

Trauma-Informed Care & Practice

Level 2



WHEN

Tuesday, 16th April 2019
9am to 4.30pm

**7.5 CPD
hours**

WHERE

Professional Teachers' Council NSW
67-73, St Hilliers Rd, Auburn (enter via Hall St)

COST

AASW Members:	\$230	Early Bird (22/2)
AASW Student Members:	\$150	\$200
Non-members:	\$270	\$135
		\$220

Spaces are limited so please register [here](#) by Thursday, 11th April 2019.

This one-day interactive professional development training builds on the principles of trauma-informed care and practice explored in the Trauma-informed Care and Practice Level 1 workshop.

The training will foster insights and skills needed to work relationally with trauma survivors. A relational approach highlights strategic connection and collaboration as building blocks for resilience and the development of self-regulation skills.

The training will equip participants with the knowledge and tools to create safe situations in the context of complex personal, interpersonal, and environmental influences. Skill development focuses on the particular experiences and needs of survivors, is evidence based, person-centred and practical.

The training will also explore participants' roles in fostering sector development. This includes the use of psychoeducation to promote trauma-informed care and practice within their organisations, with sector partners and other stakeholders, including support people and families.

Learning Outcomes Include:

1. Understand developmental tasks, trauma adaptations and attachment dynamics
2. Understand the criticality of relationship when working with people who have experienced complex trauma, and apply this to case scenarios
3. Apply the 5 Principles of Trauma Informed Care and Practice in your role and in your workplace
4. Perform a client walk-through of your service
5. Perform a trauma informed practice audit

A light lunch, morning and afternoon tea will be provided. Please inform AASW NSW of any dietary requirements at the time of registration.