Multidisciplinary Health Symposium 2012
Healthy Ageing: Sharing the Care

Saturday 14 July – Sunday 15 July 2012
RACV Royal Pines Resort
Benowa, Gold Coast, Queensland

*Refer to www.psa.org.au for more information
Welcome to MHS 2012
The Pharmaceutical Society of Australia (PSA) Queensland Branch, the Optometrists Association Australia (OAA) Queensland/Northern Territory (NT) Division, the Australian Association of Social Workers (AASW) Queensland Branch, Occupational Therapy Australia (OTA) Queensland Division and LifeTec invite allied health professionals to attend the 2012 Multidisciplinary Health Symposium (MHS) at the RACV Royal Pines Resort on the beautiful Gold Coast.
This event aims to bring together health professionals from a wide variety of fields to create a unique learning environment and a platform to share their experiences.
MHS 2012 is an interactive symposium with a focus on healthy ageing and the continuation of care for aged persons in Queensland. It is a symposium with a patient centred focus dealing with chronic diseases that commonly affect ageing Australians including Diabetes, Parkinson’s disease, Dementia, and Chronic Pain.

Venue
The RACV Royal Pines Resort offers everything needed for a fun filled conference venue on Queensland’s most popular stretch of coastline. For the golf enthusiasts RACV Royal Pines Resort offers 3 challenging 18 hole championship golf courses, with undulating terrain and magnificent greens in a lush, tropical setting.
Located a short distance from the clean white sand and sparkling beaches of the Gold Coast, RACV Royal Pines Resort is nestled between the scenic coastline and the Gold Coast hinterland which opens up a world of rainforests, wineries and breweries, scenic drives and walks, and welcoming villages.

How do I get to RACV Royal Pines Resort?
For details on how to get to RACV Royal Pines Resort please visit the RACV Royal Pines Resort Website at: www.racv.com.au/royalpines then click on Destinations and Maps.
For guests travelling to and from Brisbane not by car, the Gold Coast is connected to Brisbane by a rail service. The RACV Royal Pines Resort is only a 5 minute drive from Nerang Rail Station.

Accommodation
The RACV Royal Pines Resort offers a range of guest accommodation rooms and premium spa suites with expansive views of the hinterland, tropical pool, the Gold Coast skyline or the golf course.
All rooms contain individually controlled air-conditioning, STD and ISD telephones, widescreen TV, in-house movies, desk, internet access, tea and coffee making facilities, mini bar and complimentary morning paper. The Corner Spa suites include a large lounge area as well as marble spa baths with magnificent views of the coastline, hinterland or golf course.
NB: Accommodation should be booked directly with RACV Royal Pines Resort on the booking form provided. Accommodation is not included in the registration fee.

Auto Club Members
If you are an auto club member you will receive a discounted accommodation rate. You will not be required to fill out the accommodation booking form but will need to contact RACV Royal Pines Resort directly on 1800 886 880.

Education activities
MHS 2012 will provide delegates with a range of strategies to employ in their own practice, as well as to gain an appreciation of the roles of other allied health professionals working together to promote healthy ageing in our seniors in a community setting.
MHS 2012 will be running two streams simultaneously on each day which allows our delegates to easily move between the sessions of their choice and to be involved in different patient centred case study discussions.

Stream Topics
Chronic diseases can have a profound affect on the health and quality of life in our ageing Australians. The stream topics focus on some common chronic illnesses including diabetes, dementia, chronic pain and Parkinson’s disease. This interactive symposium aims to provide its delegates with different health care professionals’ perspectives on how to prevent long term illness and disability.
One of our other stream topics will focus on cataracts, a common eye disease affecting our elderly Australians. If left untreated cataracts can significantly impact on their quality of life.
Finally, a topic that covers the healthcare professionals involvement in assessing an elderly person’s ability to drive and the implications this may have on their level of independence and freedom.

Plenary Topics
Our Saturday plenary topics will provide valuable information on how to help our seniors facing chronic illness remain independent, face the feeling of loss of freedom and autonomy, and improve their quality of life through practising a healthy lifestyle including healthy eating and regular physical activity.
Sunday morning starts with a plenary on the importance of good team work between health professionals in a crisis situation. This will be followed by a useful plenary about legal issues surrounding the welfare and happiness of our older and more vulnerable citizens. Later in the day be involved in a ‘Q & A’ discussion about the latest news on Medicare Locals.

Symposium Soirée
Our Symposium Soirée on Saturday evening 14 July falls on Bastille Day, the French National Day. Come along in the tri colours of red, white and blue or just pop on a beret! Let your imagination run wild! Brush up on your knowledge of all things French in preparation for the themed trivia questions. Ooh la la!
The speakers

Dr Lisa Nissen

Dr Lisa Nissen is an Associate Professor in the University of Queensland (UQ), School of Pharmacy. Lisa has over 18 years experience, having worked in hospital and community pharmacy in both rural and metropolitan areas. Her research focuses on the Quality Use of Medicines (QUM) in the wider community and the expansion of roles for pharmacists, including the development of pharmacy practice into other cognitive service delivery areas including sleep, pain and pharmacist prescribing. Lisa's specific clinical interest is in the management of chronic pain.

Lisa was the ‘2002 Pharmaceutical Society of Australia (PSA) Young Pharmacist of the Year’ and the ‘2008 PSA Pharmacist of the Year’.

In 2008, Lisa also received an ‘Australian Learning and Teaching Council National University Excellence in Teaching Award’.

Lisa is a past Chair of The Society of Hospital Pharmacists of Australia, Queensland Branch and is also a Fellow of SHPA. She is currently President of the PSA Queensland Branch.

Nancy Atkinson

Nancy is an optometrist at Toowong in Brisbane with over 20 years of clinical experience in all areas of optometry. Nancy completed her Bachelor of Applied Science (Optometry) at QUT and later completed an MBA. Most recently she completed a post graduate qualification in Optometry allowing her to prescribe ocular therapeutic medications. She has served on the Board of the Royal Blind Foundation and is the current Treasurer of the Optometrists Association of Australia (OAA) Qld/NT having served as President in 2003-2004. She is also a committee member on the Registrations and Notification Committee for Australian Health Practitioner Regulation Agency (AHPRA), which is responsible for registering optometrists in Australia.

Julianne Whyte

Julianne Whyte has worked extensively as a nurse and an accredited Clinical Mental Health Social Worker across the Riverina for the past 30 years. Some of her roles have been developing initiatives and support for carers, providing social work interventions for people living with a life limiting illness and requiring palliative care, and also researching rural models of care planning for people living with life limiting and terminal illness. Julianne founded the Amaranth Foundation in 2009, and has established outreach mental health social work clinics across the Riverina specialising in grief, loss and trauma, as well as supportive and therapeutic interventions for people living with a terminal illness and their families. Julianne is an executive and active member of Oncology Social Work Australia, holding the education and palliative care Chairs. She is working towards obtaining her PhD in developing Competency Standards for Social Workers in Palliative and End of Life Care.

Dr Kieran Broome

Dr Kieran Broome is an occupational therapy practitioner and academic. He balances teaching, research, community occupational therapy with Queensland Health and a private practice. He has a passion for working with people with a range of physical conditions, from musculoskeletal injuries to end-stage respiratory disease. Kieran is committed to providing occupational therapists with useable, hands-on skills and knowledge to support everyday practice. Kieran finds chronic pain is an issue that extends across the health care continuum, from a client with painful diabetic neuropathy trying to sleep to a client with back pain who aims to return to work.

LifeTec

LifeTec is a leading provider of information, consultation, and education on assistive technology, that can help individuals improve their quality of life and remain independent. Assistive technology product categories include emergency call systems mobility, communications, seating, computers, remote controls, home and office modifications, orthotics, prosthetics, vision, hearing and recreation.

For over 30 years LifeTec has given free professional advice to Queenslanders who wish to remain independent and safe in their homes for as long as possible. LifeTec's health professionals demonstrate a range of options and provide expert advice based on each individual's needs. As well as direct client contact, LifeTec, in partnership with a range of complementary organisations, provides professional education and support on the clinical processes undertaken to choose the best fit for available assistive technology.
Cancellation policy and conference inclusions

Disclaimer: Please be aware that a minimum number of registrants must be achieved for each event. It is possible therefore that an event may not proceed if the minimum number is not achieved. Registrants will be advised in due time and registration fees refunded if an event does not proceed. Cancellation policy: By registering for this event you have agreed to abide by this cancellation policy. Cancellations received up to fourteen (14) working days before the conference are refundable, minus a $50 (inclusive of GST) registration service charge. Cancellation within five (5) and fourteen (14) days of the conference will incur a charge equivalent to 50% of the registration cost. After that cancellations are subject to the entire conference fee. Please note that if you do not cancel and do not attend you are subject to the entire fee.

Responsibility disclaimer: Participation is acknowledgement that conference organisers and associated contractors disclaim liability for any financial or other loss, damage, accident or injury to property or persons, change or schedules, speakers or topics or other irregularities caused or arising from circumstances beyond their control including industrial disputes.

Conference inclusions: Daily refreshments on arrival, daily morning and afternoon teas, daily lunches, symposium dinner, entry to lectures and interactive sessions.

Registration

Your registration includes all education activities on Saturday and Sunday as well as morning tea, lunch, and afternoon tea on both days. Your registration also includes a ticket to the Soirée Dinner to be held on Saturday night.

Registration Form

Title: Mr / Mrs / Miss / Dr / Prof / Other (Please specify):

First Name: .......................................................... Last Name: ..........................................................

Postal Address: ..................................................................................................................................

Suburb: .......................................................... State: .......................................................... Post Code: ..........................................................

Telephone: ..........................................................

Email: ..........................................................

Are you a member of one of the following associations?

☐ Pharmaceutical Society of Australia

☐ Optometrists Association of Australia

☐ Australian Association of Social Workers

☐ Occupational Therapy Australia

☐ Other (please specify):

Association Membership Number: ..........................................................

☐ I am not a member of any association

Are you one of the following?

☐ Pharmacist  ☐ Optometrist  ☐ Occupational Therapist  ☐ Physiotherapist

☐ Social Worker  ☐ Dietitian  ☐ Other (please specify):

Please advise if you have any special dietary requirements: ...........................................................................................................................................

Registration:

<table>
<thead>
<tr>
<th>Item price</th>
<th>Quantity</th>
<th>Sub total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration (14 and 15 July)</td>
<td>$450</td>
<td>(includes 1x Soirée Ticket)</td>
</tr>
<tr>
<td>Soirée Guest Ticket</td>
<td>$95</td>
<td></td>
</tr>
<tr>
<td>GRAND TOTAL</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Payment Details:

Enclosed is a: ☐ cheque or ☐ money order, or debit my: ☐ Visa ☐ Mastercard ☐ AMEX for TOTAL $ ..........................................................

Card number: .......................................................... / .......................................................... / .......................................................... / ..........................................................

Expiry date: ..........................................................

Credit card holder’s name: .......................................................... Signature: ..........................................................

I have read and will abide by the cancellation policy below (please tick) ☐

To Register, please Return Completed Form by Friday 29 June 2012 to:

Mail: Optometry House

58 St Pauls Terrace

Spring Hill QLD 4000

Fax: 07 3839 4499

Email: info@optomsqld.com