



AUSTRALIAN ASSOCIATION OF SOCIAL WORKERS (NSW BRANCH)

SOLUTION FOCUSED BRIEF THERAPY

Presented by Don Coles

Date: Friday, 19 March, 2010
Time: 9.30 a.m. to 4.30 p.m.
Venue: AASW NSW Branch Office
123a Mitchell St, Glebe (cnr Derwent St – enter from Derwent St)
(Four hour metered parking outside the venue; non-metered parking a couple of streets away.)
Cost: AASW members: \$110.00 (incl. GST)
Social workers who are non-members: \$149.00 (incl. GST)
CPE Points: This course attracts 12 AASW CPE accreditation points

The solution focused model has emerged in recent decades as a popular and accessible way of working with clients with personal, relational, behavioural and mental health issues and concerns. It is relatively easy to describe, but can be a challenge to actually do!

The model is a useful way of building with clients a “picture” of how they want things to be, with tools and strategies to help this be a realistic and collaborative process. It is a process of assisting clients to find the “difference that makes a difference”, rather than accentuating positives (which is often a mistaken application of a strengths perspective, and usually does not connect well with client experience).

This workshop will provide a concise overview of the model, as an example of a strengths based way of working. Possibilities and limitations will be discussed.

Learning outcomes will be:

- An understanding of the main elements of the solution-focused model
- An appreciation of the model within the strengths perspective
- An opportunity to practice some elements of the model

The workshop will be suitable to social workers or other professionals in a counselling role with clients.

Don Coles graduated in Social Work in 1980, and has worked in Sydney in a number of services offering counselling and support to families, children, adolescents, couple and adults. His particular areas of experience and interest are strengths based practice, solution-focused therapy, family therapy, adolescents, disabilities, home based work, clinical supervision and counsellor training.

CLOSING DATE FOR APPLICATIONS: Friday, 5 March, 2010

Enquiries: AASW NSW Branch 02 9518 4944, fax 02 9552 3005, email nives@aaswnsw.com.au

**Please note: 1.Payment by the closing date required to secure a place
2.Cancellations after the closing date and non-attendances are not eligible for refund**

Registration Form and Tax Invoice
AASW ABN 93 008 576 010

Solution Focused Brief Therapy
Friday, 19 March 2010

Cost for cheque/money order/direct deposits Members: \$110.00 (incl. GST); Non-members: \$149.00 (incl. GST)
Cost for credit card payments Members: \$113.00 (incl. GST), Non-members: \$155.00 (incl. GST)
For credit card payments or direct deposit please call the AASW NSW Branch Office

Name _____ Member No. _____
Workplace _____
Address _____
Phone _____ Mobile _____
Email _____