A full day skills-development workshop presented by Narelle Nelles & Susan Gregory

The Forgotten Known—Attachment Theory in Practice

General Information

This full-day workshop is designed to assist social workers, child protection workers, psychologists, counsellors and community workers to develop a better understanding of adults, children and families with traumatic histories and to enhance their skills in working with this client group. The course is based on Attachment theory and is informed by evidence based trauma related material.

Learning objectives

At the completion of the workshop participants will:

- Have a refreshed knowledge of the concepts of Attachment Theory and trauma and the impact on relationships.
- Have an enhanced understanding of the motivations of behaviour of adults and children who have experienced trauma and attachment disruption.
- Have begun to develop an understanding of how self-understanding influences the approach parents bring to their role and assists in personal recovery.
- Be able to identify ways of facilitating positive attachment and trauma recovery in client families.

Meet the Presenters

Narelle Nelles, B Soc Wk, MASSW Acc is a skilled social worker with over 35 years’ experience working with carers providing alternative care for children and with the children in the placement. For a number of years Narelle worked intensively with placing children of all ages in permanent families, working therapeutically with children, training the parents and providing ongoing family support. Narelle is in private practice and in addition to working with adoptive and foster families, Narelle works with families in their homes, particularly those who have come to the attention of Department of Child Safety, to develop parenting skills and enhance family relationships.

Susan Gregory, BA (Psych) M Counselling, Cert.IV Workplace Training and Assessment, has 35 years’ experience working in adoption, fostering and child and family welfare as a counsellor and consultant; running education groups and assessment for alternative carers. Susan has worked in her private counselling practice for the last 20 years maintaining a generalised counselling practice and working with parents to manage children’s behaviour through the parent child relationship. Susan has retained a specific interest in adoptions and fostering, working therapeutically with foster carers, birth parents, adult adopted people and adoptive parents.

Both Susan and Narelle work in their practice with clients and families from an attachment focus and believe that by understanding and promoting healthy attachments this serves to enhance family


Spaces on this course are strictly limited so register now to avoid disappointment.

Register Here