Topics Covered

Topic 1 – Transition to Parenthood
Topic 2 – Diagnosing Perinatal Mood Disorders
Topic 3 – Pharmacological Treatment & Postpartum Psychosis
Topic 4 – Non-Pharmacological Management
Topic 5 – Caring for the Family Unit

Learning objectives:

- Recognise the psychosocial stressors that commonly affect parents in the perinatal period
- Opportunistically screen women for perinatal mood disorders using a screening tool and clinical interview
- Diagnose perinatal mood disorders as distinct from commonly experienced adjustment difficulties
- Assess the risk of untreated perinatal depression for the mother-baby dyad
- Select appropriate medications for pregnant and breastfeeding women when pharmacological treatment is indicated
- Develop a comprehensive management plan using a Mental Health Treatment Plan (MHTP) for women with perinatal mood disorders

Time: Registration at 9:15 AM for a prompt 9:30 AM start, 5:00 PM finish
Location: AASW NSW Office, 87-97 Regent Street, Chippendale, NSW 2008
Cost: For AASW Members $210.00, Non-members $270.00. Visit the AASW website to register: http://www.aaww.asn.au/events/category/nsw. For payment queries contact Tracy Balzer on (02) 8394 9850
CPD: 6 hours
Facilitator: Dr Vered Gordon

For more information about our health professional workshops please contact Antonella Connor on (02) 9382 9515 or via education@blackdog.org.au

www.blackdog.org.au/psychologycalendar