

# Mentee Self-Assessment

( to be shared with your mentor ahead of your first meeting )

This document is to be completed by accepted mentees and provided to the mentor ahead of Session / Meeting 1. It is not to be shared with the Mentoring Program Team or other program personnel.

**Using the following scale, please answer the following questions:**

**Extremely Low    Low    Neutral    High    Extremely High**

**How would you rate your current confidence level in:**

Communication

Creativity and Innovation

Initiative

Intercultural Competence

Leadership

Networking

Planning and Organisation

Problem Identification and Solution

Professionalism

Teamwork

Social Work Theory and Practice

Social Policy and Advocacy

Use of Tools and Technology

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**Using the following scale, please answer the following questions:**

Disagree

Neutral

Agree

## Aspirations for the Future:

I have professional connections  
in my field of practice

I feel confident in building professional  
networks with my peers

I feel confident in building professional  
networks with those senior to me

I have a good understanding of the skills  
needed to change my field of practice

To what extent do you have a sense of belonging to the Social Work industry and the AASW

Are there any areas in particular you would like to focus on during the program

What do you hope to gain or learn from your mentor