

A One Day Workshop Presented by Lois Whiteman

Working with Dissociation to Facilitate Recovery in Clients who have suffered Complex Trauma



WHEN

Friday 09 August 2019
9.00am—4.15pm

WHERE

C&K (Training Room 1 & 2)

257 Gympie Road, Kedron Q 4031

Please note there is no parking onsite, however plenty of street parking in Sadlier & Emerald Streets and Leckie Road.

COST

Member- \$190.00
Student Member-
\$90.00

Non Member-\$240.00
Student Non Member-
\$110.00

EarlyBird pricing Available!

Notes: All prices inclusive of GST

Fruit platters will be provided for morning & afternoon tea with a fully catered lunch.

Social workers work in a wide range of setting and roles from community work to counselling and therapeutic roles. In social work setting social workers come across some of the most marginalised people of our society. Many of these people have experienced trauma in their lives, particularly complex ongoing trauma which has seriously affected their ability to find their way in life and leaves them at time with very distressing symptoms. To have an understanding of dissociation and how it presents and can be supported to be integrated is key to social work whatever the role. Even when we are not in counselling positions having an understanding of this will help in being client centred and inform the responses we make to clients.

Donald Kalsched's model of dissociation which I will focus on is an accessible model to our field. His model is drawn from his research into patterns he observed in his trauma clients and is documented in his two books. I will also draw on the work of others in this field including Peter Levine and Judith Herman, internationally known for their work in trauma.

The workshop will:

- Describe and explore the process of dissociation that occurs in complex trauma;
- Describe how dissociated experience is represented in the psyche through feeling toned constellations in symbolic archetypal form;
- Define archetypes, the trauma archetype and the trauma constellation (complex)
- Describe a particular model for understanding and working with the "inner world of trauma" (Kalsched 1996);
- Demonstrate how this is observable in dreams and other imaginal work;
- Demonstrate the value of this model in social work contexts;
- Outline the therapeutic task and foundations for working through trauma complexes:
- Offer experiential opportunities to explore the material

Meet the Presenter

Lois Whiteman has been practising social work for over thirty years, specialising in trauma therapy within a systemic framework of recovery in the last seventeen years. She has worked in private practice for the last fifteen years part time where she works with adult clients many of who present with complex trauma, depression, anxiety, and early life difficulties or other relational trauma. She also provides training and supervision to professionals from this base.

Lois' private practice has occurred alongside her work with The Queensland Program of Assistance to Survivors of Torture and Trauma (QPASTT) where she has provided trauma therapy to people with refugee histories and clinical supervision and training to staff. Her current position at QPASTT is as part time Clinical Services Manager.

Lois has also practiced yoga for over twenty five years and became a registered yoga teacher in 2003. Her motivation to teach came out of engagement with clients as a social worker. She has provided yoga classes in the broader community; to clients who have experienced trauma, and, to counsellors and support workers.

Lois' professional interests include clinical supervision, depth psychology, the modalities of sand tray, dream work and somatic approaches, particularly yoga.

Spaces on this course are strictly limited so register now to avoid disappointment.

[Register Here](#)