

A one-day workshop facilitated by the Blue Knot Foundation

Foundation for Trauma-Informed Care and Practice (Level 1)



WHEN	Wednesday 7 August 2019 9:00am – 4:30pm Includes catering and refreshments		
WHERE	AASW Melbourne Office Level 7, 14-20 Blackwood Street,		
COST	Member	Early Bird (Pre 3 Jun)	Post 3 June
	AASW New Grad	\$200	\$230
	AASW Student	\$150	\$180
	Non-Member	\$130	\$150
		\$255	\$300
CPD HOURS	7.5 CPD hours Category 2: Skills and Knowledge/Workshop Registrations limited to 30 people		

Workshop Overview:

This one-day interactive workshop is suitable for a diversity of staff across organisations and will alert attendees to the possibility that their clients and/or co-workers may have experiences of childhood and/or past or current trauma/s, which may affect their health, wellbeing, daily interactions and functioning.

This introductory level workshop provides a framework for staff in both clinical and non-clinical roles to understand trauma, trauma dynamics and the core principles of trauma-informed practice. The workshop also looks to provide some tips and strategies to effectively communicate/interact without triggering the person.

This workshop is also suitable as a 'refresher' for staff who have not recently undertaken professional development in this critical area.

Learning Outcomes:

- Utilising knowledge of the types, prevalence and impacts of trauma to articulate the benefits of trauma-informed services
- Analysing the stress response to better understand clients' challenges in regulating their emotions and arousal
- Utilising a trauma-informed lens to reframe challenging emotions and behaviours as 'adaptive' responses to trauma
- Applying the principles of trauma-informed practice to develop strategies which enhance safety, minimise re-traumatisation and support recovery

Meet the Presenter:

Michelle Noon is an educator, researcher, clinician, and manager. She has worked in the private, public and not-for-profit sectors. She has provided clinical services in the community, in prisons, and in urban, rural and remote areas with a focus on violence intervention and trauma-informed practice.

The common thread across her diverse set of interests in teaching, advisory, research, and clinical work is that of complex trauma and what it means for the lived experience of millions of Australians.

To register visit:

[https://www.aasw.asn.au/events/event/Foundation-for-Trauma-Informed-Care-and-Practice-\(Level-1\)](https://www.aasw.asn.au/events/event/Foundation-for-Trauma-Informed-Care-and-Practice-(Level-1))

For more information call 9320 1012 or email aaswvic@aasw.asn.au

This event is presented by the Australian Association of Social Workers (VIC BRANCH)

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