AASW Endorsed MHA Programs

The following training programs offered by the Mental Health Academy are AASW Endorsed until 31 June 2014.

AASW Endorsed: AASW3105131

1. A Collaborative, Competency-Based Approach to Drug and Alcohol Rehabilitation
2. Alcohol Addiction
3. An Introduction to Interpersonal Neurobiology (IPNB)
4. Anger Management
5. Anxiety Disorders
6. Assertiveness Training
7. Assessing and Enhancing Work-Life Balance: Therapists Getting It Right
8. Attachment and the Therapeutic Relationship
9. Autism Spectrum Disorder
10. Becoming a Reflective Practitioner
11. Becoming a Supervisor
12. Behavioural Therapy
13. Bipolar Disorder
14. Borderline Personality Disorder
15. Brain 101
16. Brief Counselling: The Basic Skills
17. Building a Counselling Practice
18. Burnout & Self-Care
19. Career Direction - An Anxiety Buster
20. Case Studies in Narcissism
21. Child Abuse
22. Client's Life Transitions
23. Clinical Dilemmas in Marriage: The Search for Equal Partnership
24. Coaching Strategies: Part A
25. Coaching Strategies: Part B
26. Cognitive Behaviour Therapy
27. Collaborative Practice
28. Communicating with Children
29. Communication and the Counselling Interview
30. Complicated Grief
31. Conflict Resolution
32. Coping with Sudden Unemployment
33. Counselling - What is your style?
34. Counselling and Neuroscience: Implications for Microskills and Practice
35. Counselling Children: Brief Strategies
36. Counselling Traumatized Children Using EMDR and Play Therapy
37. Counselling and the Counselling Process
38. Counselling Micro Skills
39. Counselling the Elderly within a Multi-Cultural Environment Using Psychosynthetic-Buddhist Technique
40. Couple Counselling
41. Crisis Counselling: The ABC Model
42. Crisis Stabilization for Children: Disaster Mental Health
43. Critical Incident Counselling
44. Depression
45. Dissociative Identity Disorder
46. Eating Disorders
47. Ethical Dilemmas
48. Expression of Feelings in Early Childhood
49. Family Therapy: Genograms
110. Three Approaches to Counselling: One Adolescent Client
111. Three Approaches to Counselling: One Client, Three Approaches
112. Time Management
113. Treating narcissism in and around your clients
114. Transference and Projection
115. Ultradian Rhythms and the 4-stage Process of Change in Therapy
116. Understanding Emotion in Children
117. Understanding Will
118. Using the Chakra System in Counselling and Psychotherapy
119. Using Undercover Teams to Re-story Bullying Relationships
120. Web Counselling
121. What a Century of Research on Counselling has Taught Us: The Surprising Power of the Individual
122. Working with Children at Risk
123. Working with Parents
124. Working with Subpersonalities
125. Working with Will in the Therapy Room
126. Workplace Harassment