

WORKSHOPS

Dual Diagnosis Training -
Alcohol, Other Drugs &
Concurrent Mental Health Issues

2 Day Advanced Workshop

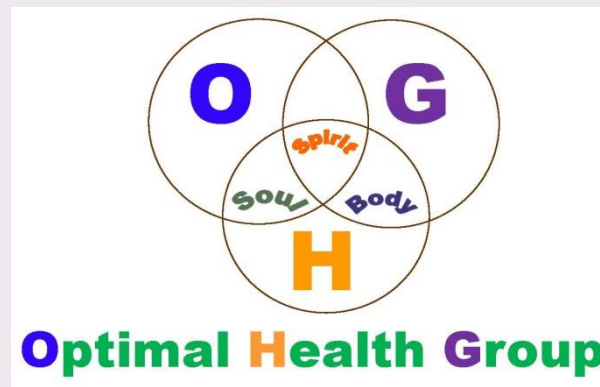
This 2 day intensive training workshop covers all the key knowledge required to deliver a brief intervention for clients presenting with substance abuse issues and concurrent mental health problems (i.e. dual diagnosis).

It is designed for people that have completed a basic introduction to Alcohol & Other Drugs. For workers who have not completed a 1 day workshop covering pharmacology; (drugs & their effects), a manual will be given during the training, to enable people to familiarise themselves with this essential background knowledge.

Key knowledge & evidence based, best practice:

- Understand the underlying issues behind addictions as well as holistic intervention. (Refer to diagram over the page)
- Understand the neurophysiology of addictions and brain development.
- Neuroplasticity (latest developments)
- Psychopharmacology
- The Cycle of Addiction & Stages of Change
- The Grief Cycle & Anger / Hatred
- Brief & Early Intervention, treatment matching, pharmacotherapies & motivational interviewing
- Working with treatment resistant clients

Testimonials available on website:
www.dualdiagnosisistraining.com.au/training-testimonies/



To enrol, please contact:

Dual Diagnosis Consultant - Optimal Health Group

Drug & Alcohol Counsellor / Educator

George Patriki

Dip Drug & Alcohol; Dip Counselling; Dip Mental Health;
Gr Cert Health (Addic); Dip Comorbidity; Dip Comm Welf
Dip Management; Cert IV T.A.A.; Cert IV Comm Develp

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ABN - 67 056 938 967



Optimal Health Group



Cost

Cost of online Substance Abuse & Mental Health Training (www.samhi.online) as well as the live Dual Diagnosis Training (www.dualdiagnosisistraining.com.au) are both reduced from \$290 to **\$145**. (50% off).

Online Training

S.A.M.H.I.

SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS

Living Life Without Drugs

www.samhi.online

Book Live Training at:

www.dualdiagnosisistraining.com.au



Optimal Health Group and AAIC run public community forums in various towns & cities to educate the community on the harm associated with ICE & Other Drugs and invite members of the community to get involved in:

1. School based drug education (Grades 7-12), offered by AAIC (www.australianantiicecampaign.org.au)
2. Attend Dual Diagnosis Training to learn skills in delivering Brief & Early Interventions to drug users or run family support groups.
3. Partner with treatment services to increase help available to drug users, including detox, intensive outpatient treatment, residential rehabilitation and supported accommodation.

- School counsellors, teachers and chaplains are invited from schools to attend public forums.
- These forums are an opportunity for parents to attend and learn what students will be taught during the school based drug education.
- Community agency workers are invited from key service agencies; including Youth Justice & other youth services, housing, legal, financial, health etc
- As well as local volunteers from existing support groups such as Narcotics Anonymous.

We invite you to attend these public community forums and then participate in the Dual Diagnosis Training to develop skills;

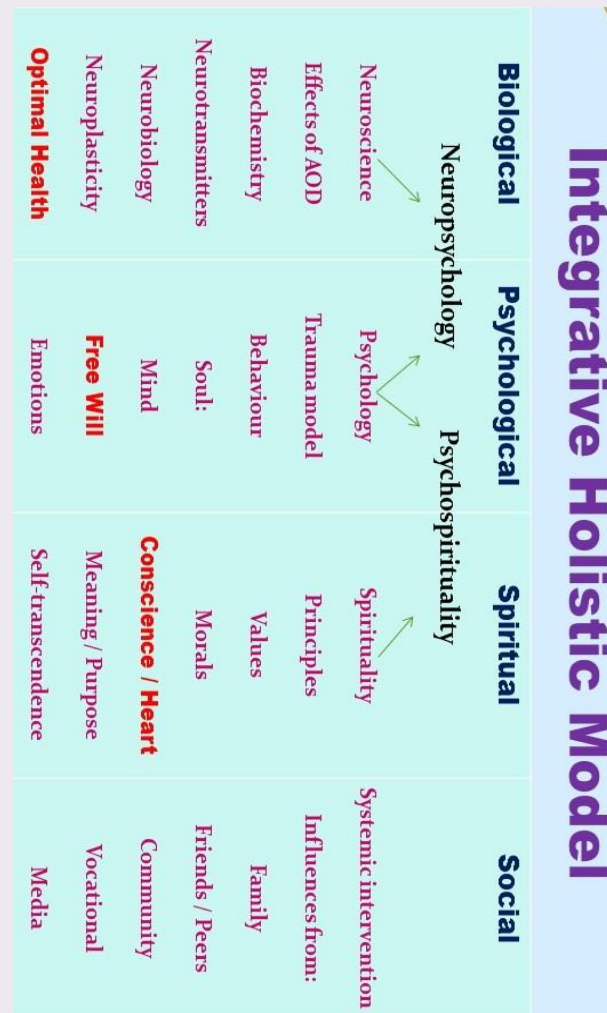
- to deliver school based education,
- or provide Brief And Early Interventions,
- or facilitate and run family support groups



NEW:

**Substance Abuse & Mental Health Interventions
S.A.M.H.I.**

**ONLINE Training available 2018.
www.samhi.online**



RECOGNITION OF PRIOR LEARNING (RPL)

Optimal Health Group has been providing Recognition of Prior Learning (RPL) since 2002 and we have arranged with various TAFE in Australia to provide the RPL kits for students that complete our Dual Diagnosis Training (www.dualdiagnosisstraining.com.au) & want to apply for a workplace assessment.... (www.dualdiagnosisstraining.com.au/rpl-upskilling/).

This is an optional service for people wanting to upskill who have completed the 2 days training which meets the competencies in the AOD & Mental Health modules.

Presenter – George Patriki



George has spent countless hours helping thousands of people affected by substance abuse & mental health issues. He works as a Dual Diagnosis Consultant on the Gold Coast and throughout Australia.

George is committed to reaching out to people struggling with addictive behaviours, particularly those with severe life controlling problems due to significant trauma.

He works in areas of court advocacy, counselling, outreach, running community forums, seminars and recovery groups for drug users (including dual diagnosis) & their loved ones.

George's areas of specialty include:

- § Psycho-dynamic & Trauma Model Therapy
- § Cognitive Behavioural Therapy
- § Motivational Interviewing
- § Solution Focused & Narrative Therapy
- § Brief and Early Intervention

Qualifications include:

- § Diploma in AOD (Alcohol & Other Drugs)
- § Diploma in Mental Health
- § Diploma in Counselling
- § Diploma in Comorbidity (AOD & Mental Health)
- § Graduate Certificate in Health: Addiction Studies
- § Certificate IV T.A.A. (Training And Assessment)
- § Diploma in Management
- § Diploma in Community Welfare
- § Certificate IV in Community Development
- § Certificate IV in Assessment & Workplace Training

George has over 24 yrs experience and has accreditation with Victorian Department of Human Services as a Clinical Drug Assessor. Since 2002, he conducts basic & advanced training in drug & alcohol and mental health issues.

He also offers clinical supervision for individuals & organisations and lectures in tertiary institutions, government and non-government organisations.