



# Certificate in Young People's Mental Health and Technology

Combining the treatment  
and management of mental health  
and wellbeing with technology.

A partnership between Orygen,  
The National Centre of Excellence  
in Youth Mental Health and the  
Young and Well Cooperative  
Research Centre.

 **Orygen**

The National Centre of Excellence  
in Youth Mental Health

**YOUNGANDWELL**

Cooperative Research Centre

# Certificate in Young People's Mental Health and Technology

Developed by one of Australia's leading child and adolescent psychologists, Dr Michael Carr-Gregg, and a team of experts, this world-first certificate is focused on how technology can be harnessed to provide best practice mental health and wellbeing care in the youth sector.



It offers an evidence-based curriculum, informed by innovative research by world-leading experts, as well as young people themselves.

Orygen, The National Centre of Excellence in Youth Mental Health have partnered with the Young and Well Cooperative Research Centre to deliver this online training.

The full certificate is 28 hours in length, consisting of four online modules of approximately seven hours each, plus additional reading and self-study. The cost of each module is \$275 (inc GST). They can be purchased individually or as the full certificate in a bundle of four.

Two versions of the certificate are being offered. One for professionals who work with young people, and one tailored for mental health clinicians.

## The four modules are:

1. Introduction to young people's mental health and technology
2. Technology, suicide prevention and self-harm
3. Integrating technology in professional practice
4. Legal and ethical principles regarding technology in professional practice

See more at [orygen.org.au/ymhtech](http://orygen.org.au/ymhtech)