This Masterclass is delivered by 2017 Mental Health Nurse of the Year, Matt Ball; Matt is renowned for his trauma-informed approach to working with people who experience psychosis or altered states.

This one-day experiential masterclass will explore the relationship between psychosis – including hearing voices, visions, paranoia and other unusual realities - and cumulative traumatic experiences that may have preceded the experience of psychosis.

This professional development training will provide the knowledge and skills to utilise a trauma-informed practice approach, to enhance personal recovery across all domains of a person’s daily life. It will foster creative, trauma-informed relational approaches in supporting clients to make sense of and overcome the impact of psychosis. These include somatic and psychotherapeutic approaches, as well as the three phased approach.