground, garden & staff quarters.

**CHAITANYA, Rajgurunagar, Pune** – Chaitanya, a developmental organization established in 1993, has played a catalytic role in spreading the Self-Help-Group (SHG) movement in and around Maharashtra. Chaitanya is one of the pioneers of the SHG movement in the state, with considerable field

experience in promotion of local community based institutions of women, especially Self-help groups, Clusters and Federation.

**SHANTIVAN, Nere, Panvel** (1953): This project is for leprosy awareness and treatment. The project spans over a 122 acres wide plot at Shantivan near Panvel.

**SANMITRA TRUST, Mumbai:** The Sanmitra Trust was founded in 1999, as a non-governmental organization (NGO) to work among the non-brothel, floating sex-workers in the western suburbs of Mumbai, India. Over the years Sanmitra has diversified its outreach to include all aspects of People Living with HIV/AIDS (PLWHA). CSA Catalysts for Social Action (CSA), Pune CSA is a social welfare organization dedicated to the cause of child welfare. CSA focuses on adoption, and institutionalized-child care. Established in September 2002,

### CSU Student Social Work Volunteer Placements

As part of this India Study tour involved students' volunteering to work on a placement site for a period of time, students were assigned in groups (of three) to one of the following placement sites:

**Samparc Mobile Health Van** – this van travels from Malavli to local neighbourhoods in rural villages to provide much needed and almost free health care. On one day students saw an engagement ceremony, a domestic dispute that was resolved by the community, a rural school, and a range of health, well-being and community issues.

Sadhu Vaswani Mission's Mobile Health Vans Mobile health vans reach out to otherwise inaccessible and remote rural and tribal villages with doctors, medical supplies and

social workers. The van stops at various villages throughout the day and provide necessary medical care to the villagers. The students travelled to the villages on the vans and discussed health issues (mostly public health) with the doctors. They observed rural villages and households at close quarter and documented the village health profile.

**Natural Buddha School/Orphanage** – Natural Buddha School provides shelter and development facilities to children off the streets – either abandoned or runaway kids. It currently houses 74 children who have been rescued from the railway lines or were destitute. In three school rooms, the children are taught by day and sleep in the same rooms on mats at night. CSU students undertook to re-write a funding brochure and application and document the history of some of the children. Plans for a building development are underway to redress the critical infra-structure concerns.

**Kamshet English school/ boarding orphanage** (KESBO) – KESBO trust provides shelter and education to war-affected orphaned boys from in and around Kargil region in Kashmir. Students participated in the activities of the school and learned more about issues of child protection. They produced a costed hygiene and sanitation Report that conformed to International standards as a blueprint for the agency development.

**Society for the Education of the Crippled (SEC) Centre for Independent living** – this centre works with children who have physical disabilities including Cerebral Palsy and Motor Neurones disease. It has a workshop for providing prosthetics aids and a training centre for people with a disability. It also has a school and dormitory

living. Students at this placement also went to Mumbai with the students for a day of activity and learning.

**Samwad Shala** – This school also work with children with disability. Since many schools, especially in rural areas, are not equipped to cater to children with disability, this special school takes in students with varying forms of disability including those on the autism spectrum, deaf and mute children and children who are blind. CSU Social Work Students participate in lessons with children with multiple disabilities. CSU Social Work students carried or developed helpful teaching and learning aids and methods for children with a disability as well as other colourful /picture cards and introduced the children to Australia. Activity and percussion were used along with singing and games to stimulate and encourage learning. The situation of disabled rural children in India is particularly difficult.

### Social Recreational Programme

The social activity/recreation programme included a visit to the Karla Caves on the day that happened to be the end of the festival of Divali (the festival of lights). It proved to be an unexpected pleasure and an unexpected occasion for learning. The group also visited Mumbai and the slum of Daravi as well as the sites of Mumbai. Others in the group visited Pune and the Aga Khan's palace and some of the remains of Gandhi and his tomb. Others took the opportunity to visit the Bajha caves. The group spent an evening at a roadside dharba eating traditional Punjabi food. There was the opportunity to attend a temple for some of the group.

**AW (Bill) Anscombe**

Course Co-ordinator – BSW, MSW(pq)

## INVITATION TO PARTICIPATE IN A RESEARCH STUDY:

# Embracing Uncertainty — How do Social Workers Deal with Uncertainty at End of Life?

You are invited to participate in this research study which is being carried out by Stephanie Unicomb enrolled in the Doctor of Social Work Program, at the University of Sydney under the supervision of Associate Professor Lindsey Napier.

### WHAT IS THE STUDY ABOUT?

In this study we are interested in finding out about acute hospital social workers' experiences of working with patients and families at end of life. We want to find out about the challenges that you face in this work as well as exploring together possibilities for developing social work practice in this context.

### WHO CAN PARTICIPATE?

Social Workers who:

- are working in New South Wales Acute Hospitals, AND
- have experience in working with patients over the age of 18 years at end of life.

### WHAT IS INVOLVED?

- Four, two-hour group sessions at the University of Sydney at a convenient time for participants.



PARTICIPATION IS VOLUNTARY AND CONFIDENTIAL.

FURTHER INFORMATION: Phone Stephanie Unicomb on 0422 665 765

# Mindfulness Medication:

## Self judgement needs a different look!

*“Our clients need a concrete tool to deal with negative thoughts & self judgment - a tool they can use to clearly see their way through difficult emotions & minimise the often damaging long term effects of reactivity.*

*When it comes to self judgement, Mindfulness is the prescribed medication! Mindfulness meditation really develops the skills needed to pause, slow down and create space to think and act clearly in moments of stress, depression and anxiety. Our clients learn to treat themselves and their families with kindness.”*

*Liana Taylor, Director Mindfulness Centre*



### Family & Child Wellbeing



#### Mindful Awareness Parenting (MAP®) Instructor Program: Birth-5 yrs

Run your own parenting courses. Attachment theory & relationship based material & practice for the promotion of emotional wellbeing of parents and young children. APS CPD 35. Taught by child family mental health specialist Dr Rebecca Coleman.



#### Time in ... is the new Time out MAP® based: birth to 18 years

Mindfulness, Attachment Theory & Developmental Psychology based 2 day skills workshop for everyday use with clients. Taught by clinical psychologist, and family mental health specialist Dr Rebecca Coleman.

#### Mindful Approaches to working with Families and Children

Cutting edge Mindful parenting and education based on MBCT. Emphasises values and language that cultivates confidence, motivation and joy in children. Presented by mindful parenting expert and mental health social worker Fiona Glover

### Individual Wellbeing

#### Mindfulness Based Cognitive Therapy (MBCT)

This is the central course for those wanting to understand and practise mindfulness. Rejuvenating & ideal for working with anxiety, depression and negative thoughts it Includes elements of ACT, MBSR & DBT. Taught by MBCT specialist clinical psychologist Liana Taylor.

#### MBCT II Professional Practice

Small group with supervised practice and questions for MBCT graduates. Taught by MBCT specialist clinical psychologist Liana Taylor.

#### Clinical Applications: Mindfulness in a therapeutic context.

A rich understanding of the theory behind mindfulness, an adjunct to CBT, ACT, MBSR, MBCT. Taught by international Insight Meditation teacher clinical psychologist Malcolm Huxter.

#### Mindful Relationships

Tools for stepping out of the trap of negative judgment and into clear communication and relationship building. Taught by Liana Taylor.

Applied Mindfulness Training 2011



mindfulnessCENTRE

Training	Price	Adelaide	Melbourne	Sydney	Bris/Gold Cst	Perth/Freo
MAP 5 day	\$3,300	1 - 5 Aug	See website for respective CPD hours			
MAFC 3 day	\$790	7 - 9 April	2 - 4 June	19 - 21 May		29 Jun - 1 Jul
Time-In 2 day	\$440	23 - 24 May	26 - 27 May	30 - 31 May	2 - 3 June	
MBCT 3 Day	\$790	2 - 4 June	18 - 20 May	1 - 3 Sept	7 - 9 April	Oct
MBCT 8 wk	\$790	4 Aug - 29 Sep				
Prof Prac 1/2 day	\$130	4 June	20 May	3 Sept	9 April	Oct
Clinical App 2 day	\$540		11 - 12 Nov		23 - 24 Sept	
Mindful Rel 1 day	\$220	23 Sept	13 Aug	20 Aug		14 May

Register online at [www.mindfulnesscentre.com](http://www.mindfulnesscentre.com) | 08 8272 0046

World  
Social  
Work  
Day  
2011

