

A One Day Workshop Presented by Rebecca Medway

## Loving working with Clients who have Borderline Personality Disorder: An introduction to the DBT approach



<b>WHEN</b>	<b>Monday 27 May 2019</b> 9.00am—4.15pm	
<b>WHERE</b>	Griffith University—Logan Campus 68 University Drive Meadowbrook Q 4131 <i>Parking onsite available.</i>	
<b>COST</b>	<b>Member- \$190.00</b> <b>Student Member- \$90.00</b>	<b>Non Member-\$240.00</b> <b>Student Non Member- \$110.00</b>
<i>Notes: All prices inclusive of GST Fruit platters will be provided for morning &amp; afternoon tea with a fully catered lunch.</i>		

DBT is an evidenced based treatment for the diagnosis of borderline personality disorder and a number of other mental health disorders.

Many professionals find it difficult to work with consumers with this diagnosis or the associated behaviours, however social workers are committed to providing a quality service to all consumers.

### Who should attend?

Any social worker who feels they know little about the diagnosis of Borderline Personality Disorder, or would like to feel differently about their work with these consumers.

### Learning Outcomes?

- A model for understanding what Borderline Personality Disorder is and how it develops
- An understanding of an effective approach for working with consumers with BPD
- An ability to utilise some DBT skills for self and with consumers

### Meet the Presenter

**Rebecca Medway** has been a mental health social worker since 2002, working in public mental health services in NSW, England and Queensland.

Rebecca has a decade of experience in Dialectical Behaviour Therapy.

She received her initial training and joined a comprehensive DBT program in 2009. She completed her BehaviorTech Intensive Training in 2010 and has subsequently attended further training and workshops with Marsha Linehan, Alan Fruzzetti, Jill Rathus, Jerold Kreisman and Melanie Harned.

Since 2012 Rebecca has been part of a DBT team delivering a comprehensive DBT program to adults and adolescents and families in the private sector in Brisbane. Rebecca currently facilitates both the adult and young person and families DBT skills group, provides individual therapy for adults and adolescents, and provides individual therapy for carer's of people with borderline personality disorder.

She now divides her time between private practice, voluntary work with a number of carer organisations, and her multi-generational family.

Rebecca has trained staff in public mental health, non-government organisations, private hospitals and private practitioners in the theory and practice of Dialectical Behaviour Therapy.

Spaces on this course are strictly limited so register now to avoid disappointment.

[Register Here](#)